



School - Wolf Creek | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Wolf Creek Before School - 25-26 Register	6:30AM-8:05AM (Before & After School)	6:30AM-8:05AM (Before & After School)	6:30AM-8:05AM (Before & After School)	6:30AM-8:05AM (Before & After School)	6:30AM-8:05AM (Before & After School)		
Wolf Creek After School - 25-26 Register	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)		



School - Prairie Creek | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Prairie Creek Before School - 25-26 Register	6:30AM-8:05AM (Before & After School)	6:30AM-8:05AM (Before & After School)	6:30AM-8:05AM (Before & After School)	6:30AM-8:05AM (Before & After School)	6:30AM-8:05AM (Before & After School)		
Prairie Creek After School - 25-26 Register	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)		



School - Dayton Creek Elementary | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Dayton Creek Before School - 25-26 Register	6:30AM-8:05AM (Before & After School)	6:30AM-8:05AM (Before & After School)	6:30AM-8:05AM (Before & After School)	6:30AM-8:05AM (Before & After School)	6:30AM-8:05AM (Before & After School)		
Dayton Creek After School - 25-26 Register	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)		



School - Spring Hill | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Spring Hill Before School - 25-26 Register	6:30AM-8:05AM (Before & After School)	6:30AM-8:05AM (Before & After School)	6:30AM-8:05AM (Before & After School)	6:30AM-8:05AM (Before & After School)	6:30AM-8:05AM (Before & After School)		
Spring Hill After School - 25-26 Register	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)		



School - Bluejacket Flint | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Bluejacket Flint Before School - 25-26 Register	7:00AM-8:10AM (Before & After School)	7:00AM-8:10AM (Before & After School)	7:00AM-8:10AM (Before & After School)	7:00AM-8:10AM (Before & After School)	7:00AM-8:10AM (Before & After School)		



School - Crestview | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Crestview Before School - 25-26 Register	7:00AM-8:10AM (Before & After School)	7:00AM-8:10AM (Before & After School)	7:00AM-8:10AM (Before & After School)	7:00AM-8:10AM (Before & After School)	7:00AM-8:10AM (Before & After School)		
Crestview After School - 25-26 Register	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)		



School - Comanche | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Comanche Before School - 25-26 Register	7:00AM-8:10AM (Before & After School)	7:00AM-8:10AM (Before & After School)	7:00AM-8:10AM (Before & After School)	7:00AM-8:10AM (Before & After School)	7:00AM-8:10AM (Before & After School)		
Comanche After School - 25-26 Register	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)		
Comanche - No School Days - 09.12.2025 Register					7:00AM-6:00PM (Youth - Child Care and Education)		



School - Belinder | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Belinder Before School - 25-26 Register	7:00AM-8:10AM (Before & After School)	7:00AM-8:10AM (Before & After School)	7:00AM-8:10AM (Before & After School)	7:00AM-8:10AM (Before & After School)	7:00AM-8:10AM (Before & After School)		
Belinder After School - 25-26 Register	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)		



School - Apache | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Apache Before School - 25-26 Register	7:00AM-8:10AM (Before & After School)	7:00AM-8:10AM (Before & After School)	7:00AM-8:10AM (Before & After School)	7:00AM-8:10AM (Before & After School)	7:00AM-8:10AM (Before & After School)		
Apache After School - 25-26 Register	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)		



School - Tonganoxie Elementary | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Tonganoxie Before School - 25-26 Register	7:00AM-8:00AM (Before & After School)	7:00AM-8:00AM (Before & After School)	7:00AM-8:00AM (Before & After School)	7:00AM-8:00AM (Before & After School)	7:00AM-8:00AM (Before & After School)		
Tonganoxie After School - 25-26 Register	3:00PM-6:00PM (Before & After School)	3:00PM-6:00PM (Before & After School)	3:00PM-6:00PM (Before & After School)	3:00PM-6:00PM (Before & After School)	3:00PM-6:00PM (Before & After School)		



School - Morse | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morse Before School - 25-26 Register	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)		



School - Sunset Ridge | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Sunset Ridge Before School - 25-26 Register	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)		



School - Oak Grove Elementary | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Oak Grove Before School - 25-26 Register	7:00AM-8:30AM (Before & After School)	7:00AM-8:30AM (Before & After School)	7:00AM-8:30AM (Before & After School)	7:00AM-8:30AM (Before & After School)	7:00AM-8:30AM (Before & After School)		
Oak Grove After School - 25-26 Register	3:00PM-6:00PM (Before & After School)	3:00PM-6:00PM (Before & After School)	3:00PM-6:00PM (Before & After School)	3:00PM-6:00PM (Before & After School)	3:00PM-6:00PM (Before & After School)		



School - Stanley | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Stanley Before School - 25-26 Register	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)		
Stanley After School - 25-26 Register	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)		



School - Overland Trail | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Overland Trail Before School - 25-26 Register	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)		
Overland Trail After School - 25-26 Register	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)		



School - Cottonwood Point | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Cottonwood Point Before School - 25-26 Register	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)		



School - Liberty View | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Liberty View Before School - 25-26 Register	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)		
Liberty View After School - 25-26 Register	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)		



School - Aspen Grove Elementary | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Aspen Grove Before School - 25-26 Register	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)		



School - Lakewood | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lakewood Before School - 25-26 Register	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)		
Lakewood After School - 25-26 Register	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)		



School - Leawood | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Leawood Before School - 25-26 Register	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)		
Leawood After School - 25-26 Register	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)		



