



School - Hazel Grove | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Hazel Grove School - Staff ONLY - 24-25 Register	6:30AM-6:00PM (Before & After School)	6:30AM-6:00PM (Before & After School)	6:30AM-6:00PM (Before & After School)	6:30AM-6:00PM (Before & After School)	6:30AM-6:00PM (Before & After School)		



School - Hawthorn Hill | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Hawthorn Hill School - Staff ONLY - 24-25 Register	6:30AM-6:00PM (Before & After School)	6:30AM-6:00PM (Before & After School)	6:30AM-6:00PM (Before & After School)	6:30AM-6:00PM (Before & After School)	6:30AM-6:00PM (Before & After School)		



School - Greenwood | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Greenwood School - Staff ONLY 24-25 Register	6:30AM-6:00PM (Before & After School)	6:30AM-6:00PM (Before & After School)	6:30AM-6:00PM (Before & After School)	6:30AM-6:00PM (Before & After School)	6:30AM-6:00PM (Before & After School)		



School - Cedar Creek - MO | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Cedar Creek School - Staff ONLY - 24-25 Register	6:30AM-6:00PM (Before & After School)	6:30AM-6:00PM (Before & After School)	6:30AM-6:00PM (Before & After School)	6:30AM-6:00PM (Before & After School)	6:30AM-6:00PM (Before & After School)		



School - Woodland - MO | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Woodland Before School - 24-25 Register	6:30AM-9:10AM (Before & After School)	6:30AM-9:10AM (Before & After School)	6:30AM-9:10AM (Before & After School)	6:30AM-9:10AM (Before & After School)	6:30AM-9:10AM (Before & After School)		



School - Highland Park | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Highland Park Before School - 24-25 Register	6:30AM-7:45AM (Before & After School)	6:30AM-7:45AM (Before & After School)	6:30AM-7:45AM (Before & After School)	6:30AM-7:45AM (Before & After School)	6:30AM-7:45AM (Before & After School)		



School - Siegrist | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Siegrist Before School - 24-25 Register	6:30AM-8:40AM (Before & After School)	6:30AM-8:40AM (Before & After School)	6:30AM-8:40AM (Before & After School)	6:30AM-8:40AM (Before & After School)	6:30AM-8:40AM (Before & After School)		
Siegrist After School - 24-25 Register	3:25PM-6:00PM (Before & After School)	3:25PM-6:00PM (Before & After School)	3:25PM-6:00PM (Before & After School)	3:25PM-6:00PM (Before & After School)	3:25PM-6:00PM (Before & After School)		



School - Piper Elementary School | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Piper Creek Elementary Before School - 24-25 Register	6:30AM-8:10AM (Before & After School)	6:30AM-8:10AM (Before & After School)	6:30AM-8:10AM (Before & After School)	6:30AM-8:10AM (Before & After School)	6:30AM-8:10AM (Before & After School)		
Piper Creek Elementary After School - 24-25 Register	3:30PM-6:00PM (Before & After School)	3:30PM-6:00PM (Before & After School)	3:30PM-6:00PM (Before & After School)	3:30PM-6:00PM (Before & After School)	3:30PM-6:00PM (Before & After School)		



School - Crossroads Academy - Central Street | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Central Street Before School - 24-25 Register	6:30AM-8:30AM (Before & After School)	6:30AM-8:30AM (Before & After School)	6:30AM-8:30AM (Before & After School)	6:30AM-8:30AM (Before & After School)	6:30AM-8:30AM (Before & After School)		



School - Westwood View | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Westwood View Before School - 24-25 Register	7:00AM-8:10AM (Before & After School)	7:00AM-8:10AM (Before & After School)	7:00AM-8:10AM (Before & After School)	7:00AM-8:10AM (Before & After School)	7:00AM-8:10AM (Before & After School)		
Westwood View After School - 24-25 Register	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)		



School - Rosehill | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Rosehill Before School - 24-25 Register	7:00AM-8:10AM (Before & After School)	7:00AM-8:10AM (Before & After School)	7:00AM-8:10AM (Before & After School)	7:00AM-8:10AM (Before & After School)	7:00AM-8:10AM (Before & After School)		
Rosehill After School - 24-25 Register	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)		



School - Santa Fe Trail | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Santa Fe Trail Before School - 24-25 Register	7:00AM-8:10AM (Before & After School)	7:00AM-8:10AM (Before & After School)	7:00AM-8:10AM (Before & After School)	7:00AM-8:10AM (Before & After School)	7:00AM-8:10AM (Before & After School)		
Santa Fe Trail After School - 24-25 Register	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)		



School - Wolf Springs | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Wolf Springs Before School - 24-25 Register	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)		



School - Sunrise Point | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Sunrise Point Before School - 24-25 Register	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)		
Sunrise Point After School - 24-25 Register	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)		



School - Sunset Ridge | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Sunset Ridge Before School - 24-25 Register	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)		
Sunset Ridge After School - 24-25 Register	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)		



School - Liberty View | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Liberty View Before School - 24-25 Register	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)		
Liberty View After School - 24-25 Register	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)		



School - Oak Hill | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Oak Hill Before School - 24-25 Register	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)		
Oak Hill After School - 24-25 Register	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)		



School - Harmony | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Harmony Before School - 24-25 Register	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)		
Harmony After School - 24-25 Register	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)		



School - University Academy | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
University Academy After School - 24-25 Register	2:30PM-5:30PM (Before & After School)	2:30PM-5:30PM (Before & After School)	2:30PM-5:30PM (Before & After School)	2:30PM-5:30PM (Before & After School)	2:30PM-5:30PM (Before & After School)		



School - Oak Grove Elementary | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Oak Grove After School - 24-25 Register	3:00PM-6:00PM (Before & After School)	3:00PM-6:00PM (Before & After School)	3:00PM-6:00PM (Before & After School)	3:00PM-6:00PM (Before & After School)	3:00PM-6:00PM (Before & After School)		



School - Nieman | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Nieman After School - 24-25 Register	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)		



School - Highlands | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Highlands After School - 24-25 Register	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)		



School - East Antioch | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
East Antioch After School - 24-25 Register	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)		



School - Belinder | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Belinder After School - 24-25 Register	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)		



School - Spring Hill | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Spring Hill After School - 24-25 Register	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)		



School - Henry Leavenworth Elementary School | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Henry Leavenworth Elementary After - 24-25 Register	3:15PM-6:00PM (Before & After School)	3:15PM-6:00PM (Before & After School)	3:15PM-6:00PM (Before & After School)	3:15PM-6:00PM (Before & After School)	3:15PM-6:00PM (Before & After School)		
Henry Leavenworth Elementary After School - 24-25 Register	3:15PM-6:00PM (Before & After School)	3:15PM-6:00PM (Before & After School)	3:15PM-6:00PM (Before & After School)	3:15PM-6:00PM (Before & After School)	3:15PM-6:00PM (Before & After School)		



School - Bluejacket Flint | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Bluejacket Flint After School - 24-25 Register	3:15PM-6:00PM (Before & After School)	3:15PM-6:00PM (Before & After School)	3:15PM-6:00PM (Before & After School)	3:15PM-6:00PM (Before & After School)	3:15PM-6:00PM (Before & After School)		



School - Delaware Ridge | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Delaware Ridge After School - 24-25 Register	3:40PM-6:00PM (Before & After School)	3:40PM-6:00PM (Before & After School)	3:40PM-6:00PM (Before & After School)	3:40PM-6:00PM (Before & After School)	3:40PM-6:00PM (Before & After School)		



School - Stanley | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Stanley After School - 24-25 Register	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)		



School - Mission Trail | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Mission Trail After School - 24-25 Register	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)		



School - Lee's Summit | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lee's Summit After School - 24-25 Register	4:10PM-6:00PM (Before & After School)	4:10PM-6:00PM (Before & After School)	4:10PM-6:00PM (Before & After School)	4:10PM-6:00PM (Before & After School)	4:10PM-6:00PM (Before & After School)		



