

# FUN, GAMES & FRIENDSHIP

### YMCA CHALLENGER PROGRAM

The Y Challenger program for children and young adults with diverse abilities shines as an example of how participating in healthy activities can result in not only improved physical fitness but also personal growth, fun and friendships. Individuals 3–30+ years old with physical, developmental and intellectual disabilities have the opportunity to learn, grow and thrive through recreational and social opportunities.

To help athletes, we use a buddy system in which each player is paired with a volunteer who is at least 10 years old. Come join the fun!

## **FLAG FOOTBALL**

Ages 4-30+ • Cost \$40 Register for this program by August 14.

#### **Jackson County area**

Mondays, 6-7 p.m. • August 21–September 25 Hartman Park, 700 SW Pryor Road, Lee's Summit, MO

#### Northland area

Tuesdays, 6-7 p.m. • August 22-September 26

Fred and Shirley Pryor Family YMCA Challenger Sports Complex 2100 NW 87th Terrace, Kansas City, MO

#### Johnson County area

Wednesdays, 6-7 p.m. • August 23-September 27

Arrowhead Administrative Center 6601 Santa Fe Drive, Overland Park, KS

#### Excelsior Springs area

\* Thursdays, 6-7 p.m. • August 24–September 28

Miracle Field at Excelsior Springs High School 612 Tiger Drive, Excelsior Springs, MO

\* Free program for Excelsior Springs residents and students.

## CHIEFS CHEER CLINIC

Ages 4–30+ for boys and girls • Cost \$15 Register for this program by September 25.

#### Saturday, September 30, 3:45-5 p.m.

#### Northland area

Platte County Community Center South 8875 Clark Avenue, Parkville, MO

Johnson County area Olathe Family YMCA 21400 W 153rd Street, Olathe, KS

Show your spirit! Learn encouraging cheers as well as dance moves and make positive SPIRIT posters!



## **BASKETBALL**

Ages 4-30+ • Cost \$40 Register for this program by September 25.

#### **Jackson County area**

Sundays, 3:30-4:30 p.m. • October 8-November 12

Harris Park Community Center

110 SW Blue Parkway, Lee's Summit, MO

#### Northland area

Tuesdays, 6-7 p.m. (Ages 4-12) & 7-8 p.m. (Ages 13+) October 10-November 14

Barry Middle School

2001 NW 87th Terrace, Kansas City, MO

#### Johnson County area

Saturdays, 9-10 a.m. (Ages 4-12) & 10-11 a.m. (Ages 13+)

October 7-November 11

Oxford Middle School

12500 Switzer Road, Overland Park, KS

#### **Excelsior Springs area**

\* Thursdays, 6-7 p.m. • October 12-November 16

**Excelsior Springs Middle School** 

701 Crown Hill Road, Excelsior Springs, MO

\* Free program for Excelsior Springs residents and students.

#### NO ATHLETE WILL BE TURNED AWAY.

Please ask about our financial assistance to get everyone playing the game!



## YOUNG ADULT MONTHLY EVENTS

Teens and young adults can get more connected with peers through our monthly outings. Enjoy socializing, food and fun as we visit attractions around Kansas City. Activities are inclusive of all abilities.

Ages 12+ • Cost \$10-\$20 • Register in advance to participate.

October 7 Costume Ball at Cleaver Family YMCA

October 20 Howl at the Moon Dance at Olathe Family YMCA
November 4 Hayride and Smores at Shawnee Mission Park
December 2 Winter Wonderland Dance at Cleaver Family YMCA

## **BOWLING**

Ages 12+ • Cost \$40

Register for this program by September 30.

Tuesdays • 6-7 p.m. • October 10-November 14

AMF College Lanes

10201 College Boulevard, Overland Park, KS

## SWIM LESSONS

Ages 3-30+ • Cost varies • 6 Weeks

Connect with the aquatics director at your nearest Y center for more information on our adaptive swim lessons.

## **COURT SPORTS**

Ages 4-30+ • Cost \$40

Register for this program by November 20.

Northland area

Tuesdays • 6-7 p.m. (Ages 4-12) & 7-8 p.m. (Ages 13+)

December 5–January 23

Barry Middle School

2001 NW 87th Terrace, Kansas City, MO

Johnson County area

Saturdays • 9-10 a.m. (Ages 4-12) & 10-11 a.m. (Ages 13+)

December 2-January 20

Oxford Middle School

12500 Switzer Road, Overland Park, KS

Araceli "Cheli" Urquiza

Adaptive Program Specialist

Please visit KansasCityYMCA.org/Challenger for updated Challenger information and program details.

#### Raegan Schurr

Adaptive Program Director

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th Kansas City YMCA
Paul Henson Family YMCA
9 Iron Street
4200 W 79th Street

○ Coach ○ Assistant Coach ○ Snacks ○ Marketing ○ Program Committee ○ Buddy (ages 10+) ○ Fundraising

4200 W 79th Street Prairie Village, KS 66208 913.642.6800

AraceliUrquiza@KansasCityYMCA.org

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CHALLENGER REGISTRATIO	IN .								
○ Basketball ○ Bowling	○ Cheer Clinic ○ Cou	ırt Sports	ag Football	O Young Adult Events					
Today's Date://	Program Location:								
Name:	Age:	DOB:	Gender: _	School:					
Primary Disability:	Please d	escribe any type of	assistance you	r player might need:					
Address:		City:		State:	Zip:				
Parent/Guardian Name:									
Home Phone: Other Phone:									
Parent/Guardian Signature: I understand that photos of myself o									
METHOD OF PAYMENT									
O Check (Check Number:	) O Credit Car	d ○ Visa ○ MC	ODiscover	○ Am Express					
Account No:/	_/	Exp. Date:	_//_		OFFICE USE				
					Receipt #				
Signature:					Staff Initials:				
Total Amount Paid: \$		Date:							
INTERESTED IN VOLUNTEE	RING?								