



School - Highland Park | June 16th - June 22nd

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Highland Park Summer School - Wk 3 - 5 Day - 2025 Register	6:30AM-6:00PM (Day Camp)	6:30AM-6:00PM (Day Camp)	6:30AM-6:00PM (Day Camp)	6:30AM-6:00PM (Day Camp)	6:30AM-6:00PM (Day Camp)		



School - Hawthorn Hill | June 16th - June 22nd

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Hawthorn Hill Summer School - Wk 3 - 5 Day - 2025 Register	6:30AM-6:00PM (Day Camp)	6:30AM-6:00PM (Day Camp)	6:30AM-6:00PM (Day Camp)	6:30AM-6:00PM (Day Camp)	6:30AM-6:00PM (Day Camp)		



School - Cedar Creek - MO | June 16th - June 22nd

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Cedar Creek Summer School - Wk 3 - 5 Day - 2025 Register	6:30AM-6:00PM (Day Camp)	6:30AM-6:00PM (Day Camp)	6:30AM-6:00PM (Day Camp)	6:30AM-6:00PM (Day Camp)	6:30AM-6:00PM (Day Camp)		



School - Pathfinder | June 16th - June 22nd

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pathfinder Traditional Camp - 2025	6:30AM-6:00PM (Day Camp)	6:30AM-6:00PM (Day Camp)	6:30AM-6:00PM (Day Camp)	6:30AM-6:00PM (Day Camp)	6:30AM-6:00PM (Day Camp)		
Register							



School - Sunrise Point | June 16th - June 22nd

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Sunrise Point Traditional Camp - 2025 Register	7:00AM-6:00PM (Day Camp)	7:00AM-6:00PM (Day Camp)	7:00AM-6:00PM (Day Camp)	7:00AM-6:00PM (Day Camp)	7:00AM-6:00PM (Day Camp)		



Kirk Family YMCA | June 16th - June 22nd

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim Pool				5:00AM-1:00PM (Aquatics Open Swim) 4:00PM-7:30PM (Aquatics Open Swim)	5:00AM-1:00PM (Aquatics Open Swim) 4:00PM-6:30PM (Aquatics Open Swim)	8:00AM-3:00PM (Aquatics Open Swim)	4:00PM-7:30PM (Aquatics Open Swim)
Hot Tub Pool				5:00AM-1:00PM (Aquatics Open Swim) 4:00PM-7:30PM (Aquatics Open Swim)	5:00AM-1:00PM (Aquatics Open Swim) 4:00PM-6:30PM (Aquatics Open Swim)	8:00AM-3:00PM (Aquatics Open Swim)	4:00PM-7:30PM (Aquatics Open Swim)
Sauna Pool				5:00AM-1:00PM (Aquatics Open Swim) 4:00PM-7:30PM (Aquatics Open Swim)	5:00AM-1:00PM (Aquatics Open Swim)	8:00AM-3:00PM (Aquatics Open Swim)	
Activity Pool Pool				5:00AM-1:00PM (Aquatics Open Swim) 4:00PM-7:30PM (Aquatics Open Swim)	5:00AM-1:00PM (Aquatics Open Swim) 4:00PM-6:30PM (Aquatics Open Swim)	12:30PM-3:00PM (Aquatics Open Swim)	
Kid Zone - Open Hours Kids Zone				9:00AM-1:00PM (General) 4:00PM-7:30PM (General)	9:00AM-1:00PM (General)	9:00AM-12:00PM (General)	
Pilates Studio A				10:30AM-11:20AM (Mind & Body) <i>Kenna C.</i> 5:30PM-6:00PM (Mind & Body) <i>Emily C.</i>		8:15AM-9:00AM (Mind & Body) <i>Emily C.</i>	
BODYPUMP - Les Mills Studio B				4:30PM-5:20PM (Strength) <i>Rhiannon A.</i>	5:30AM-6:15AM (Strength) <i>Kenna C.</i> 12:00PM-12:30PM (Strength) <i>Eric G.</i>	9:00AM-9:55AM (Strength) <i>Hannah R.</i>	1:00PM-1:55PM (Strength) <i>Hannah R.</i>
Aqua Fit Pool				5:30PM-6:30PM (Water Fitness) <i>Craig S.</i>	10:00AM-11:00AM (Water Fitness) <i>Lisa R.</i>	10:00AM-11:00AM (Water Fitness) <i>Craig S.</i>	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
SPRINT - Les Mills (Cycle) Spin Studio				5:30PM-6:00PM (Cardio) <i>Rhiannon A.</i>	6:30AM-7:00AM (Cardio) <i>Kenna C.</i>	8:20AM-8:50AM (Cardio) <i>Sierra R.</i>	10:30AM-11:00AM (Cardio) <i>Rhiannon A.</i>
Yoga Flow Studio A				6:15PM-7:00PM (Mind & Body) <i>Emily C.</i>			
High Fitness Studio A					9:30AM-10:30AM (Cardio) <i>Lesley T.</i>		
Sauna/Steam Room Pool					4:00PM-6:30PM (Aquatics Open Swim)		8:00AM-3:00PM (Aquatics Open Swim)
Yoga Studio A						9:15AM-10:00AM (Mind & Body) <i>Emily C.</i>	
BODYCOMBAT - Les Mills Studio B						10:00AM-10:55AM (Cardio) <i>Hannah R.</i>	
Yoga Studio B							11:30AM-12:30PM (Mind & Body) <i>Robert A.</i>
BODYBALANCE - Les Mills Studio B							2:00PM-2:30PM (Mind & Body) <i>Hannah R.</i>
MixedFit Studio A							2:00PM-2:50PM (Cardio) <i>Keonya C.</i>