Providence Family YMCA | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Activity Pool Pool			5:00AM-8:00AM (Aquatics Open Swim) 10:00AM-1:00PM (Aquatics Open Swim) 1:00PM-7:30PM (Aquatics Open Swim)	5:00AM-6:30AM (Aquatics Open Swim) 10:00AM-1:00PM (Aquatics Open Swim) 4:00PM-7:30PM (Aquatics Open Swim)	5:00AM-8:00AM (Aquatics Open Swim) 11:00AM-1:00PM (Aquatics Open Swim) 4:00PM-6:30PM (Aquatics Open Swim)	9:00AM-3:30PM (Aquatics Open Swim)	10:00AM-3:30PM (Aquatics Open Swim)
Lap Swim Lap Lanes in Pool			5:00AM-8:00AM (Aquatics Open Swim) 10:00AM-1:00PM (Aquatics Open Swim) 4:00PM-7:30PM (Aquatics Open Swim)	5:00AM-6:30AM (Aquatics Open Swim) 10:00AM-1:00PM (Aquatics Open Swim) 4:00PM-7:30PM (Aquatics Open Swim)	5:00AM-8:00AM (Aquatics Open Swim) 11:00AM-1:00PM (Aquatics Open Swim) 4:00PM-6:30PM (Aquatics Open Swim)	9:00AM-3:30PM (Aquatics Open Swim)	10:00AM-3:30PM (Aquatics Open Swim)
Yoga Group Ex Studio			6:00AM-6:45AM (Mind & Body) <i>Courtney R.</i>	8:15AM-9:05AM (Mind & Body) <i>Sallie C.</i>			
Aqua Fit Pool			8:00AM-9:00AM (Water Fitness) <i>Robin C.</i>		8:00AM-9:00AM (Water Fitness) <i>Sallie C.</i> 9:00AM-10:00AM (Water Fitness) <i>Robin C.</i>		
Low Impact Group Ex Studio			8:30AM-9:15AM (Low Impact) <i>Sallie C.</i>				
Aqua Fit Pool-Instructor Reserved Space			9:00AM-10:00AM (Water Fitness) <i>Robin C.</i>	6:30AM-7:30AM (Water Fitness) <i>Peg B.</i>			
Boot Camp/HIIT Gymnasium			9:15AM-10:15AM (Hybrid) <i>Victor C.</i>	9:15AM-10:15AM (Hybrid) <i>Victor C.</i>			
Yoga Wellness Studio			9:30AM-10:15AM (Mind & Body) <i>Sallie C.</i>		10:00AM-10:50AM (Mind & Body) <i>Sallie C.</i>		
Silver Sneakers - Chair Yoga Group Ex Studio			11:45AM-12:30PM (Low Impact) <i>Wayland P.</i>				

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Step Gymnasium			5:30PM-6:20PM (Cardio) <i>Tina S.</i>				
Swim Lessons Pool-Instructor Reserved Space			5:30PM-7:30PM (Aquatics Program (Activenet Registration Required))	5:30PM-7:30PM (Aquatics Program (Activenet Registration Required))		9:30AM-12:30PM (Aquatics Program (Activenet Registration Required))	
Boot Camp Gymnasium			6:30PM-7:20PM (Hybrid) <i>Nicole R.</i>				10:30AM-11:20AM (Hybrid) <i>N/A</i>
BODYPUMP - Les Mills Group Ex Studio				5:15AM-6:15AM (Strength) <i>April L.</i> 10:30AM-11:30AM (Strength) <i>Deb F.</i> 5:30PM-6:30PM (Strength) <i>Erin C.</i>		8:45AM-9:45AM (Strength) <i>Cassandra L.</i>	
Aqua Joints In Motion Pool-Instructor Reserved Space				8:00AM-9:00AM (Water Fitness) <i>Julie A.</i> 9:00AM-10:00AM (Water Fitness) <i>Julie A.</i>			
Line Dancing Group Ex Studio				9:15AM-10:00AM (Cardio) <i>Deb F.</i>			
Silver Sneakers - Circuit Gymnasium				10:30AM-11:20AM (Low Impact) <i>Wayland P.</i>			
Tai Chi - Intermediate Group Ex Studio				1:00PM-2:00PM (Mind & Body) <i>Tom W.</i>		12:00PM-1:00PM (Mind & Body) <i>Tom W.</i>	
Meditation Group Ex Studio				2:00PM-3:00PM (Mind & Body) <i>Tom W.</i>			
UltiFit Wellness Studio				6:00PM-7:00PM (Hybrid) <i>Jonathan W.</i>			
Kickboxing with Bags Group Ex Studio					9:30AM-10:20PM (Cardio) <i>Suzie T.</i>		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Aqua Core and Flexibility Pool					10:00AM-11:00AM (Water Fitness) <i>Robin C.</i>		
Enhance Fitness Wellness Studio					10:30PM-11:30PM (Low Impact) <i>Wayland P.</i>		
Aqua Strength & Cardio Pool-Instructor Reserved Space						8:00AM-9:00AM (Water Fitness) <i>Julie L.</i>	
Adult Swim Lessons Pool-Instructor Reserved Space						9:00AM-9:30AM (Aquatics Program (Activenet Registration Required))	
Step Group Ex Studio						10:30AM-11:20AM (Cardio) <i>Katrena R.</i>	



Bonner Springs Family YMCA | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim Lap Pool			5:00AM-1:00PM (Aquatics Open Swim) 5:30PM-7:30PM (Aquatics Open Swim)	5:00AM-1:00PM (Aquatics Open Swim) 5:30PM-7:30PM (Aquatics Open Swim)	5:00AM-1:00PM (Aquatics Open Swim) 5:30PM-6:30PM (Aquatics Open Swim)	7:00AM-4:30PM (Aquatics Open Swim)	10:00AM-4:30PM (Aquatics Open Swim)
Activity Pool Activity Pool			5:00AM-1:00PM (Aquatics Open Swim) 4:00PM-7:30PM (Aquatics Open Swim)	5:00AM-1:00PM (Aquatics Open Swim) 4:00PM-7:30PM (Aquatics Open Swim)	5:00AM-1:00PM (Aquatics Open Swim) 4:00PM-6:30PM (Aquatics Open Swim)	7:00AM-4:30PM (Aquatics Open Swim)	10:00AM-4:30PM (Aquatics Open Swim)
BODYPUMP - Les Mills Group Ex Studio			5:15AM-6:15AM (Strength) <i>Cheryl L.</i> 7:00AM-8:00AM (Strength) <i>Cassandra L.</i>	9:30AM-10:30AM (Strength) <i>Cassandra L.</i>		7:15AM-8:15AM (Strength) <i>April L.</i>	
Aqua Fit Activity Pool			6:30AM-7:30AM (Water Fitness) <i>Peg B.</i> 8:30AM-9:30AM (Water Fitness) <i>Peg B.</i> 6:30PM-7:30PM (Water Fitness) <i>Carolyn L.</i>	11:00AM-12:00PM (Water Fitness) <i>Peg B.</i>	6:30AM-7:30AM (Water Fitness) <i>Peg B.</i> 8:30AM-9:30AM (Water Fitness) <i>Peg B.</i>		
Enhance Fitness Classroom B			8:00AM-9:00AM (Low Impact) <i>LeAnn J.</i>		8:00AM-9:00AM (Low Impact) <i>LeAnn J.</i>		
Barre Group Ex Studio			9:00AM-9:30AM (Strength) <i>Kim H.</i>				
Yoga Group Ex Studio			9:30AM-10:30AM (Mind & Body) <i>Kim H.</i> 6:30PM-7:30PM (Mind & Body) <i>Emily N.</i>		5:45AM-6:15AM (Mind & Body) <i>Pam R.</i> 5:15PM-6:15PM (Mind & Body) <i>Emily N.</i>	9:30AM-10:30AM (Mind & Body) <i>Emily N.</i>	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Kickboxing with Bags Classroom B			9:30AM-10:30AM (Cardio) <i>Deb F.</i>				
BODYCOMBAT - Les Mills Group Ex Studio			10:30AM-11:30AM (Cardio) <i>Kimberly G.</i>		9:30AM-10:30AM (Cardio) <i>Becca N.</i>		
Lap Swim Reduced lanes available.			12:15PM-1:00PM (Aquatics Open Swim) 4:00PM-5:30PM (Aquatics Open Swim)	4:00PM-5:30PM (Aquatics Open Swim)	4:00PM-5:30PM (Aquatics Open Swim)		
Swim Lessons Reserved Instructor Space in Activity Pool			12:15PM-1:00PM (Aquatics Program (Activenet Registration Required))	5:30PM-7:30PM (Aquatics Program (Activenet Registration Required))		9:00AM-12:00PM (Aquatics Program (Activenet Registration Required))	
Kids Fit Club Classroom B			5:00PM-5:30PM (Youth & Family Fitness Classes) <i>Pam R.</i>				
Swim Club Reserved Lanes in Lap Pool			5:30PM-7:00PM (Aquatics Program (Activenet Registration Required))				
Martial Arts - Little Dragons Classroom B			5:30PM-6:15PM (Healthy Living Program (Activenet Registration Required)) <i>Mark P.</i>				
Total Body Group Ex Studio			5:30PM-6:30PM (Hybrid) <i>Pam R.</i>	7:30AM-8:30AM (Hybrid) <i>Deb F.</i>			
Cycle Group Ex Studio				5:15AM-6:05AM (Cardio) <i>Pam R.</i> 8:35AM-9:15AM (Cardio) <i>Jackie D.</i> 5:30PM-6:00PM (Cardio) <i>LeAnn J.</i>			
Aqua Dance Activity Pool				8:30AM-9:30AM (Water Fitness) <i>Kirstin C.</i>			
Water Volleyball Reserved Instructor Space in Activity Pool				9:30AM-10:30AM (Aquatics Activity (Member Service)) <i>Rebecca H.</i>			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Core Group Ex Studio				6:00PM-6:30PM (Strength) <i>LeAnn J.</i>			
Boot Camp Group Ex Studio					5:15AM-5:45AM (Hybrid) <i>Pam R.</i>		
Running Club Welcome Center					8:45AM-9:30AM (Healthy Living Activity (Member Service)) <i>Jim M.</i>		
CORE - Les Mills Group Ex Studio					10:30AM-11:00AM (Strength) <i>Becca N.</i>		
Cycle and Run Group Ex Studio						8:30AM-9:30AM (Cardio) <i>LeAnn J.</i>	
Martial Arts - Taekwondo (Bonner) Classroom B						9:30AM-12:00PM (Healthy Living Program (Activenet Registration Required)) <i>Mark P.</i>	
Diving Board - OPEN Diving Board							10:00AM-4:30PM (Aquatics Activity (Member Service))