School - Heartland | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Heartland Before School - 25-26 Register	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)	7:00AM-8:45AM (Before & After School)		
Heartland After School - 25-26 Register	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)		



School - Midland Trail Elementary | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Midland Trail After School - 25-26 Register	3:00PM-6:00PM (Before & After School)	3:00PM-6:00PM (Before & After School)	3:00PM-6:00PM (Before & After School)	3:00PM-6:00PM (Before & After School)	3:00PM-6:00PM (Before & After School)		



School - Junction Elementary | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Junction Elementary After School - 25-26 Register	3:00PM-6:00PM (Before & After School)	3:00PM-6:00PM (Before & After School)	3:00PM-6:00PM (Before & After School)	3:00PM-6:00PM (Before & After School)	3:00PM-6:00PM (Before & After School)		



School - Christa McAuliffe | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Christa McAuliffe After School - 25-26 Register	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)		



School - Timber Sage | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Timber Sage After School - 25-26 Register	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)	3:10PM-6:00PM (Before & After School)		



School - Mission Trail | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Mission Trail After School - 25-26 Register	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)		



School - Valley Park | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Valley Park After School - 25-26 Register	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)		



School - Indian Valley | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Indian Valley After School - 25-26 Register	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)	3:50PM-6:00PM (Before & After School)		



Kirk Family YMCA | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim Pool				5:00AM-1:00PM (Aquatics Open Swim) 4:00PM-7:30PM (Aquatics Open Swim)	5:00AM-1:00PM (Aquatics Open Swim) 4:00PM-6:30PM (Aquatics Open Swim)	8:00AM-3:00PM (Aquatics Open Swim)	4:00PM-7:30PM (Aquatics Open Swim)
Hot Tub Pool				5:00AM-1:00PM (Aquatics Open Swim) 4:00PM-7:30PM (Aquatics Open Swim)	5:00AM-1:00PM (Aquatics Open Swim) 4:00PM-6:30PM (Aquatics Open Swim)	8:00AM-3:00PM (Aquatics Open Swim)	4:00PM-7:30PM (Aquatics Open Swim)
Kid Zone - Open Hours Kids Zone				4:00PM-7:30PM (General)	9:00AM-1:00PM (General)	9:00AM-12:00PM (General)	
Activity Pool Pool				4:00PM-7:30PM (Aquatics Open Swim)	5:00AM-1:00PM (Aquatics Open Swim) 4:00PM-6:30PM (Aquatics Open Swim)	8:00AM-3:00PM (Aquatics Open Swim)	
Sauna/Steam Room Pool				4:00PM-7:30PM (Aquatics Open Swim)	5:00AM-1:00PM (Aquatics Open Swim) 4:00PM-7:30PM (Aquatics Open Swim)	8:00AM-3:00PM (Aquatics Open Swim)	8:00AM-3:00PM (Aquatics Open Swim)
BODYPUMP - Les Mills Studio B				4:30PM-5:20PM (Strength) <i>Mark V.</i>	5:30AM-6:15AM (Strength) <i>Kenna C.</i> 12:00PM-12:30PM (Strength) <i>Heather T.</i>	9:00AM-9:55AM (Strength) <i>Hannah R.</i>	1:00PM-1:55PM (Strength) <i>Hannah R.</i>
Pilates Studio A				5:30PM-6:00PM (Mind & Body) <i>Emily C.</i>		8:15AM-9:00AM (Mind & Body) <i>Emily C.</i>	
SPRINT - Les Mills (Cycle) Spin Studio				5:30PM-6:00PM (Cardio) <i>Mark V.</i>	6:30AM-7:00AM (Cardio) <i>Kenna C.</i>	8:20AM-8:50AM (Cardio) <i>Sierra R.</i>	10:30AM-11:00AM (Cardio) <i>Rhiannon A.</i>
Aqua Fit Pool				5:30PM-6:30PM (Water Fitness) <i>Craig S.</i>	10:00AM-11:00AM (Water Fitness) <i>Lisa R.</i>	10:00AM-11:00AM (Water Fitness) <i>Craig S.</i>	
Yoga Flow Studio A				6:15PM-7:00PM (Mind & Body) <i>Emily C.</i>	10:30AM-11:15AM (Mind & Body) <i>Brittney B.</i>		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
TRX Studio B				6:15PM-7:00PM (Strength) <i>Brandon L.</i>			
High Fitness Studio A					9:30AM-10:30AM (Cardio) <i>Lesley T.</i>		
Swim Lessons Pool						9:00AM-1:15PM (Aquatics Program (Activenet Registration Required))	
Kirk Family YMCA - Adult Swim Lessons - Beginner Register						9:00AM-9:45AM (Adult Swim Lessons)	
Yoga Studio A						9:15AM-10:00AM (Mind & Body) <i>Emily C.</i>	
BODYCOMBAT - Les Mills Studio B						10:00AM-10:55AM (Cardio) <i>Hannah R.</i>	
Kirk Family YMCA - Stroke Introduction - Youth Register						10:00AM-10:45AM (Stroke Introduction) 12:30PM-1:15PM (Stroke Introduction)	
Kirk Family YMCA - Stroke Development - Youth Register						10:00AM-10:45AM (Stroke Development) 12:30PM-1:15PM (Stroke Development)	
Kirk Family YMCA - Water Discovery/Exploration Parent/Child Register						10:00AM-10:30AM (Water Discovery)	
Kirk Family YMCA - Water Stamina - Preschool Register						10:55AM-11:25AM (Water Stamina)	
Kirk Family YMCA - Water Movement - Preschool Register						10:55AM-11:25AM (Water Movement)	
Kirk Family YMCA - Water Acclimation - Preschool Register						10:55AM-11:30AM (Water Acclimation)	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Kirk Family YMCA - Water Movement - Youth Register						11:40AM-12:25PM (Water Movement)	
Kirk Family YMCA - Water Stamina - Youth Register						11:40AM-12:25PM (Water Stamina)	
Kirk Family YMCA - Water Acclimation - Youth Register						11:40AM-12:25PM (Water Acclimation)	
Kirk Family YMCA - Stroke Mechanics - Youth Register						12:30PM-1:15PM (Stroke Mechanics)	
Yoga Studio B							11:30AM-12:30PM (Mind & Body) <i>Robert A.</i>
MixxedFit Studio A							2:00PM-2:50PM (Cardio) <i>Keonya C.</i>