North Kansas City YMCA | June 16th - June 22nd

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Activity Pool Pool				5:00AM-1:00PM (Aquatics Open Swim) 4:00PM-7:30PM (Aquatics Open Swim)	5:00AM-1:00PM (Aquatics Open Swim) 4:00PM-6:30PM (Aquatics Open Swim)	8:00AM-10:00AM (Aquatics Open Swim) 11:30AM-3:30PM (Aquatics Open Swim)	10:00AM-3:30PM (Aquatics Open Swim)
High Fitness Determined Studio				9:00AM-9:55AM (Cardio) <i>Lesley T.</i>			
Aqua Joints In Motion Pool				9:15AM-10:15AM (Water Fitness) <i>Bill K.</i>			
Silver Sneakers - Classic Inspire Studio				10:00AM-10:55AM (Low Impact) <i>Kathy M.</i>			
BODYPUMP - Les Mills Determined Studio				10:00AM-10:45AM (Strength) <i>Abigail P.</i>	5:30PM-6:25PM (Strength) <i>Abigail P.</i>		
Pickleball - Drop In Play Gymnasium Court 1				10:30AM-1:00PM (Healthy Living Activity (Member Service))	10:30AM-1:00PM (Healthy Living Activity (Member Service))		
CORE - Les Mills Determined Studio				10:50AM-11:20AM (Strength) <i>Abigail P.</i>			
Silver Sneakers - BOOM Move Inspire Studio				11:00AM-11:30AM (Low Impact) <i>Kathy M.</i>			
Zumba Determined Studio				12:00PM-12:55PM (Cardio) <i>Dina B.</i>			
Warrior Strength Determined Studio				5:30PM-6:25PM (Strength) <i>Sarah W.</i>			
WERQ Inspire Studio				5:30PM-6:20PM (Cardio) <i>Lauren C.</i>		9:00AM-9:55AM (Cardio) <i>Dina B.</i>	
Turn and Burn Inspire Studio					5:30AM-6:30AM (Hybrid) <i>Heather Z.</i>		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Aqua River Challenge pool activity space					9:00AM-10:00AM (Water Fitness) <i>Jody S.</i>		
Strength and Conditioning Determined Studio					11:00AM-11:50AM (Hybrid) <i>Sarah C.</i>		
TRX Determined Studio					12:00PM-12:45PM (Strength) <i>Sarah C.</i>		
BODYBALANCE - Les Mills Inspire Studio					5:45PM-6:25PM (Mind & Body) <i>Kerri M.</i>		
Strength Determined Studio						9:00AM-9:55AM (Strength) <i>Kelly H.</i>	
Pilates Inspire Studio						10:00AM-10:50AM (Mind & Body) <i>Kathy M.</i>	
PiYo Determined Studio						10:00AM-10:50AM (Hybrid) <i>Kelly H.</i>	
HIIT Determined Studio						11:00AM-12:00PM (Hybrid) <i>Lesley T.</i>	
Zumba Gold Determined Studio							1:00PM-1:55PM (Low Impact) <i>Kerri M.</i>