Platte County Community Center North | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Gym Gymnasium			5:00AM-9:00PM (General)	5:00AM-9:00PM (General)	5:00AM-7:30PM (General)	7:30AM-5:00PM (General)	10:00AM-4:00PM (General)
Cycle Studio A (Face-to-Face)			5:15AM-5:45AM (Cardio) <i>Kristian A.</i>		5:15AM-6:05AM (Cardio) <i>Kristian A.</i>		
Stretch and Tone Studio A (Face-to-Face)			5:45AM-6:05AM (Hybrid) <i>Kristian A.</i>				
Lap Swim Competition Pool			6:00AM-7:00AM (Aquatics Open Swim) 3:00PM-8:30PM (Aquatics Open Swim)	3:00PM-8:30PM (Aquatics Open Swim)	6:00AM-7:00AM (Aquatics Open Swim) 3:00PM-7:00PM (Aquatics Open Swim)	7:30AM-3:00PM (Aquatics Open Swim)	10:00AM-3:00PM (Aquatics Open Swim)
Lazy River Lazy River			6:00AM-8:00AM (Aquatics Open Swim) 8:30AM-11:00AM (Aquatics Open Swim) 11:30AM-1:00PM (Aquatics Open Swim) 3:00PM-8:30PM (Aquatics Open Swim)	6:00AM-8:00AM (Aquatics Open Swim) 8:30AM-11:00AM (Aquatics Open Swim) 11:30AM-1:00PM (Aquatics Open Swim) 3:00PM-8:30PM (Aquatics Open Swim)	6:00AM-8:00AM (Aquatics Open Swim) 8:30AM-11:00AM (Aquatics Open Swim) 11:30AM-1:00PM (Aquatics Open Swim) 3:00PM-7:00PM (Aquatics Open Swim)	7:30AM-4:00PM (Aquatics Open Swim)	10:00AM-3:00PM (Aquatics Open Swim)
Sauna/Steam Room Sauna/Steam Room			6:00AM-1:00PM (Aquatics Open Swim) 3:00PM-8:30PM (Aquatics Open Swim)	6:00AM-1:00PM (Aquatics Open Swim) 3:00PM-8:30PM (Aquatics Open Swim)	6:00AM-1:00PM (Aquatics Open Swim) 3:00PM-7:00PM (Aquatics Open Swim)	7:30AM-4:00PM (Aquatics Open Swim)	
YMCA 360 - Core Studio A (Virtual Y360)			7:00AM-7:50AM (YMCA 360 (Virtual Class Offerings)) Y 3.				
Activity Pool Activity Pool			7:00AM-1:00PM (Aquatics Open Swim) 3:00PM-8:30PM (Aquatics Open Swim)	6:00AM-1:00PM (Aquatics Open Swim) 3:00PM-8:30PM (Aquatics Open Swim)	7:00AM-1:00PM (Aquatics Open Swim) 3:00PM-7:00PM (Aquatics Open Swim)	7:30AM-4:00PM (Aquatics Open Swim)	10:00AM-3:00PM (Aquatics Open Swim)
YMCA 360 - AOA Studio A (Virtual Y360)			8:00AM-8:50AM (YMCA 360 (Virtual Class Offerings)) Y 3.		12:15PM-1:05PM (YMCA 360 (Virtual Class Offerings)) Y 3.	11:00AM-11:50AM (YMCA 360 (Virtual Class Offerings)) Y 3.	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Kid Zone - Open Hours Kid Zone			8:00AM-12:00PM (General) 4:30PM-8:00PM (General)	8:00AM-12:00PM (General) 4:30PM-8:00PM (General)	8:00AM-12:00PM (General) 8:00AM-12:00PM (General)	8:00AM-12:00PM (General)	
Pool Closure - Safety Break Lazy River			8:00AM-8:30AM (Aquatics Open Swim) 11:00AM-11:30AM (Aquatics Open Swim)	8:00AM-8:30AM (Aquatics Open Swim) 11:00AM-11:30AM (Aquatics Open Swim)	8:00AM-8:30AM (Aquatics Open Swim) 11:00AM-11:30AM (Aquatics Open Swim)		
Water Volleyball Activity Pool			8:00AM-9:30AM (Aquatics Activity (Member Service))				
Enhance Fitness Studio A (Face-to-Face)			9:00AM-10:00AM (Low Impact) <i>Gayla K.</i>		9:00AM-10:00AM (Low Impact) <i>Christel F.</i>		
Barre Intensity Studio B			9:00AM-9:50AM (Strength) <i>Amanda H.</i>		9:00AM-9:50AM (Strength) <i>Amanda H.</i>	9:00AM-9:45AM (Strength) <i>Amanda H.</i>	
Yoga Studio B			10:00AM-11:00AM (Mind & Body) <i>Amanda H.</i>		10:00AM-11:00AM (Mind & Body) <i>Amanda H.</i>	10:00AM-11:00AM (Mind & Body) <i>Amanda H.</i>	
BODYPUMP - Les Mills Studio A (Face-to-Face)			10:15AM-11:10AM (Strength) <i>Marla Z.</i> 5:30PM-6:30PM (Strength) <i>Susan Q.</i>	5:15AM-6:15AM (Strength) <i>Marla Z.</i>		8:30AM-9:30AM (Strength) <i>Susan Q.</i>	
Aqua Yoga Activity Pool			10:15AM-11:00AM (Water Fitness) <i>Gayla K.</i>		10:15AM-11:00AM (Water Fitness) <i>Gayla K.</i>		
Workout Time Kid Zone			10:30AM-11:00AM (Kid Zone Enrichment) 6:00PM-6:30PM (Kid Zone Enrichment)				
AOA Chair Yoga Studio B			11:10AM-12:00PM (Low Impact) <i>Amanda H.</i>		11:10AM-12:00PM (Low Impact) <i>Shellli B.</i>		
Core Studio A (Face-to-Face)			11:15AM-11:45AM (Strength) <i>Marla Z.</i>				
Aqua Burn Activity Pool			11:15AM-12:00PM (Water Fitness) <i>Kylie M.</i>		11:15AM-12:00PM (Water Fitness) <i>Devon M.</i>		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pickleball - Drop In Play Gymnasium (South Court)			12:00PM-3:00PM (Healthy Living Activity (Member Service))	12:00PM-3:00PM (Healthy Living Activity (Member Service))			
AOA Low Impact Studio A (Face-to-Face)			12:15PM-1:05PM (Low Impact) <i>Disa R.</i>				
YMCA 360 - Strength Studio A (Virtual Y360)			3:00PM-3:50PM (YMCA 360 (Virtual Class Offerings)) Y 3.		7:00AM-7:50AM (YMCA 360 (Virtual Class Offerings)) Y 3.	1:00PM-1:50PM (YMCA 360 (Virtual Class Offerings)) Y 3.	
YMCA 360 - Cardio Studio A (Virtual Y360)			4:00PM-4:50PM (YMCA 360 (Virtual Class Offerings)) Y 3.	11:00AM-11:50AM (YMCA 360 (Virtual Class Offerings)) Y 3.	8:00AM-8:50AM (YMCA 360 (Virtual Class Offerings)) Y 3. 3:00PM-3:50PM (YMCA 360 (Virtual Class Offerings)) Y 3.		11:00AM-11:50AM (YMCA 360 (Virtual Class Offerings)) Y 3.
Cardio Dance Studio B			5:45PM-6:35PM (Cardio) <i>Starla B.</i>	9:00AM-9:50AM (Cardio) <i>Amanda H.</i>			
BODYBALANCE - Les Mills Studio B			6:45PM-7:45PM (Mind & Body) <i>Christy S.</i>	6:00AM-7:00AM (Mind & Body) <i>Shelli B.</i>			
YMCA 360 - Interval/Circuit Studio A (Virtual Y360)				7:00AM-7:50AM (YMCA 360 (Virtual Class Offerings)) Y 3. 4:00PM-4:50PM (YMCA 360 (Virtual Class Offerings)) Y 3.	4:00PM-4:50PM (YMCA 360 (Virtual Class Offerings)) YMCA 3.	2:00PM-2:50PM (YMCA 360 (Virtual Class Offerings)) Y 3.	2:00PM-2:50PM (YMCA 360 (Virtual Class Offerings)) Y 3.
YMCA 360 - Mind & Body Studio A (Virtual Y360)				8:00AM-8:50AM (YMCA 360 (Virtual Class Offerings)) YMCA 3.			
Aqua Strength & Cardio Activity Pool				9:00AM-9:45AM (Water Fitness) <i>Christel F.</i>			
Cycle Gymnasium (South Court)				9:00AM-9:40AM (Cardio) <i>Kassie F.</i>			
Group Exercise Gymnasium (South Court)				9:00AM-10:15AM (Healthy Living Activity (Member Service))	9:00AM-9:50AM (Healthy Living Activity (Member Service))		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Silver Sneakers - Classic Studio A (Face-to-Face)				9:00AM-9:50AM (Low Impact) <i>Shelli B.</i> 12:15PM-1:05PM (Low Impact) <i>Christel F.</i>			
Core Gymnasium (South Court)				9:45AM-10:15AM (Strength) <i>Kassie F.</i>			
Music and Game Time Kid Zone				10:00AM-10:30AM (Kid Zone Enrichment) 6:00PM-6:30PM (Kid Zone Enrichment)			
Pilates Studio B				10:00AM-10:40AM (Mind & Body) <i>Disa R.</i>			
Aqua Joints In Motion Lazy River				10:15AM-11:00AM (Water Fitness) <i>Christel F.</i>			
Stretch Studio B				10:45AM-11:05AM (Mind & Body) <i>Disa R.</i>			
Studio Reserved for YMCA Sanctioned Program Studio A (Face-to-Face)				1:05PM-2:00PM (Center Announcements) <i>Disa R.</i>			
YMCA 360 - Choreographed Cardio Studio A (Virtual Y360)				3:00PM-3:50PM (YMCA 360 (Virtual Class Offerings)) Y 3.			1:00PM-1:50PM (YMCA 360 (Virtual Class Offerings)) Y 3.
TRX and Stretch Studio A (Face-to-Face)				5:30PM-6:20PM (Hybrid) <i>Christy S.</i>			
Boot Camp Gymnasium					9:00AM-9:50AM (Hybrid) <i>Devon M.</i>		
Story Time Kid Zone					9:30AM-10:00AM (Kid Zone Enrichment)	10:00AM-10:30AM (Kid Zone Enrichment)	
Free Play Kid Zone					10:00AM-10:30AM (Kid Zone Enrichment)		
Aqua Tabata Lazy River						9:00AM-9:45AM (Water Fitness) <i>Devon M.</i>	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Martial Arts - Aikido Gymnasium (South Court)						10:00AM-11:30AM (Healthy Living Program (Activenet Registration Required))	
Cardio Dance Studio A (Face-to-Face)						10:00AM-10:50AM (Cardio) <i>Starla B.</i>	