Platte County Community Center North | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Gym Gymnasium				5:00AM-9:00PM (General)	5:00AM-7:30PM (General)	7:30AM-5:00PM (General)	10:00AM-4:00PM (General)
Pickleball - Drop In Play Gymnasium (South Court)				12:00PM-3:00PM (Healthy Living Activity (Member Service))			
YMCA 360 - Choreographed Cardio Studio A (Virtual Y360)				3:00PM-3:50PM (YMCA 360 (Virtual Class Offerings)) Y 3.			1:00PM-1:50PM (YMCA 360 (Virtual Class Offerings)) Y 3.
Sauna/Steam Room Sauna/Steam Room				3:00PM-8:30PM (Aquatics Open Swim)	6:00AM-1:00PM (Aquatics Open Swim) 3:00PM-7:00PM (Aquatics Open Swim)	7:30AM-4:00PM (Aquatics Open Swim)	
Activity Pool Activity Pool				3:00PM-8:30PM (Aquatics Open Swim)	6:00AM-1:00PM (Aquatics Open Swim) 3:00PM-7:00PM (Aquatics Open Swim)	7:30AM-4:00PM (Aquatics Open Swim)	10:00AM-3:00PM (Aquatics Open Swim)
Lap Swim Competition Pool				3:00PM-8:30PM (Aquatics Open Swim)	6:00AM-8:00AM (Aquatics Open Swim) 8:30AM-10:30AM (Aquatics Open Swim) 3:00PM-4:30PM (Aquatics Open Swim)	7:30AM-3:00PM (Aquatics Open Swim)	10:00AM-3:00PM (Aquatics Open Swim)
YMCA 360 - Interval/Circuit Studio A (Virtual Y360)				4:00PM-4:50PM (YMCA 360 (Virtual Class Offerings)) Y 3.	4:00PM-4:50PM (YMCA 360 (Virtual Class Offerings)) YMCA 3.	2:00PM-2:50PM (YMCA 360 (Virtual Class Offerings)) Y 3.	2:00PM-2:50PM (YMCA 360 (Virtual Class Offerings)) Y 3.
Kid Zone - Open Hours Kid Zone				4:30PM-8:00PM (General)	8:00AM-12:00PM (General) 8:00AM-12:00PM (General)	8:00AM-12:00PM (General)	
TRX and Stretch Studio A (Face-to-Face)				5:30PM-6:20PM (Hybrid) Christy S.			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lazy River Lazy River				5:30PM-8:30PM (Aquatics Open Swim)	6:00AM-1:00PM (Aquatics Open Swim) 3:00PM-7:00PM (Aquatics Open Swim)	7:30AM-4:00PM (Aquatics Open Swim)	10:00AM-3:00PM (Aquatics Open Swim)
Music and Game Time Kid Zone				6:00PM-6:30PM (Kid Zone Enrichment)			
Cycle Studio A (Face-to-Face)					5:15AM-6:05AM (Cardio) <i>Kristian A.</i>		
YMCA 360 - Strength Studio A (Virtual Y360)					7:00AM-7:50AM (YMCA 360 (Virtual Class Offerings)) Y 3.	1:00PM-1:50PM (YMCA 360 (Virtual Class Offerings)) Y 3.	
YMCA 360 - Cardio Studio A (Virtual Y360)					8:00AM-8:50AM (YMCA 360 (Virtual Class Offerings)) Y 3. 3:00PM-3:50PM (YMCA 360 (Virtual Class Offerings)) Y 3.		11:00AM-11:50AM (YMCA 360 (Virtual Class Offerings)) Y 3.
Group Exercise Gymnasium (South Court)					9:00AM-9:50AM (Healthy Living Activity (Member Service))		
Boot Camp Gymnasium					9:00AM-9:50AM (Hybrid) <i>Devon M.</i>		
Enhance Fitness Studio A (Face-to-Face)					9:00AM-10:00AM (Low Impact) <i>Christel F.</i>		
Barre Intensity Studio B					9:00AM-9:50AM (Strength) <i>Kylie M.</i>		
Story Time Kid Zone					9:30AM-10:00AM (Kid Zone Enrichment)	10:00AM-10:30AM (Kid Zone Enrichment)	
Free Play Kid Zone					10:00AM-10:30AM (Kid Zone Enrichment)		
Yoga Studio B					10:00AM-11:00AM (Mind & Body) <i>Shelli B.</i>		
Aqua Yoga Activity Pool					10:15AM-11:00AM (Water Fitness) <i>Gayla K.</i>		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Aqua Burn Activity Pool					11:15AM-12:00PM (Water Fitness) <i>Devon M.</i>		
AOA Chair Yoga Studio B					11:15AM-12:00PM (Low Impact) <i>Shellie B.</i>		
YMCA 360 - AOA Studio A (Virtual Y360)					12:15PM-1:05PM (YMCA 360 (Virtual Class Offerings)) Y 3.	11:00AM-11:50AM (YMCA 360 (Virtual Class Offerings)) Y 3.	
BODYPUMP - Les Mills Studio A (Face-to-Face)						8:30AM-9:30AM (Strength) <i>Susan Q.</i>	
Aqua Tabata Lazy River						9:00AM-9:45AM (Water Fitness) <i>Kylie M.</i>	
Cardio Dance Studio A (Face-to-Face)						10:00AM-10:50AM (Cardio) <i>Starla B.</i>	
Martial Arts - Aikido Gymnasium (South Court)						10:00AM-11:30AM (Healthy Living Program (Activenet Registration Required))	
BODYBALANCE - Les Mills Studio B						10:00AM-11:00AM (Mind & Body) <i>Susan Q.</i>	



