

# FUN, GAMES & FRIENDSHIP

#### YMCA CHALLENGER PROGRAM

The Y Challenger program for children and young adults with diverse abilities shines as an example of how participating in healthy activities can result in not only improved physical fitness but also personal growth, fun and friendships. Individuals 3–30+ years old with physical, developmental and intellectual disabilities have the opportunity to learn, grow and thrive through recreational and social opportunities.

To help athletes, we use a buddy system in which each player is paired with a volunteer who is at least 10 years old. Come join the fun!

## **BOWLING**

Ages 4-30+ • Cost \$40

Johnson Co. area:

Tuesdays, 6-7 p.m. • January 31–March 7

AMF College Lanes

10201 College Boulevard, Overland Park, KS

Northland area:

Tuesdays, 6-7 p.m. • January 31-March 7

Retro Bowl

906 W. Liberty Dr., Liberty, MO

#### SOCCER

Ages 4-30+ • Cost \$40 Register for this program by March 10.

Jackson Co. area:

Mondays, 6-7 p.m. • March 20-April 24

Hartman Park

700 SW Pryor Road, Lee's Summit, MO

#### Northland area:

Tuesdays, 6-7 p.m. • March 21-April 25

Fred and Shirley Pryor YMCA Challenger Sports Complex 2100 NW 87th Terrace, Kansas City, MO

Johnson Co. area:

Wednesdays, 6-7 p.m. • March 22-April 26

Arrowhead Administrative Center 6601 Santa Fe Drive, Overland Park, KS

**Excelsior Springs area:** 

\* Thursdays, 6-7 p.m. • March 23-April 27

Miracle Field at Excelsior Springs High School 612 Tiger Drive, Excelsior Springs, MO

\* Free program for Excelsior Springs residents and students.



# **Challenger Family Picnic**

Watch the web for more information KansasCityYMCA.org

Saturday, May 6 • 11 a.m.-1 p.m.
Fred and Shirley Pryor Family YMCA Challenger Sports Complex 2100 NW 87th Terrace, Kansas City, MO

Participants, Volunteers and Donors are all invited to Challenger's community picnic. Hotdogs, drinks and a healthy side will be served or bring your own picnic basket. Enjoy a family stroll on the new trail, bocce, kickball, playgrounds, music and more!



#### **NO ATHLETE WILL BE TURNED AWAY.**

Please ask about our financial assistance to get everyone playing the game!



#### **YOUNG ADULT** MONTHLY EVENTS

Teens and young adults can get more connected with peers through our monthly outings. Enjoy socializing, food and fun as we visit attractions around Kansas City. Activities are inclusive of all abilities.

Ages 12+ • Cost \$10-\$20 • Register in advance to participate.

January 21 Tubing at Snow Creek

Valentine's Party at North Kansas City YMCA February 10 February 11 Valentine's Party at Olathe Family YMCA

Bowling Mission Bowl Olathe March 4

April 21 Spring Dance at Pembroke Upper School

May TBD Y Night - Olathe Family YMCA

June 9 T-Bones Baseball Game

## SWIM LESSONS

Ages 3-30+

☐ Coach

☐ Snacks

☐ Marketing

☐ Buddy (ages 10+)

Connect with the aquatics director at your nearest Y center for more information on our adaptive swim lessons.

#### BASEBALL

Ages 4-30+ • Cost \$40 Register for this program by May 1.

Jackson Co. area:

Mondays, 6-7 p.m. • May 8-June 19 (Ages 4-12) Mondays, 7-8 p.m. • May 8-June 19 (Ages 13+) Hartman Park, 700 SW Pryor Road, Lee's Summit, MO

Northland area:

Mondays, 6-7 p.m. • May 8-June 19 (Ages 13+) Tuesdays, 6-7 p.m. • May 9-June 13 (Ages 4-12) Fred and Shirley Pryor YMCA Challenger Sports Complex

2100 NW 87th Terrace, Kansas City, MO

Johnson Co. area:

Wednesdays, 6-7 p.m. • May 24-June 28 (Ages 4-12) Wednesdays, 7-8 p.m. • May 24-June 28 (Ages 13+)

CBAC- College Boulevard, Activity Center 11031 S. Valley Parkway, Olathe, KS

**Excelsior Springs area:** 

\*Thursday, 6-7 p.m. or 7-8 p.m. • May 11-June 15 (Ages 4-30+)

Miracle Field, Excelsior Springs High School 612 Tiger Dr., Excelsior Springs, MO

\* Free program for Excelsior Springs residents and students.

Please visit KansasCityYMCA.org/Challenger for updated Challenger information and program details.

Raegan Schurr

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#### **CHALLENGER REGISTRATION**

☐ Bowling ☐ Soccer ☐ Young Adu	ılt Events □ Ba	seball			
Today's Date:/ Progra	am Location:				
Name:	Age:	DOB:	Gender:	School:	
Primary Disability:					
Address:					
Parent/Guardian Name:			Email:		
Home Phone:		Other Phone	e:		
Parent/Guardian Signature:				publicity purposes.	
METHOD OF PAYMENT					
☐ Check (Check Number:)	☐ Credit Card	□ Visa □ MC	☐ Discover	☐ Am Express	
Account No:///	/ Ex	p. Date:	_//		OFFICE USE
					Receipt #
Signature:					Staff Initials:
Total Amount Paid: \$					Date:
INTERESTED IN VOLUNTEERING?					

□ Fundraising

☐ Special Events