Platte County Community Center South | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Gym Gymnasium			5:00AM-7:00AM (General) 9:00AM-12:00PM (General) 3:00PM-8:50PM (General)	5:00AM-7:00AM (General) 9:00AM-12:00PM (General) 3:00PM-8:50PM (General)	5:00AM-7:00AM (General) 9:00AM-12:00PM (General) 3:00PM-7:20PM (General)	7:30AM-4:50PM (General)	9:00AM-3:50PM (General)
RPM - Les Mills (Cycle) cycle studio			5:30AM-6:15AM (Cardio) <i>Adriane L.</i>		9:30AM-10:15AM (Cardio) <i>Hannah S.</i>	8:30AM-9:15AM (Cardio) <i>Tarah M.</i>	9:30AM-10:15AM (Cardio) <i>Lee V.</i>
Activity Pool Activity Pool			6:00AM-1:00PM (Aquatics Open Swim) 4:00PM-8:30PM (Aquatics Open Swim)	6:00AM-1:00PM (Aquatics Open Swim) 4:00PM-8:30PM (Aquatics Open Swim)	6:00AM-1:00PM (Aquatics Open Swim) 4:00PM-7:00PM (Aquatics Open Swim)	7:30AM-4:30PM (Aquatics Open Swim)	9:00AM-3:30PM (Aquatics Open Swim)
Lap Swim Lap Pool			6:00AM-1:00PM (Aquatics Open Swim) 4:00PM-8:30PM (Aquatics Open Swim)	6:00AM-1:00PM (Aquatics Open Swim) 4:00PM-8:30PM (Aquatics Open Swim)	6:00AM-1:00PM (Aquatics Open Swim) 4:00PM-7:00PM (Aquatics Open Swim)	7:30AM-4:30PM (Aquatics Open Swim)	9:00AM-3:30PM (Aquatics Open Swim)
Volleyball - Beach Ball Gymnasium			7:00AM-9:00AM (Healthy Living Activity (Member Service))	7:00AM-9:00AM (Healthy Living Activity (Member Service))	7:00AM-9:00AM (Healthy Living Activity (Member Service))		
BODYATTACK - Les Mills Studio B			8:00AM-8:55AM (Cardio) <i>Joy G.</i>				
Free Play Kids Zone			8:00AM-12:00PM (Kid Zone Enrichment) 4:30PM-8:00PM (Kid Zone Enrichment)	8:00AM-12:00PM (Kid Zone Enrichment) 4:30PM-8:00PM (Kid Zone Enrichment)	8:00AM-12:00PM (Kid Zone Enrichment)	8:00AM-12:00PM (Kid Zone Enrichment)	
Enhance Fitness Studio C			8:15AM-9:15AM (Low Impact) <i>Kelly H.</i>		8:15AM-9:15AM (Low Impact) <i>Kelly H.</i>		
Strength and Conditioning Studio A			8:15AM-9:15AM (Hybrid) <i>Rori L.</i>				

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
BODYPUMP - Les Mills Studio C			9:30AM-10:20AM (Strength) <i>Kristi S.</i>	5:30AM-6:15AM (Strength) <i>Emily M.</i> 9:00AM-10:00AM (Strength) <i>Hannah S.</i> 5:30PM-6:20PM (Strength) <i>Susan Q.</i>	9:30AM-10:20AM (Strength) <i>Marla Z.</i>	8:15AM-9:15AM (Strength) <i>Lee V.</i>	10:00AM-10:50AM (Strength) <i>Adriane L.</i>
Pilates Studio B			9:30AM-10:30AM (Mind & Body) <i>Cristina B.</i>	5:30PM-6:30PM (Mind & Body) <i>Beth T.</i>	9:30AM-10:30AM (Mind & Body) <i>Cristina B.</i>		
Cycle and Strength cycle studio			9:30AM-10:30AM (Hybrid) <i>Tarah M.</i>				
WERQ Studio A			9:30AM-10:30AM (Cardio) <i>Rori L.</i>				
Aqua Zumba Activity Pool			9:30AM-10:30AM (Water Fitness) <i>Kelly H.</i>		9:30AM-10:30AM (Water Fitness) <i>Kelly H.</i>		
Core Studio C			10:25AM-11:00AM (Strength) <i>Kristi S.</i>		10:25AM-11:00AM (Strength) <i>Marla Z.</i>		
Line Dancing Studio A			10:45AM-11:45AM (Cardio) <i>Kelly H.</i>				
BODYBALANCE - Les Mills Studio B			10:45AM-11:45AM (Mind & Body) <i>Cristina B.</i>	9:00AM-10:00AM (Mind & Body) <i>Kristi S.</i>	5:30AM-6:30AM (Mind & Body) <i>Kelly B.</i> 10:45AM-11:45AM (Mind & Body) <i>Kerri M.</i>	8:15AM-9:15AM (Mind & Body) <i>Cristina B.</i>	
Pickleball - Drop In Play Gymnasium			12:00PM-3:00PM (Healthy Living Activity (Member Service))	12:00PM-3:00PM (Healthy Living Activity (Member Service))	12:00PM-3:00PM (Healthy Living Activity (Member Service))	8:00AM-10:00AM (Healthy Living Activity (Member Service))	
Silver Sneakers - Classic Studio A			12:30PM-1:30PM (Low Impact) <i>Kerri M.</i>		12:30PM-1:30PM (Low Impact) <i>Kerri M.</i>		
Tai Chi - Beginner Studio B			1:00PM-1:45PM (Mind & Body) <i>Terry K.</i>				
Total Body Stretch Studio B			5:15PM-6:00PM (Mind & Body) <i>Kelly H.</i>	10:15AM-11:00AM (Mind & Body) <i>Kelly H.</i>			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Martial Arts -Takeodo Studio A			5:15PM-6:25PM (Healthy Living Program (Activenet Registration Required)) <i>Charlie P.</i> 6:30PM-7:35PM (Healthy Living Program (Activenet Registration Required)) <i>Charlie P.</i>			9:30AM-10:20AM (Healthy Living Program (Activenet Registration Required)) <i>Charlie P.</i> 10:30AM-11:20AM (Healthy Living Program (Activenet Registration Required)) <i>Charlie P.</i>	
TONE - Les Mills Studio C			5:30PM-6:30PM (Hybrid) <i>Lee V.</i>			9:30AM-10:30AM (Hybrid) <i>Lee V.</i>	
Swim Club Lap Pool			5:30PM-6:30PM (Aquatics Program (Activenet Registration Required))		5:30PM-6:30PM (Aquatics Program (Activenet Registration Required))		
Yoga Studio B			6:15PM-7:15PM (Mind & Body) <i>Kelly B.</i>	7:45AM-8:45AM (Mind & Body) <i>Kerri M.</i>			
Weight Lifting Studio C			6:45PM-7:45PM (Strength) <i>Ben F.</i>		4:30PM-5:30PM (Strength) <i>Ben F.</i>		
Group Active Studio A				7:45AM-8:45AM (Hybrid) <i>Melanie R.</i>			
AOA Low Impact Activity Pool				8:30AM-9:15AM (Low Impact) <i>Suellen H.</i>			
Zumba Gold Studio A				9:00AM-10:00AM (Low Impact) <i>Kelly H.</i>			
SPRINT - Les Mills (Cycle) cycle studio				9:00AM-9:30AM (Cardio) <i>Ashley V.</i>	8:30AM-9:00AM (Cardio) <i>Mary C.</i>		
Aqua Fit Activity Pool				9:30AM-10:30AM (Water Fitness) <i>Jacqueline T.</i> 5:30PM-6:30PM (Water Fitness) <i>Jacqueline T.</i>	8:30AM-9:30AM (Water Fitness) <i>Jacqueline T.</i>	8:00AM-9:00AM (Water Fitness) <i>Emily S.</i>	
Core cycle studio				9:30AM-9:45AM (Strength) <i>Ashley V.</i>			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Belly Dancing Studio A				10:15AM-11:00AM (Cardio) <i>Kerri M.</i>			
Zumba Studio C				10:15AM-11:15AM (Cardio) <i>Beth T.</i>			
AOA Cycle cycle studio				10:45AM-11:15AM (Cardio) <i>Mary C.</i>			
AOA Core Training Studio A				11:30AM-12:15PM (Low Impact) <i>Kerri M.</i>			
PCCCS - AOA - WOW Luncheon (Widows and Widowers) Register				11:30AM-1:00PM (Healthy Living - AOA Special Events)			
AOA Chair Yoga Studio A				12:30PM-1:15PM (Low Impact) <i>Kerri M.</i>			
CORE - Les Mills Studio C				6:25PM-6:55PM (Strength) <i>Susan Q.</i>			
Step Studio A					8:15AM-9:15AM (Cardio) <i>Beth T.</i>	8:25AM-9:15AM (Cardio) <i>Beth T.</i>	
Barre Bootcamp Studio A					9:30AM-10:30AM (Strength) <i>Beth T.</i>		
Strength Studio A					10:45AM-11:15AM (Strength) <i>Kelly H.</i>		
Cardio Dance Studio A					11:15AM-11:45AM (Cardio) <i>Kelly H.</i>		
Brainsavers Studio C					11:15AM-12:15PM (Low Impact) <i>Cristina B.</i>		
Tai Chi - Intermediate Studio B					1:00PM-1:45PM (Mind & Body) <i>Suellen H.</i>		
PCCCS - AOA - Game Day Register					1:00PM-5:00PM (Healthy Living - AOA Special Events)		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Restorative Chair Exercises Studio B					2:00PM-2:45PM (Low Impact) <i>Suellen H.</i>		
BODYATTACK - Les Mills Studio A						7:35AM-8:20AM (Cardio) <i>Beth T.</i>	
PCCCS - Red Cross Lifeguard Course Register						8:00AM-6:00PM (Aquatics - Trainings)	8:00AM-6:00PM (Aquatics - Trainings)
High Yo Studio B						9:30AM-10:30AM (Hybrid) <i>Brooke W.</i>	
BODYBALANCE - Les Mills Studio C							11:00AM-12:00PM (Mind & Body) <i>Adriane L.</i>