Platte County Community Center North | June 16th - June 22nd

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Gym Gymnasium				5:00AM-9:00PM (General)	5:00AM-7:30PM (General)	7:30AM-5:00PM (General)	10:00AM-4:00PM (General)
YMCA 360 - Interval/Circuit Studio A (Virtual Y360)				7:00AM-7:50AM (YMCA 360 (Virtual Class Offerings)) Y 3. 4:00PM-4:50PM (YMCA 360 (Virtual Class Offerings)) Y 3.	4:00PM-4:50PM (YMCA 360 (Virtual Class Offerings)) YMCA 3.	2:00PM-2:50PM (YMCA 360 (Virtual Class Offerings)) Y 3.	2:00PM-2:50PM (YMCA 360 (Virtual Class Offerings)) Y 3.
YMCA 360 - Mind & Body Studio A (Virtual Y360)				8:00AM-8:50AM (YMCA 360 (Virtual Class Offerings)) YMCA 3.			
Kid Zone - Open Hours Kid Zone				8:00AM-12:00PM (General) 4:30PM-8:00PM (General)	8:00AM-12:00PM (General) 8:00AM-12:00PM (General)	8:00AM-12:00PM (General)	
Cardio Dance Studio B				9:00AM-9:50AM (Cardio) Disa R.			
Silver Sneakers - Classic Studio A (Face-to-Face)				9:00AM-9:50AM (Low Impact) Shelli B. 12:15PM-1:05PM (Low Impact) Jessi F.			
Cycle Gymnasium (South Court)				9:00AM-9:40AM (Cardio) Kassie F.			
Group Exercise Gymnasium (South Court)				9:00AM-10:15AM (Healthy Living Activity (Member Service))	9:00AM-9:50AM (Healthy Living Activity (Member Service))		
Aqua Strength & Cardio Activity Pool				9:00AM-9:45AM (Water Fitness) Christel F.			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Core Gymnasium (South Court)				9:45AM-10:15AM (Strength) <i>Kassie F.</i>			
Pilates Studio B				10:00AM-10:40AM (Mind & Body) <i>Disa R.</i>			
Music and Game Time Kid Zone				10:00AM-10:30AM (Kid Zone Enrichment) 6:00PM-6:30PM (Kid Zone Enrichment)			
Aqua Joints In Motion Lazy River				10:15AM-11:00AM (Water Fitness) <i>Christel F.</i>			
Stretch Studio B				10:45AM-11:05AM (Mind & Body) <i>Disa R.</i>			
YMCA 360 - Cardio Studio A (Virtual Y360)				11:00AM-11:50AM (YMCA 360 (Virtual Class Offerings)) Y 3.	8:00AM-8:50AM (YMCA 360 (Virtual Class Offerings)) Y 3. 3:00PM-3:50PM (YMCA 360 (Virtual Class Offerings)) Y 3.		11:00AM-11:50AM (YMCA 360 (Virtual Class Offerings)) Y 3.
Pickleball - Drop In Play Gymnasium (South Court)				12:00PM-3:00PM (Healthy Living Activity (Member Service))			
Lap Swim Competition Pool				3:00PM-8:30PM (Aquatics Open Swim)	6:00AM-1:00PM (Aquatics Open Swim) 3:00PM-7:00PM (Aquatics Open Swim)	7:30AM-3:00PM (Aquatics Open Swim)	10:00AM-3:00PM (Aquatics Open Swim)
Activity Pool Activity Pool				3:00PM-8:30PM (Aquatics Open Swim)	6:00AM-3:00PM (Aquatics Open Swim) 3:00PM-7:00PM (Aquatics Open Swim)	7:30AM-4:00PM (Aquatics Open Swim)	10:00AM-3:00PM (Aquatics Open Swim)
Lazy River Lazy River				3:00PM-8:30PM (Aquatics Open Swim)	6:00AM-1:00PM (Aquatics Open Swim) 3:00PM-7:00PM (Aquatics Open Swim)	7:30AM-4:00PM (Aquatics Open Swim)	10:00AM-3:00PM (Aquatics Open Swim)
Sauna/Steam Room Sauna/Steam Room				3:00PM-8:30PM (Aquatics Open Swim)	6:00AM-3:00PM (Aquatics Open Swim) 3:00PM-7:00PM (Aquatics Open Swim)	7:30AM-4:00PM (Aquatics Open Swim)	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
YMCA 360 - Choreographed Cardio Studio A (Virtual Y360)				3:00PM-3:50PM (YMCA 360 (Virtual Class Offerings)) Y 3.			1:00PM-1:50PM (YMCA 360 (Virtual Class Offerings)) Y 3.
TRX and Stretch Studio A (Face-to-Face)				5:30PM-6:20PM (Hybrid) <i>Christy S.</i>			
Cycle Studio A (Face-to-Face)					5:15AM-6:05AM (Cardio) <i>Kristian A.</i>		
YMCA 360 - Strength Studio A (Virtual Y360)					7:00AM-7:50AM (YMCA 360 (Virtual Class Offerings)) Y 3.	1:00PM-1:50PM (YMCA 360 (Virtual Class Offerings)) Y 3.	
Barre Intensity Studio B					9:00AM-9:50AM (Strength) <i>Kylie M.</i>		
Boot Camp Gymnasium					9:00AM-9:50AM (Hybrid) <i>Megan W.</i>		
Enhance Fitness Studio A (Face-to-Face)					9:00AM-10:00AM (Low Impact) <i>Christel F.</i>		
Story Time Kid Zone					9:30AM-10:00AM (Kid Zone Enrichment)	10:00AM-10:30AM (Kid Zone Enrichment)	
Free Play Kid Zone					10:00AM-10:30AM (Kid Zone Enrichment)		
Yoga Studio B					10:00AM-11:00AM (Mind & Body) <i>Shelli B.</i>		
Aqua Yoga Activity Pool					10:15AM-11:00AM (Water Fitness) <i>Gayla K.</i>		
Aqua Burn Activity Pool					11:15AM-12:00PM (Water Fitness) <i>Gayla K.</i>		
AOA Chair Yoga Studio B					11:15AM-12:00PM (Low Impact) <i>Shelli B.</i>		
YMCA 360 - AOA Studio A (Virtual Y360)					12:15PM-1:05PM (YMCA 360 (Virtual Class Offerings)) Y 3.	11:00AM-11:50AM (YMCA 360 (Virtual Class Offerings)) Y 3.	
BODYPUMP - Les Mills Studio A (Face-to-Face)						8:30AM-9:30AM (Strength) <i>Christy S.</i>	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Aqua Tabata Lazy River						9:00AM-9:45AM (Water Fitness) <i>Kylie M.</i>	
Martial Arts - Aikido Gymnasium (South Court)						10:00AM-11:30AM (Healthy Living Program (Activenet Registration Required))	
BODYBALANCE - Les Mills Studio B						10:00AM-11:00AM (Mind & Body) <i>Sherri C.</i>	
Cardio Dance Studio A (Face-to-Face)						10:00AM-10:50AM (Cardio) <i>Disa R.</i>	



