

SOCIAL RESPONSIBILITY

# INCLUSION FOR ALL ABILITIES



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



Engaging in activities with peers is critical to the social, emotional and cognitive well-being and success of young people with disabilities. At the Y, youth and adults with diverse abilities have the opportunity to learn, grow and thrive through recreational and educational opportunities, including sports, swim lessons, social events, Head Start, and before and after school programs.

The inclusive and accessible programs give participants the opportunity to learn new skills, increase independence and form friendships. Programs also build a stronger community. When everyone has a chance to participate, it encourages a sense of acceptance, tolerance and belonging among all.

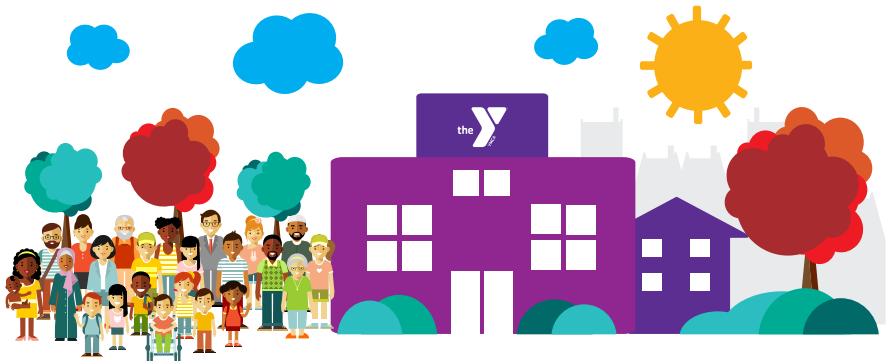
Adaptive Sports

Adaptive Swim

Social Activities

## YMCA OF GREATER KANSAS CITY'S VISION

To expand our reach to help more youth with diverse abilities through affordable, inclusive and accessible programs.



# INCLUSION FOR ALL ABILITIES



1 in 5 youth has a chronic condition or disability and 1 in 59 children has autism



20% of children ages 10-17 with special health care needs are obese, compared to 15% of children without special health care needs



Youth with chronic conditions or disabilities are less likely to be in recreational or school sports and physical activities

## THE NEED:

### \$500,000 over three years

to reach 2,500 youth through programs and services year-round, including swimming, sports, social activities, camps and life skills experiences.



For a better us.®