North Kansas City YMCA | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Activity Pool Pool			5:00AM-1:00PM (Aquatics Open Swim) 4:00PM-7:30PM (Aquatics Open Swim)	5:00AM-1:00PM (Aquatics Open Swim) 4:00PM-7:30PM (Aquatics Open Swim)	5:00AM-1:00PM (Aquatics Open Swim) 4:00PM-6:30PM (Aquatics Open Swim)	8:00AM-10:00AM (Aquatics Open Swim) 11:30AM-3:30PM (Aquatics Open Swim)	10:00AM-3:30PM (Aquatics Open Swim)
Boot Camp Determined Studio			5:30AM-6:25AM (Hybrid) <i>Sarah C.</i>				
Cycle Inspire Studio			6:30AM-7:25AM (Cardio) <i>Sarah C.</i>				
Enhance Fitness Determined Studio			9:00AM-9:55AM (Low Impact) <i>Chihiro S.</i>				
Tai Chi - Beginner Inspire Studio			9:00AM-9:55AM (Mind & Body) <i>Terry K.</i>				
Aqua River Challenge Pool			9:00AM-10:00AM (Water Fitness) <i>Jody S.</i>				
Tai Chi - Advanced Inspire Studio			9:55AM-10:45AM (Mind & Body) <i>Terry K.</i>				
Zumba Determined Studio			10:00AM-10:55AM (Cardio) <i>Beth T.</i> 5:30PM-6:25PM (Cardio) <i>Briana T.</i>	12:00PM-12:55PM (Cardio) <i>Dina B.</i>			
Pickleball - Drop In Play Gymnasium Court 1			10:30AM-1:00PM (Healthy Living Activity (Member Service))	10:30AM-1:00PM (Healthy Living Activity (Member Service))	10:30AM-1:00PM (Healthy Living Activity (Member Service))		
Aqua Fit Pool			10:30AM-11:15AM (Water Fitness) <i>Emily S.</i> 5:15PM-6:00PM (Water Fitness) <i>Jeanette M.</i>				10:30AM-11:15AM (Water Fitness) <i>Ariana B.</i>

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Barre Bootcamp Determined Studio			11:00AM-11:55AM (Strength) <i>Beth T.</i>				
BODYPUMP - Les Mills Determined Studio			12:00PM-12:55PM (Strength) <i>Beth T.</i> 6:30PM-7:30PM (Strength) <i>Susan T.</i>	10:00AM-10:45AM (Strength) <i>Abigail P.</i>	5:30PM-6:25PM (Strength) <i>Abigail P.</i>		
Swim Club Pool			6:00PM-7:00PM (Aquatics Program (Activenet Registration Required))				
Strength Determined Studio				6:30AM-7:30AM (Strength) <i>Angela K.</i>		9:00AM-9:55AM (Strength) <i>Kelly H.</i>	
High Fitness Determined Studio				9:00AM-9:55AM (Cardio) <i>Lesley T.</i>			
Aqua Joints In Motion Pool				9:15AM-10:15AM (Water Fitness) <i>Bill K.</i>			
Silver Sneakers - Classic Inspire Studio				10:00AM-10:55AM (Low Impact) <i>Chihiro S.</i>			
CORE - Les Mills Determined Studio				10:50AM-11:20AM (Strength) <i>Abigail P.</i>			
Silver Sneakers - BOOM Move Inspire Studio				11:00AM-11:30AM (Low Impact) <i>Chihiro S.</i>			
Aqua Yoga Pool				11:15AM-12:15PM (Water Fitness) <i>Terri H.</i>			
Warrior Strength Determined Studio				5:30PM-6:25PM (Strength) <i>Sarah W.</i>			
WERQ Inspire Studio				5:30PM-6:20PM (Cardio) <i>Lauren C.</i>		9:00AM-9:55AM (Cardio) <i>Chihiro S.</i>	
Turn and Burn Inspire Studio					5:30AM-6:30AM (Hybrid) <i>Heather Z.</i>		
Aqua River Challenge pool activity space					9:00AM-10:00AM (Water Fitness) <i>Jody S.</i>		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Barre Determined Studio					9:00AM-9:55AM (Strength) <i>Caetie C.</i>		
Enhance Fitness Inspire Studio					9:30AM-10:55AM (Low Impact) <i>Chihiro S.</i>		
Aqua Dance Pool					10:30AM-11:15AM (Water Fitness) <i>Caetie C.</i>		
Strength and Conditioning Determined Studio					11:00AM-11:50AM (Hybrid) <i>Sarah C.</i>		
TRX Determined Studio					12:00PM-12:45PM (Strength) <i>Sarah C.</i>		
BODYBALANCE - Les Mills Inspire Studio					5:45PM-6:25PM (Mind & Body) <i>Kelly B.</i>		
Swim Lessons Pool						8:00AM-12:25PM (Aquatics Program (Activenet Registration Required))	
PiYo Determined Studio						10:00AM-10:50AM (Hybrid) <i>Kelly H.</i>	
Pilates Inspire Studio						10:00AM-10:50AM (Mind & Body) <i>Kathy M.</i>	
HIIT Determined Studio						11:00AM-12:00PM (Hybrid) <i>Lesley T.</i>	
Zumba Gold Determined Studio							1:00PM-1:55PM (Low Impact) <i>Kerri M.</i>