Platte County Community Center South | June 16th - June 22nd

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Gym Gymnasium				5:00AM-7:00AM (General) 9:00AM-10:00AM (General) 1:00PM-8:50PM (General)	5:00AM-7:00AM (General) 9:00AM-10:00AM (General) 1:00PM-7:20PM (General)	7:30AM-4:50PM (General)	9:00AM-3:50PM (General)
Volleyball - Beach Ball Gymnasium				7:00AM-9:00AM (Healthy Living Activity (Member Service))	7:00AM-9:00AM (Healthy Living Activity (Member Service))		
Yoga Studio B				7:45AM-8:45AM (Mind & Body) <i>Kerri M.</i>			
Group Active Studio A				7:45AM-8:45AM (Hybrid) <i>Cristina B.</i>			
Free Play Kids Zone				8:00AM-12:00PM (Kid Zone Enrichment) 4:30PM-8:00PM (Kid Zone Enrichment)	8:00AM-12:00PM (Kid Zone Enrichment)	8:00AM-12:00PM (Kid Zone Enrichment)	
AOA Low Impact Activity Pool				8:30AM-9:15AM (Low Impact) <i>Suellen H.</i>			
BODYPUMP - Les Mills Studio C				9:00AM-10:00AM (Strength) <i>Hannah S.</i> 5:30PM-6:20PM (Strength) <i>Susan Q.</i>	9:30AM-10:20AM (Strength) <i>Marla Z.</i>	8:15AM-9:15AM (Strength) <i>Lee V.</i>	10:00AM-10:50AM (Strength) <i>Adriane L.</i>
SPRINT - Les Mills (Cycle) cycle studio				9:00AM-9:30AM (Cardio) <i>Ashley V.</i>	8:30AM-9:00AM (Cardio) <i>Tarah M.</i>		
Zumba Gold Studio A				9:00AM-10:00AM (Low Impact) <i>Kelly H.</i>			
BODYBALANCE - Les Mills Studio B				9:00AM-10:00AM (Mind & Body) <i>Kristi S.</i>	10:45AM-11:45AM (Mind & Body) <i>Kristi S.</i>	8:15AM-9:15AM (Mind & Body) <i>Kerri M.</i>	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Aqua Fit Activity Pool				9:30AM-10:30AM (Water Fitness) <i>Jacqueline T.</i> 5:30PM-6:30PM (Water Fitness) <i>Jacqueline T.</i>	8:30AM-9:30AM (Water Fitness) <i>Jacqueline T.</i>	8:00AM-9:00AM (Water Fitness) <i>Emily S.</i>	
Core cycle studio				9:30AM-9:45AM (Strength) <i>Ashley V.</i>			
Pickleball - Drop In Play Gymnasium				10:00AM-1:00PM (Healthy Living Activity (Member Service))	10:00AM-1:00PM (Healthy Living Activity (Member Service))	8:00AM-10:00AM (Healthy Living Activity (Member Service))	
Total Body Stretch Studio B				10:15AM-11:00AM (Mind & Body) <i>Kelly H.</i>			
Belly Dancing Studio A				10:15AM-11:00AM (Cardio) <i>Kerri M.</i>			
Zumba Studio C				10:15AM-11:15AM (Cardio) <i>Beth T.</i>			
AOA Cycle cycle studio				10:45AM-11:15AM (Cardio) <i>Kim H.</i>			
AOA Core Training Studio A				11:30AM-12:15PM (Low Impact) <i>Kerri M.</i>			
PCCCS - AOA - WOW Luncheon (Widows and Widowers) Register				11:30AM-1:00PM (Healthy Living - AOA Special Events)			
AOA Chair Yoga Studio A				12:30PM-1:15PM (Low Impact) <i>Kerri M.</i>			
Lap Swim Lap Pool				4:00PM-8:30PM (Aquatics Open Swim)	6:00AM-1:00PM (Aquatics Open Swim) 4:00PM-7:00PM (Aquatics Open Swim)	7:30AM-4:30PM (Aquatics Open Swim)	9:00AM-3:30PM (Aquatics Open Swim)
Activity Pool Activity Pool				4:00PM-8:30PM (Aquatics Open Swim)	6:00AM-1:00PM (Aquatics Open Swim) 4:00PM-7:00PM (Aquatics Open Swim)	7:30AM-4:30PM (Aquatics Open Swim)	9:00AM-3:30PM (Aquatics Open Swim)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Kids In Motion (Fee Based) Gymnasium				4:00PM-5:00PM (Youth & Family Fitness Classes) <i>Michael B.</i>	4:00PM-5:00PM (Youth & Family Fitness Classes) <i>Michael B.</i>		
PCCCS - AOA - Kactus Creek Crouquet Register				5:15PM-8:00PM (Healthy Living - AOA Special Events)			
Pilates Studio B				5:30PM-6:30PM (Mind & Body) <i>Beth T.</i>	9:30AM-10:30AM (Mind & Body) <i>Kelly B.</i>		
Surge Studio A				5:30PM-6:30PM (Cardio) <i>Avery P.</i>			
CORE - Les Mills Studio C				6:25PM-6:55PM (Strength) <i>Susan Q.</i>			
Step Studio A					8:15AM-9:15AM (Cardio) <i>Beth T.</i>	8:25AM-9:15AM (Cardio) <i>Beth T.</i>	
Enhance Fitness Studio C					8:15AM-9:15AM (Low Impact) <i>Kelly H.</i>		
RPM - Les Mills (Cycle) cycle studio					9:30AM-10:15AM (Cardio) <i>Kristi S.</i>	8:30AM-9:15AM (Cardio) <i>Adriane L.</i>	9:30AM-10:15AM (Cardio) <i>Kim H.</i>
Aqua Zumba Activity Pool					9:30AM-10:30AM (Water Fitness) <i>Kelly H.</i>		
Barre Bootcamp Studio A					9:30AM-10:30AM (Strength) <i>Beth T.</i>		
Core Studio C					10:25AM-11:00AM (Strength) <i>Marla Z.</i>		
Strength Studio A					10:45AM-11:15AM (Strength) <i>Kerri M.</i>		
Brainsavers Studio C					11:15AM-12:15PM (Low Impact) <i>Kelly H.</i>		
Cardio Dance Studio A					11:15AM-11:45AM (Cardio) <i>Kerri M.</i>		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Silver Sneakers - Classic Studio A					12:30PM-1:30PM (Low Impact) <i>Kerri M.</i>		
Tai Chi - Intermediate Studio B					1:00PM-1:45PM (Mind & Body) <i>Suellen H.</i>		
PCCCS - AOA - Game Day Register					1:00PM-5:00PM (Healthy Living - AOA Special Events)		
Restorative Chair Exercises Studio B					2:00PM-2:45PM (Low Impact) <i>Suellen H.</i>		
Weight Lifting Studio C					4:30PM-5:30PM (Strength) <i>Michael B.</i>		
Swim Club Lap Pool					5:30PM-6:30PM (Aquatics Program (Activenet Registration Required))		
BODYATTACK - Les Mills Studio A						7:35AM-8:20AM (Cardio) <i>Beth T.</i>	
PCCCS - Red Cross Lifeguard Course Register						8:00AM-6:00PM (Aquatics - Trainings)	8:00AM-6:00PM (Aquatics - Trainings)
Martial Arts -Takeodo Studio A						9:30AM-10:20AM (Healthy Living Program (Activenet Registration Required)) <i>Charlie P.</i> 10:30AM-11:20AM (Healthy Living Program (Activenet Registration Required)) <i>Charlie P.</i>	
TONE - Les Mills Studio C						9:30AM-10:30AM (Hybrid) <i>Lee V.</i>	
High Yo Studio B						9:30AM-10:30AM (Hybrid) <i>Kelly B.</i>	
Diving Board - OPEN Lap Pool						2:00PM-4:30PM (Aquatics Activity (Member Service))	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
BODYBALANCE - Les Mills Studio C							11:00AM-12:00PM (Mind & Body) <i>Adriane L.</i>