Olathe Family YMCA | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Aqua Water Confidence Lap Pool				6:15AM-7:00PM (Water Fitness) <i>Jeremy G.</i>			
Lap Swim Lap Pool				7:00AM-5:30PM (Aquatics Open Swim) 7:00PM-7:30PM (Aquatics Open Swim)	6:00AM-1:00PM (Aquatics Open Swim) 4:00PM-6:30PM (Aquatics Open Swim)	8:30AM-3:30PM (Aquatics Open Swim)	10:30AM-3:30PM (Aquatics Open Swim)
Activity Pool Activity Pool				9:00AM-7:30PM (Aquatics Open Swim)	6:00AM-8:30AM (Aquatics Open Swim) 10:15AM-1:00PM (Aquatics Open Swim) 4:00PM-6:30PM (Aquatics Open Swim)	8:30AM-9:45AM (Aquatics Open Swim) 12:00PM-3:00PM (Aquatics Open Swim)	10:30AM-3:30PM (Aquatics Open Swim)
Swim Lessons Activity Pool				4:00PM-7:30PM (Aquatics Program (Activenet Registration Required))		9:45AM-12:00PM (Aquatics Program (Activenet Registration Required))	
Enrichment Time Kidszone				4:30PM-7:30PM (Kid Zone Enrichment)	8:30AM-12:00PM (Kid Zone Enrichment)	9:00AM-12:00PM (Kid Zone Enrichment)	
Yoga Studio C				5:00PM-5:50PM (Mind & Body) <i>Mary G.</i>			
Tread Fitness floor				5:30PM-6:00PM (Cardio) <i>Kayla C.</i>			
Swim Club Lap Pool				5:30PM-7:00PM (Aquatics Program (Activenet Registration Required))			
Zumba Studio C				6:00PM-6:50PM (Cardio) <i>Candice W.</i>			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Cycle Spin Studio					5:15AM-6:00AM (Cardio) <i>Amber H.</i> 10:00AM-10:50AM (Cardio) <i>Michelle L.</i>	8:05AM-8:55AM (Cardio) <i>Steve B.</i>	
Aqua WAVES Activity Pool					8:30AM-9:15AM (Water Fitness) <i>Juanita R.</i> 9:30AM-10:15AM (Water Fitness) <i>Juanita R.</i>		
Flexibility Studio C					8:30AM-8:55AM (Mind & Body) <i>Michelle L.</i>		
Tabata Studio A					9:00AM-9:50AM (Cardio) <i>Amber H.</i>		
Tread and Shred Fitness floor					9:00AM-9:50AM (Hybrid) <i>Shauna S.</i>		
Pop Dance Studio C					9:00AM-9:50AM (Cardio) <i>Michelle L.</i>		
Yoga Sculpt Studio C					10:00AM-10:50AM (Mind & Body) <i>Kim S.</i>		
Silver Sneakers - Classic Studio C					11:00AM-11:50AM (Low Impact) <i>Michelle L.</i>		
Line Dancing Studio C					12:00PM-12:50PM (Cardio) <i>Connie G.</i>		
BODYCOMBAT - Les Mills Studio C						9:00AM-9:50AM (Cardio) <i>Michelle L.</i>	
Boot Camp Fitness floor						9:00AM-9:50AM (Hybrid) <i>Amber H.</i>	
BODYPUMP - Les Mills Studio C						10:00AM-10:50AM (Strength) <i>Michelle L.</i>	
Pop Pilates Studio A						10:00AM-10:50AM (Hybrid) <i>Elly O.</i>	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Enhance Fitness Studio C						11:00AM-11:50AM (Low Impact) <i>Ashley G.</i>	
Yoga Studio A						11:15AM-12:05PM (Mind & Body) <i>Mary G.</i>	