Kirk Family YMCA | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Sauna/Steam Room Pool			5:00AM-1:00PM (Aquatics Open Swim) 4:00PM-7:30PM (Aquatics Open Swim)	5:00AM-1:00PM (Aquatics Open Swim) 4:00PM-7:30PM (Aquatics Open Swim)	5:00AM-1:00PM (Aquatics Open Swim) 4:00PM-6:30PM (Aquatics Open Swim)	8:00AM-3:00PM (Aquatics Open Swim)	8:00AM-3:00PM (Aquatics Open Swim)
Hot Tub Pool			5:00AM-1:00PM (Aquatics Open Swim) 4:00PM-7:30PM (Aquatics Open Swim)	5:00AM-1:00PM (Aquatics Open Swim) 4:00PM-7:30PM (Aquatics Open Swim)	5:00AM-1:00PM (Aquatics Open Swim) 4:00PM-6:30PM (Aquatics Open Swim)	8:00AM-3:00PM (Aquatics Open Swim)	4:00PM-7:30PM (Aquatics Open Swim)
Lap Swim Pool			5:00AM-1:00PM (Aquatics Open Swim) 4:00PM-7:30PM (Aquatics Open Swim)	5:00AM-1:00PM (Aquatics Open Swim) 4:00PM-7:30PM (Aquatics Open Swim)	5:00AM-1:00PM (Aquatics Open Swim) 4:00PM-6:30PM (Aquatics Open Swim)	8:00AM-3:00PM (Aquatics Open Swim)	4:00PM-7:30PM (Aquatics Open Swim)
Activity Pool Pool			5:00AM-1:00PM (Aquatics Open Swim) 4:00PM-7:30PM (Aquatics Open Swim)	5:00AM-1:00PM (Aquatics Open Swim) 4:00PM-7:30PM (Aquatics Open Swim)	5:00AM-1:00PM (Aquatics Open Swim) 4:00PM-6:30PM (Aquatics Open Swim)	12:30PM-3:00PM (Aquatics Open Swim)	
BODYPUMP - Les Mills Studio B			5:30AM-6:25AM (Strength) <i>Hannah R.</i> 9:30AM-10:15AM (Strength) <i>Kenna C.</i> 12:00PM-12:30PM (Strength) <i>Heather T.</i> 6:15PM-6:45PM (Strength) <i>Jocelyn P.</i>	4:30PM-5:20PM (Strength) <i>Mark V.</i> 6:15PM-7:00PM (Strength) <i>Eric G.</i>	5:30AM-6:15AM (Strength) <i>Kenna C.</i> 12:00PM-12:30PM (Strength) <i>Heather T.</i> 5:15PM-5:45PM (Strength) <i>Hannah R.</i>	9:00AM-9:55AM (Strength) <i>Hannah R.</i>	1:00PM-1:55PM (Strength) <i>Hannah R.</i>
Kid Zone - Open Hours Kids Zone			9:00AM-1:00PM (General) 4:00PM-7:30PM (General)	9:00AM-1:00PM (General) 4:00PM-7:30PM (General)	9:00AM-1:00PM (General)	9:00AM-12:00PM (General)	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Aqua Fit Pool			10:00AM-11:00AM (Water Fitness) <i>Lisa R.</i> 5:30PM-6:30PM (Water Fitness) <i>Alexandra C.</i>	5:30PM-6:30PM (Water Fitness) <i>Craig S.</i>	10:00AM-11:00AM (Water Fitness) <i>Lisa R.</i>	10:00AM-11:00PM (Water Fitness) <i>Craig S.</i>	
CORE - Les Mills Studio A			10:30AM-11:00AM (Strength) <i>Kenna C.</i>				
SPRINT - Les Mills (Cycle) Spin Studio			12:00PM-12:30PM (Cardio) <i>Kenna C.</i>	5:30PM-6:00PM (Cardio) <i>Mark V.</i>	6:30AM-7:00AM (Cardio) <i>Kenna C.</i>	8:20AM-8:50AM (Cardio) <i>Sierra R.</i>	10:30AM-11:00AM (Cardio) <i>Rhiannon A.</i>
Pop Cycle Spin Studio			4:45PM-5:15PM (Cardio) <i>Mark V.</i>				
Swim Lessons Pool			5:00PM-7:30PM (Aquatics Program (Activenet Registration Required))			8:00AM-12:30PM (Aquatics Program (Activenet Registration Required))	
Pilates Studio A			5:30PM-6:00PM (Mind & Body) <i>Mark V.</i>	10:30AM-11:20AM (Mind & Body) <i>Kenna C.</i> 5:30PM-6:00PM (Mind & Body) <i>Emily C.</i>		8:15AM-9:00AM (Mind & Body) <i>Emily C.</i>	
Yoga Studio A			6:00PM-6:30PM (Mind & Body) <i>Mark V.</i>			9:15AM-10:00AM (Mind & Body) <i>Emily C.</i>	
CORE - Les Mills Studio B			6:45PM-7:15PM (Strength) <i>Jocelyn P.</i>				
Yoga Flow Studio A				6:30AM-7:20AM (Mind & Body) <i>Casey Q.</i> 6:15PM-7:00PM (Mind & Body) <i>Emily C.</i>			
High Fitness Studio A					9:30AM-10:30AM (Cardio) <i>Brooke W.</i>		
Cycle Spin Studio					4:30PM-5:00PM (Cardio) <i>Sierra R.</i>		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
BODYCOMBAT - Les Mills Studio B						10:00AM-10:55AM (Cardio) <i>Hannah R.</i>	
Yoga Studio B							11:30AM-12:30PM (Mind & Body) <i>Robert A.</i>
BODYBALANCE - Les Mills Studio B							2:00PM-2:30PM (Mind & Body) <i>Hannah R.</i>
MixedFit Studio A							2:00PM-2:50PM (Cardio) <i>Keonya C.</i>



Atchison Family YMCA | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Circuit Training Studio B			5:15AM-6:15AM (Hybrid) <i>Rebecca L.</i> 9:00AM-10:00AM (Hybrid) <i>Kamille C.</i>		5:15AM-6:15AM (Hybrid) <i>Rebecca L.</i>		
Aqua Strength & Cardio Pool			8:00AM-9:00AM (Water Fitness) <i>Hillari H.</i>	8:00AM-9:00AM (Water Fitness) <i>Hillari H.</i>	8:00AM-9:00AM (Water Fitness) <i>Hillari H.</i>		
Aqua Fit Pool			9:00AM-10:00AM (Water Fitness) <i>Hillari H.</i>	12:00PM-1:00PM (Water Fitness) <i>Hillari H.</i>	9:00AM-10:00AM (Water Fitness) <i>Hillari H.</i>		
Enhance Fitness Studio B			10:30AM-11:30AM (Low Impact) <i>Sharon B.</i>		10:30AM-11:30AM (Low Impact) <i>Sharon B.</i>		
Atchison - AOA May Potluck Register			11:30AM-1:30PM (Healthy Living - AOA Special Events)				
Yoga Studio A			5:30PM-6:30PM (Mind & Body) <i>Valerie P.</i>	8:30AM-9:30AM (Mind & Body) <i>Jennifer T.</i>			
SHiNE Studio B			5:30PM-6:30PM (Cardio) <i>Nichole H.</i>			8:00AM-9:00AM (Cardio) <i>Nichole H.</i>	
BODYPUMP - Les Mills Studio B				5:00AM-6:00AM (Strength) <i>Nichole H.</i> 5:00PM-6:00PM (Strength) <i>Donna N.</i>		9:00AM-10:00AM (Strength) <i>Nichole H.</i>	
Low Impact Aerobics Studio B				9:00AM-10:00AM (Low Impact) <i>Sharon B.</i>			
SHiNE Studio A					5:00AM-6:00AM (Cardio) <i>Nichole H.</i>		