Bonner Springs Family YMCA | June 16th - June 22nd

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Activity Pool Activity Pool				5:00AM-1:00PM (Aquatics Open Swim) 4:00PM-7:30PM (Aquatics Open Swim)	5:00AM-1:00PM (Aquatics Open Swim) 4:00PM-6:30PM (Aquatics Open Swim)	7:00AM-4:30PM (Aquatics Open Swim)	10:00AM-4:30PM (Aquatics Open Swim)
Lap Swim Lap Pool				5:00AM-1:00PM (Aquatics Open Swim) 5:30PM-7:30PM (Aquatics Open Swim)	5:00AM-1:00PM (Aquatics Open Swim) 5:30PM-6:30PM (Aquatics Open Swim)	7:00AM-4:30PM (Aquatics Open Swim)	10:00AM-4:30PM (Aquatics Open Swim)
Total Body Group Ex Studio				7:30AM-8:30AM (Hybrid) <i>Pam R.</i>			
Aqua Dance Activity Pool				8:30AM-9:30AM (Water Fitness) <i>Kirstin C.</i>			
Cycle Group Ex Studio				8:35AM-9:15AM (Cardio) <i>Jackie D.</i> 5:30PM-6:00PM (Cardio) <i>LeAnn J.</i>			
Y In Motion Kids Zone				9:30AM-11:00AM (Kid Zone Enrichment)	9:30AM-11:00AM (Kid Zone Enrichment)		
BODYPUMP - Les Mills Group Ex Studio				9:30AM-10:30AM (Strength) <i>Cassandra L.</i>		7:15AM-8:15AM (Strength) <i>April L.</i>	
Water Volleyball Reserved Instructor Space in Activity Pool				9:30AM-10:30AM (Aquatics Activity (Member Service)) <i>Rebecca H.</i>			
Youth Speed and Agility (ages 10+) Classroom B				9:30AM-10:30AM (Healthy Living Activity (Member Service)) <i>Katie B.</i>			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Aqua Fit Activity Pool				11:00AM-12:00PM (Water Fitness) <i>Peg B.</i>	6:30AM-7:30AM (Water Fitness) <i>Peg B.</i> 8:30AM-9:30AM (Water Fitness) <i>Peg B.</i>		
Swim Lessons Reserved Instructor Space in Activity Pool				5:30PM-7:30PM (Aquatics Program (Activenet Registration Required))		9:00AM-12:00PM (Aquatics Program (Activenet Registration Required))	
Core Group Ex Studio				6:00PM-6:30PM (Strength) <i>LeAnn J.</i>			
Boot Camp Group Ex Studio					5:15AM-5:45AM (Hybrid) <i>Pam R.</i>		
Yoga Group Ex Studio					5:45AM-6:15AM (Mind & Body) <i>Pam R.</i> 5:15PM-6:15PM (Mind & Body) <i>Emily N.</i>	9:30AM-10:30AM (Mind & Body) <i>Kim H.</i>	
Enhance Fitness Classroom B					8:00AM-9:00AM (Low Impact) <i>LeAnn J.</i>		
Running Club Welcome Center					8:00AM-8:45AM (Healthy Living Activity (Member Service)) <i>Jim M.</i>		
BODYCOMBAT - Les Mills Group Ex Studio					9:30AM-10:30AM (Cardio) <i>Becca N.</i>		
Activity Pool Y in Motion					9:30AM-11:00AM (Aquatics Open Swim)		
CORE - Les Mills Group Ex Studio					10:30AM-11:00AM (Strength) <i>Becca N.</i>		
Lap Swim Reduced lanes available.					1:00PM-4:00PM (Aquatics Open Swim)		
Bonner Springs - Kids Night Out Register					6:00PM-9:00PM (Kids Night Out)		
Cycle and Run Group Ex Studio						8:30AM-9:30AM (Cardio) <i>LeAnn J.</i>	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Martial Arts - Taekwondo (Bonner) Classroom B						9:30AM-12:00PM (Healthy Living Program (Activenet Registration Required)) <i>Mark P.</i>	
Diving Board - OPEN Diving Board							10:00AM-4:30PM (Aquatics Activity (Member Service))