Platte County Community Center South | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pickleball - Drop In Play Gymnasium				12:00PM-3:00PM (Healthy Living Activity (Member Service))	12:00PM-3:00PM (Healthy Living Activity (Member Service))	8:00AM-10:00AM (Healthy Living Activity (Member Service))	
Open Gym Gymnasium				3:00PM-8:50PM (General)	5:00AM-7:00AM (General) 9:00AM-12:00PM (General) 3:00PM-7:20PM (General)	7:30AM-4:50PM (General)	9:00AM-3:50PM (General)
Lap Swim Lap Pool				4:00PM-8:30PM (Aquatics Open Swim)	6:00AM-1:00PM (Aquatics Open Swim) 4:00PM-7:00PM (Aquatics Open Swim)	7:30AM-2:00PM (Aquatics Open Swim)	9:00AM-3:30PM (Aquatics Open Swim)
Activity Pool Activity Pool				4:00PM-8:30PM (Aquatics Open Swim)	6:00AM-1:00PM (Aquatics Open Swim) 4:00PM-7:00PM (Aquatics Open Swim)	7:30AM-4:30PM (Aquatics Open Swim)	9:00AM-3:30PM (Aquatics Open Swim)
Free Play Kids Zone				4:30PM-8:00PM (Kid Zone Enrichment)	8:00AM-12:00PM (Kid Zone Enrichment)	8:00AM-12:00PM (Kid Zone Enrichment)	
Aqua Fit Activity Pool				5:30PM-6:30PM (Water Fitness) <i>Jacqueline T.</i>	8:30AM-9:30AM (Water Fitness) <i>Jacqueline T.</i>	8:00AM-9:00AM (Water Fitness) <i>Emily S.</i>	
BODYPUMP - Les Mills Studio C				5:30PM-6:20PM (Strength) <i>Melissa H.</i>	9:30AM-10:20AM (Strength) <i>Marla Z.</i>	8:15AM-9:05AM (Strength) <i>Kim H.</i>	10:00AM-10:50AM (Strength) <i>Adriane L.</i>
Pilates Studio B				5:30PM-6:30PM (Mind & Body) <i>Kerri M.</i>	9:30AM-10:30AM (Mind & Body) <i>Cristina B.</i>		
CORE - Les Mills Studio C				6:25PM-6:55PM (Strength) <i>Melissa H.</i>		9:15AM-9:45AM (Strength) <i>Kim H.</i>	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
BODYBALANCE - Les Mills Studio B					5:30AM-6:30AM (Mind & Body) <i>Adriane L.</i> 10:45AM-11:45AM (Mind & Body) <i>Kerri M.</i>	8:15AM-9:15AM (Mind & Body) <i>Kerri M.</i>	
Volleyball - Beach Ball Gymnasium					7:00AM-9:00AM (Healthy Living Activity (Member Service))		
Step Studio A					8:15AM-9:15AM (Cardio) <i>Kelly H.</i>	8:25AM-9:15AM (Cardio) <i>Beth T.</i>	
Enhance Fitness Studio C					8:15AM-9:15AM (Low Impact) <i>Cristina B.</i>		
SPRINT - Les Mills (Cycle) cycle studio					8:30AM-9:00AM (Cardio) <i>Adriane L.</i>		
Aqua Zumba Activity Pool					9:30AM-10:30AM (Water Fitness) <i>Kelly H.</i>		
Barre Bootcamp Studio A					9:30AM-10:30AM (Strength) <i>Brooke W.</i>		
RPM - Les Mills (Cycle) cycle studio					9:30AM-10:15AM (Cardio) <i>Ashley V.</i>	8:30AM-9:15AM (Cardio) <i>Adriane L.</i>	9:30AM-10:15AM (Cardio) <i>Kim H.</i>
Core Studio C					10:25AM-11:00AM (Strength) <i>Marla Z.</i>		
Strength Studio A					10:45AM-11:15AM (Strength) <i>Kelly H.</i>		
Brainsavers Studio C					11:15AM-12:15PM (Low Impact) <i>Cristina B.</i>		
Cardio Dance Studio A					11:15AM-11:45AM (Cardio) <i>Kelly H.</i>		
Silver Sneakers - Classic Studio A					12:30PM-1:30PM (Low Impact) <i>Kerri M.</i>		
Tai Chi - Intermediate Studio B					1:00PM-1:45PM (Mind & Body) <i>Suellen H.</i>		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Restorative Chair Exercises Studio B					2:00PM-2:45PM (Low Impact) <i>Suellen H.</i>		
PCCCS - AOA Field Trip - The Rabbit Hole/Chappell's Register					5:00PM-9:00PM (Healthy Living - AOA Special Events)		
BODYATTACK - Les Mills Studio A						7:35AM-8:20AM (Cardio) <i>Feruzza C.</i>	
Martial Arts -Takeodo Studio A						9:30AM-10:20AM (Healthy Living Program (Activenet Registration Required)) <i>Charlie P.</i> 10:30AM-11:20AM (Healthy Living Program (Activenet Registration Required)) <i>Charlie P.</i>	
High Yo Studio B						9:30AM-10:30AM (Hybrid) <i>Brooke W.</i>	
PCCCS - AOA - Annual Block Party Register						10:00AM-1:00PM (Healthy Living - AOA Special Events)	
Diving Board - OPEN Lap Pool						2:15PM-4:30PM (Aquatics Activity (Member Service))	
BODYBALANCE - Les Mills Studio C							11:00AM-12:00PM (Mind & Body) <i>Adriane L.</i>