Olathe Family YMCA | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
BODYPUMP - Les Mills Studio C			5:15AM-6:00AM (Strength) <i>Rhonda S.</i> 5:30PM-6:20PM (Strength) <i>Michelle L.</i>			10:00AM-10:50AM (Strength) <i>Michelle L.</i>	
Activity Pool Activity Pool			6:00AM-8:30AM (Aquatics Open Swim) 10:15AM-1:00PM (Aquatics Open Swim) 4:00PM-7:30PM (Aquatics Open Swim)	6:00AM-8:00AM (Aquatics Open Swim) 9:00AM-7:30PM (Aquatics Open Swim)	6:00AM-8:30AM (Aquatics Open Swim) 10:15AM-1:00PM (Aquatics Open Swim) 4:00PM-6:30PM (Aquatics Open Swim)	8:30AM-9:45AM (Aquatics Open Swim) 12:00PM-3:00PM (Aquatics Open Swim)	10:30AM-3:30PM (Aquatics Open Swim)
Lap Swim Lap Pool			6:00AM-1:00PM (Aquatics Open Swim) 4:00PM-7:30PM (Aquatics Open Swim)	7:00AM-5:30PM (Aquatics Open Swim) 7:00PM-7:30PM (Aquatics Open Swim)	6:00AM-1:00PM (Aquatics Open Swim) 4:00PM-6:30PM (Aquatics Open Swim)	8:30AM-3:30PM (Aquatics Open Swim)	10:30AM-3:30PM (Aquatics Open Swim)
Flexibility Studio C			8:30AM-8:55AM (Mind & Body) <i>Michelle L.</i>		8:30AM-8:55AM (Mind & Body) <i>Michelle L.</i>		
Enrichment Time Kidszone			8:30AM-12:00PM (Kid Zone Enrichment) 4:30PM-7:30PM (Kid Zone Enrichment)	8:30AM-12:00PM (Kid Zone Enrichment) 4:30PM-7:30PM (Kid Zone Enrichment)	8:30AM-12:00PM (Kid Zone Enrichment)	9:00AM-12:00PM (Kid Zone Enrichment)	
Aqua Burn Activity Pool			8:30AM-9:15AM (Water Fitness) <i>Laurel S.</i> 9:30AM-10:15AM (Water Fitness) <i>Laurel S.</i>				
Sprint 8 Fitness floor			9:00AM-9:20AM (Cardio) <i>Michelle L.</i>				
Core Studio C			9:00AM-9:50AM (Strength) <i>Shauna S.</i>	8:30AM-8:55AM (Strength) <i>Michelle L.</i>			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Cycle Spin Studio			9:30AM-10:00AM (Cardio) <i>Michelle L.</i>		5:15AM-6:00AM (Cardio) <i>Julie M.</i> 10:00AM-10:50AM (Cardio) <i>Michelle L.</i>	8:05AM-8:55AM (Cardio) <i>Steve B.</i>	
Workout Time Kidszone			9:30AM-10:00AM (Kid Zone Enrichment) 6:30PM-7:00PM (Kid Zone Enrichment)				
Yoga Studio C			10:00AM-10:50AM (Mind & Body) <i>Kim S.</i>	10:00AM-10:50AM (Mind & Body) <i>Tylisha J.</i> 5:00PM-5:50PM (Mind & Body) <i>Mary G.</i>			
Barre Studio A			10:00AM-10:50AM (Strength) <i>Jessi D.</i>				
Silver Sneakers - Circuit Studio C			11:00AM-11:50AM (Low Impact) <i>Michelle L.</i>				
Swim Lessons Activity Pool			4:00PM-7:30PM (Aquatics Program (Activenet Registration Required))	4:00PM-7:30PM (Aquatics Program (Activenet Registration Required))		9:45AM-12:00PM (Aquatics Program (Activenet Registration Required))	
Zumba Studio C			4:30PM-5:20PM (Cardio) <i>Katie W.</i>	6:00PM-6:50PM (Cardio) <i>Jessi D.</i>			
Step Studio A			5:30PM-6:20PM (Cardio) <i>Amber H.</i>				
Tabata Studio A				5:15AM-6:00AM (Cardio) <i>Amber H.</i>	9:00AM-9:50AM (Cardio) <i>Amber H.</i>		
Aqua Water Confidence Lap Pool				6:15AM-7:00PM (Water Fitness) <i>Jeremy G.</i>			
Aqua Joints In Motion Activity Pool				8:00AM-9:00AM (Water Fitness) <i>Marilyn R.</i>			
Boot Camp Fitness floor				8:30AM-9:30AM (Hybrid) <i>Shauna S.</i>		9:00AM-9:50AM (Hybrid) <i>Julie M.</i>	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
BODYCOMBAT - Les Mills Studio C				9:00AM-9:50AM (Cardio) <i>Michelle L.</i>		9:00AM-9:50AM (Cardio) <i>Michelle L.</i>	
Circuit Training Studio A				10:00AM-10:50AM (Hybrid) <i>Danelle H.</i>			
Enhance Fitness Studio C				11:00AM-11:50AM (Low Impact) <i>Ashley G.</i>		11:00AM-11:50AM (Low Impact) <i>Ashley G.</i>	
Silver Sneakers - Chair Yoga Studio C				12:00PM-12:50PM (Low Impact) <i>Lucinda G.</i>			
Swim Club Lap Pool				5:30PM-7:00PM (Aquatics Program (Activenet Registration Required))			
YMCA 360 - Fierce Studio A				5:30PM-6:20PM (YMCA 360 (Virtual Class Offerings)) Y 3.			
Aqua WAVES Activity Pool					8:30AM-9:15AM (Water Fitness) <i>Juanita R.</i> 9:30AM-10:15AM (Water Fitness) <i>Juanita R.</i>		
Pop Dance Studio C					9:00AM-9:50AM (Cardio) <i>Jessi D.</i>		
Tread and Shred Fitness floor					9:00AM-9:50AM (Hybrid) <i>Michelle L.</i>		
Yoga Sculpt Studio C					10:00AM-10:50AM (Mind & Body) <i>Kim S.</i>		
Silver Sneakers - Classic Studio C					11:00AM-11:50AM (Low Impact) <i>Michelle L.</i>		
Line Dancing Studio C					12:00PM-12:50PM (Cardio) <i>Connie G.</i>		
MixedFit Studio A						9:00AM-9:50AM (Cardio) <i>Candice W.</i>	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pop Pilates Studio A						10:00AM-10:50AM (Hybrid) <i>Ellen N.</i>	
Yoga Studio A						11:15AM-12:05PM (Mind & Body) <i>Mary G.</i>	



Cleaver Family YMCA | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Cycle Studio B			5:30AM-6:30AM (Cardio) <i>Sierra R.</i>	5:30PM-6:30PM (Cardio) <i>Staff C.</i>	5:30AM-6:30AM (Cardio) <i>Sierra R.</i>		
Activity Pool Pool			6:00AM-7:45AM (Aquatics Open Swim) <i>Staff C.</i> 8:00AM-7:30PM (Aquatics Open Swim) <i>Staff C.</i>	6:00AM-7:30AM (Aquatics Open Swim) <i>Staff C.</i> 8:00AM-1:00PM (Aquatics Open Swim) <i>Staff C.</i> 4:00PM-5:30PM (Aquatics Open Swim) <i>Staff C.</i>	6:00AM-7:45AM (Aquatics Open Swim) <i>Staff C.</i> 8:00AM-6:30PM (Aquatics Open Swim) <i>Staff C.</i>	8:00AM-9:00AM (Aquatics Open Swim) <i>Staff C.</i> 1:00PM-3:30PM (Aquatics Open Swim) <i>Staff C.</i>	10:00AM-2:30PM (Aquatics Open Swim) <i>Staff C.</i>
Lifeguard Break Pool			7:45AM-8:00AM (General)	7:45AM-8:00AM (General)	7:45AM-8:00AM (General) <i>Staff C.</i>		
Yoga Studio B			8:00AM-8:50AM (Mind & Body) <i>Tracey C.</i>	11:00AM-12:00PM (Mind & Body) <i>Jean M.</i>	8:00AM-8:50AM (Mind & Body) <i>Tracey C.</i>	11:00AM-12:00PM (Mind & Body) <i>Jean M.</i> 12:00PM-1:00PM (Mind & Body) <i>Jean M.</i>	12:30PM-1:30PM (Mind & Body) <i>Jean M.</i>
Zumba Gold Gym			8:45AM-9:45AM (Low Impact) <i>Taylor G.</i>				
Interval Training Studio A			8:45AM-9:45AM (Hybrid) <i>Kelly L.</i>				
Aqua Fit Pool			9:30AM-10:20AM (Water Fitness) <i>Staff C.</i> 11:00AM-12:00PM (Water Fitness) <i>Staff C.</i> 5:00PM-5:45PM (Water Fitness) <i>Roy C.</i>	8:45AM-9:30AM (Water Fitness) <i>Staff C.</i> 9:40AM-10:30AM (Water Fitness) <i>Staff C.</i>	8:15AM-9:00AM (Water Fitness) <i>Staff C.</i> 9:30AM-10:20AM (Water Fitness) <i>Staff C.</i> 11:00AM-11:45AM (Water Fitness) <i>Staff C.</i>	8:15AM-9:00AM (Water Fitness) <i>Roy C.</i>	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Step Studio B			9:45AM-10:45AM (Cardio) <i>Ebony D.</i>				
Pilates Studio A			10:00AM-10:50AM (Mind & Body) <i>Tracey C.</i>		10:00AM-10:50AM (Mind & Body) <i>Tracey C.</i>		
Silver Sneakers - Circuit Gym			10:15AM-11:15AM (Low Impact) <i>Carolyn A.</i>		10:15AM-11:15AM (Low Impact) <i>Carolyn A.</i>		
Strength Studio B			11:00AM-12:00PM (Strength) <i>Rebecca E.</i>	9:00AM-10:00AM (Strength) <i>Sierra R.</i>			
Tai Chi - Beginner Studio A			11:00AM-11:40AM (Mind & Body) <i>Tracey C.</i>				
Yoga Studio A			12:15PM-12:45PM (Mind & Body) <i>Billy T.</i> 5:30PM-6:30PM (Mind & Body) <i>Staff C.</i>				
AOA Low Impact Studio B			12:30PM-1:30PM (Low Impact) <i>Ebony D.</i>		12:30PM-1:30PM (Low Impact) <i>Ebony D.</i>		
Silver Sneakers - Circuit Studio B			2:30PM-3:30PM (Low Impact) <i>Mynnye J.</i>			2:30PM-3:30PM (Low Impact) <i>Nina P.</i>	
BODYPUMP - Les Mills Studio B			5:00PM-6:00PM (Strength) <i>Shana K.</i>	6:30PM-7:30PM (Strength) <i>Daniel K.</i>		10:00AM-11:00AM (Strength) <i>Daniel K.</i>	
Meditation Studio A			6:30PM-7:00PM (Mind & Body) <i>Staff C.</i>				
Pilates Studio B				8:00AM-8:30AM (Mind & Body) <i>Mo M.</i>			
TRX Studio A				8:45AM-9:45AM (Strength) <i>Monica D.</i>			
AOA Low Impact Gym				9:00AM-10:00AM (Low Impact) <i>Tracey C.</i>			
Balance Gym				10:00AM-10:45AM (Mind & Body) <i>Mo M.</i>			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
AOA Cycle and Circuit Studio B				10:00AM-11:00AM (Low Impact) <i>Jean M.</i>			
AOA Low Impact Studio A				11:00AM-12:00PM (Low Impact) <i>Mo M.</i>			
Cleaver - AOA - Field Trip: Union Station Register				11:00AM-3:00PM (Healthy Living - AOA Special Events)			
Tai Chi - Beginner Studio B				12:00PM-1:00PM (Mind & Body) <i>Monica D.</i>			
Pickleball - Drop In Play Gym				12:00PM-3:00PM (Healthy Living Activity (Member Service)) <i>Staff C.</i>			10:00AM-1:00PM (Healthy Living Activity (Member Service)) <i>Staff C.</i>
Tai Chi - Intermediate Studio B				1:00PM-1:30PM (Mind & Body) <i>Monica D.</i>			
Tai Chi - Advanced Studio B				1:30PM-2:20PM (Mind & Body) <i>Monica D.</i>			
MixedFit Gym				5:30PM-6:30PM (Cardio) <i>Michelle L.</i>			
Swim Lessons Pool				5:30PM-7:30PM (Aquatics Program (Activenet Registration Required)) <i>Staff C.</i>		9:00AM-1:00PM (Aquatics Program (Activenet Registration Required)) <i>Staff C.</i>	
Stretch and Tone Studio A					6:00AM-6:45AM (Hybrid) <i>Mo M.</i>		
Barre Studio A					8:45AM-9:45AM (Strength) <i>Kelly L.</i>		
AOA Chair Yoga Gym					9:00AM-9:50AM (Low Impact) <i>Tracey C.</i>		
Interval Training Studio B					9:45AM-10:45AM (Hybrid) <i>Ebony D.</i>		
Boot Camp Gym						9:00AM-10:00AM (Hybrid) <i>Gary C.</i>	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Cleaver - AOA - SENIOR Prom Register						5:00PM-8:00PM (Healthy Living - AOA Special Events)	
Cleaver - CPRpro - AED/Oxygen/First Aid - BL Register							10:00AM-4:30PM (Aquatics - Trainings)