Olathe Family YMCA | June 16th - June 22nd

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim Lap Pool				7:00AM-5:30PM (Aquatics Open Swim) 7:00PM-7:30PM (Aquatics Open Swim)	6:00AM-1:00PM (Aquatics Open Swim) 4:00PM-6:30PM (Aquatics Open Swim)	8:30AM-3:30PM (Aquatics Open Swim)	10:30AM-3:30PM (Aquatics Open Swim)
Aqua Joints In Motion Activity Pool				8:00AM-9:00AM (Water Fitness) <i>Marilyn R.</i>			
Enrichment Time Kidszone				8:30AM-12:00PM (Kid Zone Enrichment) 4:30PM-7:30PM (Kid Zone Enrichment)	8:30AM-12:00PM (Kid Zone Enrichment)	9:00AM-12:00PM (Kid Zone Enrichment)	
Core Studio C				8:30AM-8:55AM (Strength) <i>Michelle L.</i>			
Boot Camp Fitness floor				8:30AM-9:30AM (Hybrid) <i>Shauna S.</i>		9:00AM-9:50AM (Hybrid) <i>Julie M.</i>	
BODYCOMBAT - Les Mills Studio C				9:00AM-9:50AM (Cardio) <i>Michelle L.</i>		9:00AM-9:50AM (Cardio) <i>Michelle L.</i>	
Activity Pool Activity Pool				9:00AM-7:30PM (Aquatics Open Swim)	6:00AM-8:30AM (Aquatics Open Swim) 10:15AM-1:00PM (Aquatics Open Swim) 4:00PM-6:30PM (Aquatics Open Swim)	8:30AM-9:45AM (Aquatics Open Swim) 12:00PM-3:00PM (Aquatics Open Swim)	10:30AM-3:30PM (Aquatics Open Swim)
Circuit Training Studio A				10:00AM-10:50AM (Hybrid) <i>Danelle H.</i>			
Yoga Studio C				10:00AM-10:50AM (Mind & Body) <i>Tylisha J.</i> 5:00PM-5:50PM (Mind & Body) <i>Mary G.</i>			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Enhance Fitness Studio C				11:00AM-11:50AM (Low Impact) <i>Ashley G.</i>		11:00AM-11:50AM (Low Impact) <i>Michelle L.</i>	
Silver Sneakers - Chair Yoga Studio C				12:00PM-12:50PM (Low Impact) <i>Lucinda G.</i>			
Swim Lessons Activity Pool				4:00PM-7:30PM (Aquatics Program (Activenet Registration Required))		9:45AM-12:00PM (Aquatics Program (Activenet Registration Required))	
Youth Fit - Strength Studio A				4:30PM-5:00PM (Youth & Family Fitness Classes) <i>Kari H.</i>			
Youth Fit - Sport Studio A				5:15PM-5:45PM (Youth & Family Fitness Classes) <i>Kari H.</i>			
Swim Club Lap Pool				5:30PM-7:00PM (Aquatics Program (Activenet Registration Required))			
Tread Fitness floor				5:30PM-6:00PM (Cardio) <i>Kayla C.</i>			
Zumba Studio C				6:00PM-6:50PM (Cardio) <i>Jessi D.</i>			
Cycle Spin Studio					5:15AM-6:00AM (Cardio) <i>Rhonda S.</i> 10:00AM-10:50AM (Cardio) <i>Michelle L.</i>	8:05AM-8:55AM (Cardio) <i>Rhonda S.</i>	
Aqua WAVES Activity Pool					8:30AM-9:15AM (Water Fitness) <i>Juanita R.</i> 9:30AM-10:15AM (Water Fitness) <i>Juanita R.</i>		
Flexibility Studio C					8:30AM-8:55AM (Mind & Body) <i>Pam R.</i>		
Pop Dance Studio C					9:00AM-9:50AM (Cardio) <i>Jessi D.</i>		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Tabata Studio A					9:00AM-9:50AM (Cardio) <i>Shauna S.</i>		
Tread and Shred Fitness floor					9:00AM-9:50AM (Hybrid) <i>Pam R.</i>		
Yoga Sculpt Studio C					10:00AM-10:50AM (Mind & Body) <i>Kim S.</i>		
Silver Sneakers - Classic Studio C					11:00AM-11:50AM (Low Impact) <i>Michelle L.</i>		
Line Dancing Studio C					12:00PM-12:50PM (Cardio) <i>Connie G.</i>		
Olathe - Babies Night Out Register					4:00PM-5:30PM (Youth and Family)		
MixedFit Studio A						9:00AM-9:50AM (Cardio) <i>Candice W.</i>	
BODYPUMP - Les Mills Studio C						10:00AM-10:50AM (Strength) <i>Michelle L.</i>	
Pop Pilates Studio A						10:00AM-10:50AM (Hybrid) <i>Ellen N.</i>	
Yoga Studio A						11:15AM-12:05PM (Mind & Body) <i>Mary G.</i>	