Cleaver Family YMCA | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pickleball - Drop In Play Gym				12:00PM-3:00PM (Healthy Living Activity (Member Service)) <i>Staff C.</i>			10:00AM-1:00PM (Healthy Living Activity (Member Service)) <i>Staff C.</i>
Activity Pool Pool				4:00PM-5:30PM (Aquatics Open Swim) <i>Staff C.</i>	6:00AM-7:45AM (Aquatics Open Swim) <i>Staff C.</i> 8:00AM-6:30PM (Aquatics Open Swim) <i>Staff C.</i>	8:00AM-9:00AM (Aquatics Open Swim) <i>Staff C.</i> 1:00PM-3:30PM (Aquatics Open Swim) <i>Staff C.</i>	10:00AM-2:30PM (Aquatics Open Swim) <i>Staff C.</i>
Swim Lessons Pool				5:30PM-7:30PM (Aquatics Program (Activenet Registration Required)) <i>Staff C.</i>		9:00AM-1:00PM (Aquatics Program (Activenet Registration Required)) <i>Staff C.</i>	
MixedFit Gym				5:30PM-6:30PM (Cardio) <i>Taylor G.</i>			
Cycle Studio B				5:30PM-6:30PM (Cardio) <i>Gary C.</i>	5:30AM-6:30AM (Cardio) <i>Sierra R.</i>		
Strength Studio B				6:30PM-7:30PM (Strength) <i>Celina C.</i>			
Pilates Studio A					6:00AM-7:00AM (Mind & Body) <i>Mo M.</i> 10:00AM-10:50AM (Mind & Body) <i>Tracey C.</i>		
Lifeguard Break Pool					7:45AM-8:00AM (General) <i>Staff C.</i>		
Yoga Studio B					8:00AM-8:50AM (Mind & Body) <i>Tracey C.</i>	11:00AM-12:00PM (Mind & Body) <i>Jean M.</i> 12:00PM-1:00PM (Mind & Body) <i>Jean M.</i>	12:30PM-1:30PM (Mind & Body) <i>Jean M.</i>

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Aqua Fit Pool					8:15AM-9:00AM (Water Fitness) <i>Staff C.</i> 9:30AM-10:20AM (Water Fitness) <i>Staff C.</i> 11:00AM-11:45AM (Water Fitness) <i>Staff C.</i>	8:15AM-9:00AM (Water Fitness) <i>Roy C.</i>	
Barre Studio A					8:45AM-9:45AM (Strength) <i>Kelly L.</i>		
AOA Chair Yoga Gym					9:00AM-9:50AM (Low Impact) <i>Tracey C.</i>		
Interval Training Studio B					9:45AM-10:45AM (Hybrid) <i>Ebony D.</i>		
Silver Sneakers - Circuit Gym					10:15AM-11:15AM (Low Impact) <i>Carolyn A.</i>		
AOA Low Impact Studio B					12:30PM-1:30PM (Low Impact) <i>Ebony D.</i>		
Boot Camp Gym						9:00AM-10:00AM (Hybrid) <i>Gary C.</i>	
Cleaver - Swim Conditioning II - Youth Register						9:15AM-10:00AM (Aquatics - Swim Lessons)	
Cleaver - Water Acclimation - Preschool Register						9:40AM-10:15AM (Water Acclimation)	
Cleaver - Water Movement - Preschool Register						9:40AM-10:15AM (Water Movement)	
Cleaver - Water Stamina - Preschool Register						9:40AM-10:15AM (Water Stamina)	
BODYPUMP - Les Mills Studio B						10:00AM-11:00AM (Strength) <i>Lauren C.</i>	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Cleaver - Stroke Introduction - Preschool Register						10:25AM-11:00AM (Stroke Introduction)	
Cleaver - Water Movement - Youth Register						10:25AM-11:00AM (Water Movement)	
Cleaver - Water Stamina - Youth Register						10:25AM-11:00AM (Water Stamina)	
Cleaver - Swim Conditioning I - Youth Register						11:10AM-11:45AM (Aquatics - Swim Lessons)	
Cleaver - Stroke Introduction - Youth Register						11:10AM-11:55AM (Stroke Introduction)	
Cleaver - Stroke Development - Youth Register						11:10AM-11:55AM (Stroke Development)	
Silver Sneakers - Circuit Studio B						2:30PM-3:30PM (Low Impact) <i>Staff C.</i>	



Providence Family YMCA | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Meditation Group Ex Studio				2:00PM-3:00PM (Mind & Body) <i>Tom W.</i>			
Lap Swim Lap Lanes in Pool				4:00PM-7:30PM (Aquatics Open Swim)	5:00AM-8:00AM (Aquatics Open Swim) 11:00AM-1:00PM (Aquatics Open Swim) 4:00PM-6:30PM (Aquatics Open Swim)	9:00AM-3:30PM (Aquatics Open Swim)	10:00AM-3:30PM (Aquatics Open Swim)
Activity Pool Pool				4:00PM-7:30PM (Aquatics Open Swim)	5:00AM-8:00AM (Aquatics Open Swim) 11:00AM-1:00PM (Aquatics Open Swim) 4:00PM-6:30PM (Aquatics Open Swim)	9:00AM-3:30PM (Aquatics Open Swim)	10:00AM-3:30PM (Aquatics Open Swim)
Swim Lessons Pool-Instructor Reserved Space				5:30PM-7:30PM (Aquatics Program (Activenet Registration Required))		9:30AM-12:30PM (Aquatics Program (Activenet Registration Required))	
BODYPUMP - Les Mills Group Ex Studio				5:30PM-6:30PM (Strength) <i>Erin C.</i>		9:00AM-10:00AM (Strength) <i>Cassandra L.</i>	
Step Group Ex Studio				6:30PM-7:30PM (Cardio) <i>Katrena R.</i>		10:30AM-11:20AM (Cardio) <i>Katrena R.</i>	
Aqua Fit Pool					8:00AM-9:00AM (Water Fitness) <i>Sallie C.</i> 9:00AM-10:00AM (Water Fitness) <i>Robin C.</i>		
Kickboxing with Bags Group Ex Studio					9:30AM-10:20PM (Cardio) <i>Nicole R.</i>		
Yoga Wellness Studio					10:00AM-10:50AM (Mind & Body) <i>Sallie C.</i>		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Aqua Core and Flexibility Pool					10:00AM-11:00AM (Water Fitness) <i>Robin C.</i>		
Enhance Fitness Gymnasium					10:30AM-11:30AM (Low Impact) <i>Wayland P.</i>		
Pickleball - Drop In Play Gymnasium					12:30PM-2:30PM (Healthy Living Activity (Member Service))		
Aqua Fit Pool-Instructor Reserved Space						8:00AM-9:00AM (Water Fitness) <i>Sallie C.</i>	
Adult Swim Lessons Pool-Instructor Reserved Space						9:00AM-9:30AM (Aquatics Program (Activenet Registration Required))	
Kempo for Kids Wellness Studio						10:30AM-11:15AM (Hybrid) <i>Tom W.</i>	
Tai Chi - Intermediate Group Ex Studio						12:00PM-1:00PM (Mind & Body) <i>Tom W.</i>	
Boot Camp Gymnasium							10:30AM-11:20AM (Hybrid) <i>Tracy O.</i>