Paul Henson Family YMCA | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Activity Pool Pool			6:00AM-11:00AM (Aquatics Open Swim) 4:00PM-7:30PM (Aquatics Open Swim)	6:00AM-11:00AM (Aquatics Open Swim) 4:00PM-7:30PM (Aquatics Open Swim)	6:00AM-11:00AM (Aquatics Open Swim)	8:00AM-12:00PM (Aquatics Open Swim)	
Lap Swim Pool			6:00AM-9:30AM (Aquatics Open Swim) 10:20AM-11:00AM (Aquatics Open Swim) 4:00PM-7:30PM (Aquatics Open Swim)	6:00AM-11:00AM (Aquatics Open Swim) 4:00PM-7:30PM (Aquatics Open Swim)	6:00AM-11:00AM (Aquatics Open Swim)	8:00AM-12:00PM (Aquatics Open Swim)	
Free Play Kids Zone			8:30AM-11:30AM (Kid Zone Enrichment) 4:00PM-7:30PM (Kid Zone Enrichment)	8:30AM-11:30AM (Kid Zone Enrichment) 4:00PM-7:30PM (Kid Zone Enrichment)	8:30AM-11:30AM (Kid Zone Enrichment)	9:00AM-12:00PM (Kid Zone Enrichment)	



Linwood Family YMCA | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Muscle Pump Studio B			7:15AM-8:15AM (Strength) <i>Susan T.</i>		7:15AM-7:15AM (Strength) <i>Susan T.</i>		
Activity Pool Lap Lane (Pool)			9:00AM-1:00PM (Aquatics Open Swim) <i>Linwood Y.</i>	9:00AM-1:00PM (Aquatics Open Swim) <i>Linwood Y.</i>	9:00AM-1:00PM (Aquatics Open Swim) <i>Linwood Y.</i>	9:00AM-2:00PM (Aquatics Open Swim) <i>Linwood Y.</i>	
Open Gym Basketball Court (Front Half)			1:00PM-5:00PM (General) <i>Linwood Y.</i>	1:00PM-5:00PM (General) <i>Linwood Y.</i>	1:00PM-5:00PM (General) <i>Linwood Y.</i>	1:00PM-3:00PM (General) <i>Linwood Y.</i>	
Aspire Community Room			3:00PM-6:00PM (Youth And Family Programs) <i>Linwood Y.</i>	3:00PM-6:00PM (Youth And Family Programs) <i>Linwood Y.</i>			
Activity Pool Pool			4:00PM-7:00PM (Aquatics Open Swim) <i>Linwood Y.</i>		4:00PM-6:00PM (Aquatics Open Swim) <i>Linwood Y.</i>		
Martial Arts Studio B			5:30PM-6:30PM (Healthy Living Program (Activenet Registration Required)) <i>Linwood Y.</i>				
Silver Sneakers - Classic Studio B				9:00AM-10:00AM (Low Impact) <i>Nina P.</i> 10:00AM-11:00AM (Low Impact) <i>Nina P.</i>			
Aqua Fit Pool				10:00AM-11:00AM (Water Fitness) <i>Rosemary M.</i>			
Swim Lessons Pool				4:00PM-6:00PM (Aquatics Program (Activenet Registration Required)) <i>Linwood Y.</i>			
Zumba Studio A				5:30PM-6:30PM (Cardio) <i>Susan T.</i>			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Step Studio B				6:45PM-7:45PM (Cardio) <i>LeAnn M.</i>			
Zumba Studio B						9:15AM-10:15AM (Cardio) <i>Susan T.</i>	
Line Dancing Studio B						10:30AM-11:30AM (Cardio) <i>LeAnn M.</i>	
Adult Swim Lessons Pool						11:00AM-12:00PM (Aquatics Program (Activenet Registration Required)) <i>Linwood Y.</i>	



Riverside Community Center | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Total Body Gymnasium			8:00AM-9:00AM (Hybrid) <i>Lori B.</i>		8:00AM-9:00AM (Hybrid) <i>Lori B.</i>		
Tai Chi - Beginner Studio Zen			8:30AM-9:20AM (Mind & Body) <i>Suellen H.</i>	9:00AM-10:00AM (Mind & Body) <i>Terry K.</i>			
Yoga Gymnasium			9:00AM-9:45AM (Mind & Body) <i>Lori B.</i>				
Tai Chi - Intermediate Studio Zen			9:30AM-10:20AM (Mind & Body) <i>Suellen H.</i>	10:00AM-10:50AM (Mind & Body) <i>Terry K.</i>			
Line Dance Gymnasium			10:00AM-11:00AM (Healthy Living Activity (Member Service))	10:00AM-11:00AM (Healthy Living Activity (Member Service))	10:00AM-11:00AM (Healthy Living Activity (Member Service))		
Tai Chi - Advanced Studio Zen			10:30AM-11:00AM (Mind & Body) <i>Suellen H.</i>				
AOA Core Training Gymnasium			11:30AM-12:15PM (Low Impact) <i>Amy L.</i>				
AOA Chair Yoga Studio Zen			12:30PM-1:00PM (Low Impact) <i>Amy L.</i>				
Pickleball - Drop In Play Gymnasium			12:30PM-3:30PM (Healthy Living Activity (Member Service))	12:00PM-5:15PM (Healthy Living Activity (Member Service))	11:30AM-3:30PM (Healthy Living Activity (Member Service))		1:00PM-3:30PM (Healthy Living Activity (Member Service))
Open Gym Gymnasium			3:30PM-6:00PM (General)				
Barre Studio Zen			4:00PM-4:45PM (Strength) <i>Amy L.</i>				
Zumba Gymnasium			6:00PM-7:00PM (Cardio) <i>Dina B.</i>	8:00AM-9:00AM (Cardio) <i>Lori B.</i>			
Yoga Studio Zen				11:00AM-11:30AM (Mind & Body) <i>Amy L.</i>	9:00AM-9:45AM (Mind & Body) <i>Lori B.</i>		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Meditation Studio Zen				11:30AM-12:15PM (Mind & Body) <i>Selina S.</i>			



North KC YMCA | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
NKC YMCA - AOA - Tie Dye Party Register			12:00PM-1:30PM (Healthy Living - AOA Special Events)				
NKC YMCA - Exercise Workshop: Deadlift Register						10:00AM-11:00AM (Healthy Living - Personal Training)	
NKC YMCA - Kids Night Out Register						5:00PM-9:00PM (Kids Night Out)	
NKC YMCA - Triathlon Single Training Program - May 18th Register							2:00PM-3:30PM (Healthy Living - Triathlons)