Cleaver Family YMCA | June 16th - June 22nd

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lifeguard Break Pool				7:45AM-8:00AM (General) <i>Staff C.</i>	7:45AM-8:00AM (General) <i>Staff C.</i>		
Pilates Studio B				8:00AM-8:30AM (Mind & Body) <i>Mo M.</i>			
Activity Pool Pool				8:00AM-1:00PM (Aquatics Open Swim) <i>Staff C.</i> 4:00PM-5:30PM (Aquatics Open Swim) <i>Staff C.</i>	6:00AM-7:45AM (Aquatics Open Swim) <i>Staff C.</i> 8:00AM-1:00PM (Aquatics Open Swim) <i>Staff C.</i> 4:00PM-6:30PM (Aquatics Open Swim)	8:00AM-9:00AM (Aquatics Open Swim) <i>Staff C.</i> 1:00PM-3:30PM (Aquatics Open Swim) <i>Staff C.</i>	10:00AM-2:30PM (Aquatics Open Swim) <i>Staff C.</i>
Aqua Fit Pool				8:45AM-9:30AM (Water Fitness) <i>Staff C.</i> 9:40AM-10:30AM (Water Fitness) <i>Staff C.</i>	8:15AM-9:00AM (Water Fitness) <i>Staff C.</i> 9:30AM-10:20AM (Water Fitness) <i>Staff C.</i> 11:00AM-11:45AM (Water Fitness) <i>Staff C.</i>	8:15AM-9:00AM (Water Fitness) <i>Roy C.</i>	
TRX Studio A				8:45AM-9:45AM (Strength) <i>Monica D.</i>			
AOA Low Impact Gym				9:00AM-10:00AM (Low Impact) <i>Tracey C.</i>			
Strength Studio B				9:00AM-10:00AM (Strength) <i>Sierra R.</i>			
AOA Cycle and Circuit Studio B				10:00AM-11:00AM (Low Impact) <i>Jean M.</i>			
Balance Gym				10:15AM-11:15AM (Mind & Body) <i>Mo M.</i>			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
AOA Low Impact Studio A				11:00AM-12:00PM (Low Impact) <i>Mo M.</i>			
Yoga Studio B				11:00AM-12:00PM (Mind & Body) <i>Jean M.</i>	8:00AM-8:50AM (Mind & Body) <i>Tracey C.</i>	11:00AM-12:00PM (Mind & Body) <i>Jean M.</i> 12:00PM-1:00PM (Mind & Body) <i>Jean M.</i>	12:30PM-1:30PM (Mind & Body) <i>Jean M.</i>
Tai Chi - Beginner Studio B				12:00PM-1:00PM (Mind & Body) <i>Monica D.</i>			
Pickleball - Drop In Play Gym				12:00PM-3:00PM (Healthy Living Activity (Member Service)) <i>Staff C.</i>			10:00AM-1:00PM (Healthy Living Activity (Member Service)) <i>Staff C.</i>
Tai Chi - Intermediate Studio B				1:00PM-1:30PM (Mind & Body) <i>Monica D.</i>			
Tai Chi - Advanced Studio B				1:30PM-2:20PM (Mind & Body) <i>Monica D.</i>			
MixedFit Gym				5:30PM-6:30PM (Cardio) <i>Michelle L.</i>			
Cycle Studio B				5:30PM-6:30PM (Cardio) <i>Staff C.</i>	5:30AM-6:30AM (Cardio) <i>Sierra R.</i>		
Swim Lessons Pool				5:30PM-7:30PM (Aquatics Program (Activenet Registration Required)) <i>Staff C.</i>		9:00AM-1:00PM (Aquatics Program (Activenet Registration Required)) <i>Staff C.</i>	
Stretch and Tone Studio A					6:00AM-6:45AM (Hybrid) <i>Mo M.</i>		
Barre Studio A					8:45AM-9:45AM (Strength) <i>Kelly L.</i>		
AOA Chair Yoga Gym					9:00AM-9:50AM (Low Impact) <i>Tracey C.</i>		
Interval Training Studio B					9:45AM-10:45AM (Hybrid) <i>Ebony D.</i>		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pilates Studio A					10:00AM-10:50AM (Mind & Body) <i>Tracey C.</i>		
Silver Sneakers - Circuit Gym					10:15AM-11:15AM (Low Impact) <i>Carolyn A.</i>		
AOA Low Impact Studio B					12:30PM-1:30PM (Low Impact) <i>Ebony D.</i>		
Boot Camp Gym						9:00AM-10:00AM (Hybrid) <i>Gary C.</i>	
Silver Sneakers - Circuit Studio B						2:30PM-3:30PM (Low Impact) <i>Nina P.</i>	
Cleaver - Babysitter Training w/Pediatric First Aid/CPR Register							10:00AM-4:30PM (Youth and Family)



Atchison Family YMCA | June 16th - June 22nd

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Aqua Strength & Cardio Pool				8:00AM-9:00AM (Water Fitness) <i>Hillari H.</i>	8:00AM-9:00AM (Water Fitness) <i>Hillari H.</i>		
Yoga Studio A				8:30AM-9:30AM (Mind & Body) <i>Jennifer T.</i>			
Low Impact Aerobics Studio B				9:00AM-10:00AM (Low Impact) <i>Sharon B.</i>			
Aqua Fit Pool				12:00PM-1:00PM (Water Fitness) <i>Hillari H.</i>	9:00AM-10:00AM (Water Fitness) <i>Hillari H.</i>		
BODYPUMP - Les Mills Studio B				5:00PM-6:00PM (Strength) <i>Donna N.</i>		9:00AM-10:00AM (Strength) <i>Nichole H.</i>	
SHiNE Studio A					5:00AM-6:00AM (Cardio) <i>Nichole H.</i>		
Circuit Training Studio B					5:15AM-6:15AM (Hybrid) <i>Rebecca L.</i>		
Enhance Fitness Studio B					10:30AM-11:30AM (Low Impact) <i>Sharon B.</i>		
SHiNE Studio B						8:00AM-9:00AM (Cardio) <i>Nichole H.</i>	



Providence Family YMCA | June 16th - June 22nd

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Aqua Joints In Motion Pool-Instructor Reserved Space				8:00AM-9:00AM (Water Fitness) <i>Julie A.</i> 9:00AM-10:00AM (Water Fitness) <i>Julie A.</i>			
Boot Camp/HIIT Gymnasium				9:15AM-10:15AM (Hybrid) <i>Victor C.</i>			
Line Dancing Group Ex Studio				9:15AM-10:00AM (Cardio) <i>Fayelee S.</i>			
Lap Swim Lap Lanes in Pool				10:00AM-1:00PM (Aquatics Open Swim) 4:00PM-7:30PM (Aquatics Open Swim)	5:00AM-8:00AM (Aquatics Open Swim) 11:00AM-1:00PM (Aquatics Open Swim) 4:00PM-6:30PM (Aquatics Open Swim)	9:00AM-3:30PM (Aquatics Open Swim)	10:00AM-3:30PM (Aquatics Open Swim)
Activity Pool Pool				10:00AM-1:00PM (Aquatics Open Swim) 4:00PM-7:30PM (Aquatics Open Swim)	5:00AM-8:00AM (Aquatics Open Swim) 11:00AM-1:00PM (Aquatics Open Swim) 4:00PM-6:30PM (Aquatics Open Swim)	9:00AM-3:30PM (Aquatics Open Swim)	10:00AM-3:30PM (Aquatics Open Swim)
Silver Sneakers - Circuit Gymnasium				10:30AM-11:20AM (Low Impact) <i>Wayland P.</i>			
BODYPUMP - Les Mills Group Ex Studio				10:30AM-11:30AM (Strength) <i>Erin C.</i> 5:30PM-6:30PM (Strength) <i>Erin C.</i>		8:45AM-9:45AM (Strength) <i>Cassandra L.</i>	
Tai Chi - Intermediate Group Ex Studio				1:00PM-2:00PM (Mind & Body) <i>Tom W.</i>		12:00PM-1:00PM (Mind & Body) <i>Tom W.</i>	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Meditation Group Ex Studio				2:00PM-3:00PM (Mind & Body) <i>Tom W.</i>			
Kempo for Kids Group Ex Studio				4:00PM-5:00PM (Hybrid) <i>Tom W.</i>			
Swim Lessons Pool-Instructor Reserved Space				5:30PM-7:30PM (Aquatics Program (Activenet Registration Required))		9:30AM-12:30PM (Aquatics Program (Activenet Registration Required))	
Ultifit Wellness Studio				6:00PM-7:00PM (Hybrid) <i>Jonathan W.</i>			
Aqua Fit Pool					8:00AM-9:00AM (Water Fitness) <i>Sallie C.</i> 9:00AM-10:00AM (Water Fitness) <i>Robin C.</i>		
Kickboxing with Bags Group Ex Studio					9:30AM-10:20PM (Cardio) <i>Suzie T.</i>		
Aqua Core and Flexibility Pool					10:00AM-11:00AM (Water Fitness) <i>Robin C.</i>		
Yoga Wellness Studio					10:00AM-10:50AM (Mind & Body) <i>Sallie C.</i>		
Pickleball - Drop In Play Gymnasium					12:30PM-2:30PM (Healthy Living Activity (Member Service))		
Enhance Fitness Wellness Studio					10:30PM-11:30PM (Low Impact) <i>Wayland P.</i>		
Aqua Fit Pool-Instructor Reserved Space						8:00AM-9:00AM (Water Fitness) <i>Sallie C.</i>	
Adult Swim Lessons Pool-Instructor Reserved Space						9:00AM-9:30AM (Aquatics Program (Activenet Registration Required))	
Kempo for Kids Wellness Studio						10:00AM-11:00AM (Hybrid) <i>Tom W.</i>	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Step Group Ex Studio						10:30AM-11:20AM (Cardio) <i>Katrena R.</i>	
Kempo Wellness Studio						11:00AM-12:00PM (Hybrid) <i>Tom W.</i>	
Boot Camp Gymnasium							10:30AM-11:20AM (Hybrid) <i>Tracy O.</i>