Linwood Family YMCA | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Aspire Community Room				3:00PM-6:00PM (Youth And Family Programs) <i>Linwood Y.</i>			
Swim Lessons Pool				4:00PM-6:00PM (Aquatics Program (Activenet Registration Required)) <i>Linwood Y.</i>			
Zumba Studio A				5:30PM-6:30PM (Cardio) <i>Susan T.</i>			
Step Studio B				6:45PM-7:45PM (Cardio) <i>LeAnn M.</i>			
Muscle Pump Studio B					7:15AM-7:15AM (Strength) <i>Susan T.</i>		
Activity Pool Lap Lane (Pool)					9:00AM-1:00PM (Aquatics Open Swim) <i>Linwood Y.</i>	9:00AM-2:00PM (Aquatics Open Swim) <i>Linwood Y.</i>	
Activity Pool Pool					4:00PM-6:00PM (Aquatics Open Swim) <i>Linwood Y.</i>		
Linwood - Tween Night - Ages 11-13 Register					5:00PM-8:00PM (Youth - Special Events)		
Zumba Studio B						9:15AM-10:15AM (Cardio) <i>Susan T.</i>	
Line Dancing Studio B						10:30AM-11:30AM (Cardio) <i>LeAnn M.</i>	
Adult Swim Lessons Pool						11:00AM-12:00PM (Aquatics Program (Activenet Registration Required)) <i>Linwood Y.</i>	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Gym Basketball Court (Front Half)						1:00PM-3:00PM (General) <i>Linwood Y.</i>	



Riverside Community Center | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pickleball - Drop In Play Gymnasium				3:30PM-5:15PM (Healthy Living Activity (Member Service))	11:30AM-3:30PM (Healthy Living Activity (Member Service))		1:00PM-3:30PM (Healthy Living Activity (Member Service))
Total Body Gymnasium					8:00AM-9:00AM (Hybrid) <i>Lori B.</i>		
Yoga Studio Zen					9:00AM-9:45AM (Mind & Body) <i>Lori B.</i>		
Line Dance Gymnasium					10:00AM-11:00AM (Healthy Living Activity (Member Service))		



Atchison Family YMCA | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Activity Pool Wellness Pool				4:00PM-7:30PM (Aquatics Open Swim)	4:00PM-6:30PM (Aquatics Open Swim)	8:00AM-1:00PM (Aquatics Open Swim)	1:00PM-3:00PM (Aquatics Open Swim)
Kid Zone - Open Hours KidZone				4:00PM-7:00PM (General)	8:00AM-11:00AM (General) 4:00PM-7:00PM (General)	8:00AM-11:00AM (General)	
Lap Swim Pool				4:00PM-7:30PM (Aquatics Open Swim)	4:30AM-1:00PM (Aquatics Open Swim) 4:00PM-6:30PM (Aquatics Open Swim)	8:00AM-1:00PM (Aquatics Open Swim)	1:00PM-3:00PM (Aquatics Open Swim)
BODYPUMP - Les Mills Studio B				5:00PM-6:00PM (Strength) <i>Donna N.</i>		9:00AM-10:00AM (Strength) <i>Nichole H.</i>	
Atchison - Gymnastics - Parent-Tot Register				5:00PM-5:30PM (Healthy Living - Tumbling & Gymnastics)			
Facility Rental - Space Closed to Members Studio A				6:15PM-8:30PM (General)			
SHiNE Studio A					5:00AM-6:00AM (Cardio) <i>Nichole H.</i>		
Circuit Training Studio B					5:15AM-6:15AM (Hybrid) <i>Rebecca L.</i>		
Aqua Strength & Cardio Pool					8:00AM-9:00AM (Water Fitness) <i>Hillari H.</i>		
Aqua Joints In Motion Pool					9:00AM-10:00AM (Water Fitness) <i>Hillari H.</i>		
Enhance Fitness Studio B					10:30AM-11:30AM (Low Impact) <i>Sharon B.</i>		
Strength and Conditioning Studio B					5:30PM-6:30PM (Hybrid) <i>Caressa S.</i>		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
SHiNE Studio B						8:00AM-9:00AM (Cardio) <i>Nichole H.</i>	
Kid Zone - Closed KidZone							12:00PM-4:00PM (General)



Paul Henson Family YMCA | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Activity Pool Pool				4:00PM-7:30PM (Aquatics Open Swim)	6:00AM-11:00AM (Aquatics Open Swim)	8:00AM-12:00PM (Aquatics Open Swim)	
Lap Swim Pool				4:00PM-7:30PM (Aquatics Open Swim)	6:00AM-11:00AM (Aquatics Open Swim)	8:00AM-12:00PM (Aquatics Open Swim)	
Free Play Kids Zone				4:00PM-7:30PM (Kid Zone Enrichment)	8:30AM-11:30AM (Kid Zone Enrichment)	9:00AM-12:00PM (Kid Zone Enrichment)	



Bonner Springs Family YMCA | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim Lap Pool				4:00PM-7:30PM (Aquatics Open Swim)	5:00AM-1:00PM (Aquatics Open Swim) 4:00PM-6:30PM (Aquatics Open Swim)	7:00AM-4:30PM (Aquatics Open Swim)	10:00AM-4:30PM (Aquatics Open Swim)
Activity Pool Activity Pool				4:00PM-7:30PM (Aquatics Open Swim)	5:00AM-1:00PM (Aquatics Open Swim) 4:00PM-6:30PM (Aquatics Open Swim)	7:00AM-4:30PM (Aquatics Open Swim)	10:00AM-4:30PM (Aquatics Open Swim)
Swim Lessons Reserved Instructor Space in Activity Pool				4:05PM-7:30PM (Aquatics Program (Activenet Registration Required))		8:15AM-12:00PM (Aquatics Program (Activenet Registration Required))	
Tabata Group Ex Studio				4:30PM-5:00PM (Cardio) <i>Katie B.</i>			
Lap Swim Reduced lanes available.				5:30PM-7:00PM (Aquatics Open Swim)			
Swim Club Reserved Lanes in Lap Pool				5:30PM-7:00PM (Aquatics Program (Activenet Registration Required))			
Cycle Group Ex Studio				5:30PM-6:00PM (Cardio) <i>LeAnn J.</i>			
Core Group Ex Studio				6:00PM-6:30PM (Strength) <i>LeAnn J.</i>			
Boot Camp Group Ex Studio					5:15AM-5:45AM (Hybrid) <i>Pam R.</i>		
Yoga Group Ex Studio					5:45AM-6:15AM (Mind & Body) <i>Pam R.</i> 5:15PM-6:15PM (Mind & Body) <i>Emily N.</i>	9:30AM-10:30AM (Mind & Body) <i>Emily N.</i>	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Aqua Fit Activity Pool					6:30AM-7:30AM (Water Fitness) <i>Peg B.</i> 8:30AM-9:30AM (Water Fitness) <i>Peg B.</i>		
Enhance Fitness Classroom B					8:00AM-9:00AM (Low Impact) <i>LeAnn J.</i>		
Running Club Welcome Center					8:45AM-9:30AM (Healthy Living Activity (Member Service)) <i>Jim M.</i>		
BODYCOMBAT - Les Mills Group Ex Studio					9:30AM-10:30AM (Cardio) <i>Becca N.</i>		
BODYPUMP - Les Mills Group Ex Studio						7:15AM-8:15AM (Strength) <i>April L.</i>	
Cycle and Run Group Ex Studio						8:30AM-9:30AM (Cardio) <i>LeAnn J.</i>	
Martial Arts - Taekwondo (Bonner) Classroom B						9:30AM-12:00PM (Healthy Living Program (Activenet Registration Required)) <i>Mark P.</i>	
Diving Board - OPEN Diving Board							10:00AM-4:30PM (Aquatics Activity (Member Service))



North Kansas City YMCA | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Activity Pool Pool				4:00PM-7:30PM (Aquatics Open Swim)	5:00AM-1:00PM (Aquatics Open Swim) 4:00PM-6:30PM (Aquatics Open Swim)	8:00AM-10:00AM (Aquatics Open Swim) 11:30AM-3:30PM (Aquatics Open Swim)	10:00AM-3:30PM (Aquatics Open Swim)
Warrior Strength Determined Studio				5:30PM-6:25PM (Strength) <i>Sarah W.</i>			
WERQ Inspire Studio				5:30PM-6:20PM (Cardio) <i>Lauren C.</i>		9:00AM-9:55AM (Cardio) <i>Chihiro S.</i>	
Turn and Burn Inspire Studio					5:30AM-6:30AM (Hybrid) <i>Heather Z.</i>		
Aqua River Challenge pool activity space					9:00AM-10:00AM (Water Fitness) <i>Jody S.</i>		
Enhance Fitness Inspire Studio					9:30AM-10:30AM (Low Impact) <i>Dina B.</i>		
Pickleball - Drop In Play Gymnasium Court 1					10:30AM-1:00PM (Healthy Living Activity (Member Service))		
Aqua Fit pool activity space					10:30AM-11:15AM (Water Fitness) <i>Jane A.</i>		
Strength and Conditioning Determined Studio					11:00AM-11:50AM (Hybrid) <i>Sarah C.</i>		
TRX Determined Studio					12:00PM-12:45PM (Strength) <i>Sarah C.</i>	11:00AM-11:55AM (Strength) <i>Sarah C.</i>	
BODYPUMP - Les Mills Determined Studio					5:30PM-6:25PM (Strength) <i>Abigail P.</i>	12:00PM-12:55PM (Strength) <i>Abigail P.</i>	
BODYBALANCE - Les Mills Inspire Studio					5:45PM-6:25PM (Mind & Body) <i>Kerri M.</i>		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Strength Determined Studio						9:00AM-9:55AM (Strength) <i>Kelly H.</i>	
PiYo Determined Studio						10:00AM-10:50AM (Hybrid) <i>Kelly H.</i>	
Pilates Inspire Studio						10:00AM-10:50AM (Mind & Body) <i>Kathy M.</i>	
Zumba Gold Determined Studio							1:00PM-1:55PM (Low Impact) <i>Kerri M.</i>



School - Westwood View | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Westwood View - No School Days - 09.12.2025 Register					7:00AM-6:00PM (Youth - Child Care and Education)		