Paul Henson Family YMCA | June 16th - June 22nd

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Free Play Kids Zone				8:30AM-11:30AM (Kid Zone Enrichment) 4:00PM-7:30PM (Kid Zone Enrichment)	8:30AM-11:30AM (Kid Zone Enrichment)	9:00AM-12:00PM (Kid Zone Enrichment)	
Activity Pool Pool				4:00PM-7:30PM (Aquatics Open Swim)	6:00AM-11:00AM (Aquatics Open Swim)	8:00AM-12:00PM (Aquatics Open Swim)	
Lap Swim Pool				4:00PM-7:30PM (Aquatics Open Swim)	6:00AM-11:00AM (Aquatics Open Swim)	8:00AM-12:00PM (Aquatics Open Swim)	
YMCAKC x OttawaU Female Flag Nationals Register						8:00AM-6:00PM (Sports - Youth Team Sports)	



Linwood Family YMCA | June 16th - June 22nd

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Silver Sneakers - Classic Studio B				9:00AM-10:00AM (Low Impact) <i>Nina P.</i> 10:00AM-11:00AM (Low Impact) <i>Nina P.</i>			
Activity Pool Lap Lane (Pool)				9:00AM-1:00PM (Aquatics Open Swim) <i>Linwood Y.</i>	9:00AM-1:00PM (Aquatics Open Swim) <i>Linwood Y.</i>	9:00AM-2:00PM (Aquatics Open Swim) <i>Linwood Y.</i>	
Aqua Fit Pool				10:00AM-11:00AM (Water Fitness) <i>Rosemary M.</i>			
Aspire Community Room				3:00PM-6:00PM (Youth And Family Programs) <i>Linwood Y.</i>			
Swim Lessons Pool				4:00PM-6:00PM (Aquatics Program (Activenet Registration Required)) <i>Linwood Y.</i>			
Zumba Studio A				5:30PM-6:30PM (Cardio) <i>Susan T.</i>			
Step Studio B				6:45PM-7:45PM (Cardio) <i>LeAnn M.</i>			
Muscle Pump Studio B					7:15AM-7:15AM (Strength) <i>Susan T.</i>		
Activity Pool Pool					4:00PM-6:00PM (Aquatics Open Swim) <i>Linwood Y.</i>		
Zumba Studio B						9:15AM-10:15AM (Cardio) <i>Susan T.</i>	
Line Dancing Studio B						10:30AM-11:30AM (Cardio) <i>LeAnn M.</i>	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Adult Swim Lessons Pool						11:00AM-12:00PM (Aquatics Program (Activenet Registration Required)) <i>Linwood Y.</i>	
Open Gym Basketball Court (Front Half)						1:00PM-3:00PM (General) <i>Linwood Y.</i>	



Riverside Community Center | June 16th - June 22nd

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Total Body Gymnasium					8:00AM-9:00AM (Hybrid) <i>Lori B.</i>		
Yoga Studio Zen					9:00AM-9:45AM (Mind & Body) <i>Lori B.</i>		
Line Dance Gymnasium					10:00AM-11:00AM (Healthy Living Activity (Member Service))		
Pickleball - Drop In Play Gymnasium					11:30AM-3:30PM (Healthy Living Activity (Member Service))		1:00PM-3:30PM (Healthy Living Activity (Member Service))



North KC YMCA | June 16th - June 22nd

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
NKC YMCA - Babies Night Out Register					5:15PM-6:30PM (Youth and Family)		
Northland - Bitty Flag Football Register						9:00AM-10:00AM (Flag Football)	
NKC YMCA - Kids Night Out Register						5:00PM-9:00PM (Kids Night Out)	
NKC YMCA - Boys Night Out Register						5:00PM-8:00PM (Youth and Family)	
NKC YMCA - Triathlon Single Training Program - June 22nd Register							2:00PM-3:30PM (Healthy Living - Triathlons)