

School - Wolf Creek | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Wolf Creek Before School - 25-26 Register	6:30AM-8:05AM (Before & After School)						
Wolf Creek After School - 25-26 Register	3:10PM-6:00PM (Before & After School)						



School - Prairie Creek | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Prairie Creek Before School - 25-26 Register	6:30AM-8:05AM (Before & After School)						
Prairie Creek After School - 25-26 Register	3:10PM-6:00PM (Before & After School)						



School - Dayton Creek Elementary | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Dayton Creek Before School - 25-26 Register	6:30AM-8:05AM (Before & After School)						
Dayton Creek After School - 25-26 Register	3:10PM-6:00PM (Before & After School)						



School - Spring HIII | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Spring Hill Before School - 25-26 Register	6:30AM-8:05AM (Before & After School)						
Spring Hill After School - 25-26 Register	3:10PM-6:00PM (Before & After School)						



School - Bluejacket Flint | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Bluejacket Flint Before School - 25-26	7:00AM-8:10AM (Before & After School)						
Register							



School - Crestview | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Crestview Before School - 25-26 Register	7:00AM-8:10AM (Before & After School)						
Crestview After School - 25-26 Register	3:10PM-6:00PM (Before & After School)						



School - Comanche | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Comanche Before School - 25-26 Register	7:00AM-8:10AM (Before & After School)						
Comanche After School - 25-26 Register	3:10PM-6:00PM (Before & After School)						
Comanche - No School Days - 09.12.2025 Register					7:00AM-6:00PM (Youth - Child Care and Education)		



School - Belinder | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Belinder Before School - 25-26 Register	7:00AM-8:10AM (Before & After School)						
Belinder After School - 25-26 Register	3:10PM-6:00PM (Before & After School)						



School - Apache | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Apache Before School - 25-26 Register	7:00AM-8:10AM (Before & After School)						
Apache After School - 25-26 Register	3:10PM-6:00PM (Before & After School)						



School - Tonganoxie Elementary | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Tonganoxie Before School - 25-26 Register	7:00AM-8:00AM (Before & After School)						
Tonganoxie After School - 25-26 Register	3:00PM-6:00PM (Before & After School)						



School - Morse | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morse Before School - 25-26	7:00AM-8:45AM (Before & After School)						
Register							



School - Sunset Ridge | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Sunset Ridge Before School - 25-26	7:00AM-8:45AM (Before & After School)						
Register							



School - Oak Grove Elementary | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Oak Grove Before School - 25-26 Register	7:00AM-8:30AM (Before & After School)						
Oak Grove After School - 25-26 Register	3:00PM-6:00PM (Before & After School)						



School - Stanley | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Stanley Before School - 25-26 Register	7:00AM-8:45AM (Before & After School)						
Stanley After School - 25-26 Register	3:50PM-6:00PM (Before & After School)						



School - Overland Trail | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Overland Trail Before School - 25-26 Register	7:00AM-8:45AM (Before & After School)						
Overland Trail After School - 25-26 Register	3:50PM-6:00PM (Before & After School)						



School - Cottonwood Point | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Cottonwood Point Before School - 25-26	7:00AM-8:45AM (Before & After School)						
Register							



School - Liberty View | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Liberty View Before School - 25-26 Register	7:00AM-8:45AM (Before & After School)						
Liberty View After School - 25-26 Register	3:50PM-6:00PM (Before & After School)						



School - Aspen Grove Elementary | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Aspen Grove Before School - 25-26	7:00AM-8:45AM (Before & After School)						
Register							



School - Lakewood | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lakewood Before School - 25-26 Register	7:00AM-8:45AM (Before & After School)						
Lakewood After School - 25-26 Register	3:50PM-6:00PM (Before & After School)						



School - Leawood | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Leawood Before School - 25-26 Register	7:00AM-8:45AM (Before & After School)						
Leawood After School - 25-26 Register	3:50PM-6:00PM (Before & After School)						



School - Heartland | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Heartland Before School - 25-26 Register	7:00AM-8:45AM (Before & After School)						
Heartland After School - 25-26 Register	3:50PM-6:00PM (Before & After School)						



School - Midland Trail Elementary | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Midland Trail After School - 25-26	3:00PM-6:00PM (Before & After School)						
Register							



School - Junction Elementary | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Junction Elementary After School - 25-26	3:00PM-6:00PM (Before & After School)						
Register							



School - Christa McAuliffe | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Christa McAuliffe After School - 25-26	3:10PM-6:00PM (Before & After School)						
Register							



School - Timber Sage | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Timber Sage After School - 25-26	3:10PM-6:00PM (Before & After School)						
Register							



School - Mission Trail | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Mission Trail After School - 25-26	3:50PM-6:00PM (Before & After School)						
Register							



School - Valley Park | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Valley Park After School - 25-26	3:50PM-6:00PM (Before & After School)						
Register							



School - Indian Valley | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Indian Valley After School - 25-26	3:50PM-6:00PM (Before & After School)						
Register							



Kirk Family YMCA | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim Pool				5:00AM-1:00PM (Aquatics Open Swim)	5:00AM-1:00PM (Aquatics Open Swim)	8:00AM-3:00PM (Aquatics Open Swim)	4:00PM-7:30PM (Aquatics Open Swim)
				4:00PM-7:30PM (Aquatics Open Swim)	4:00PM-6:30PM (Aquatics Open Swim)		
Hot Tub Pool				5:00AM-1:00PM (Aquatics Open Swim)	5:00AM-1:00PM (Aquatics Open Swim)	8:00AM-3:00PM (Aquatics Open Swim)	4:00PM-7:30PM (Aquatics Open Swim)
				4:00PM-7:30PM (Aquatics Open Swim)	4:00PM-6:30PM (Aquatics Open Swim)		
Kid Zone - Open Hours Kids Zone				4:00PM-7:30PM (General)	9:00AM-1:00PM (General)	9:00AM-12:00PM (General)	
Activity Pool Pool				4:00PM-7:30PM (Aquatics Open Swim)	5:00AM-1:00PM (Aquatics Open Swim)	8:00AM-3:00PM (Aquatics Open Swim)	
					4:00PM-6:30PM (Aquatics Open Swim)		
Sauna/Steam Room Pool				4:00PM-7:30PM (Aquatics Open Swim)	5:00AM-1:00PM (Aquatics Open Swim)	8:00AM-3:00PM (Aquatics Open Swim)	8:00AM-3:00PM (Aquatics Open Swim)
					4:00PM-7:30PM (Aquatics Open Swim)		
BODYPUMP - Les Mills Studio B				4:30PM-5:20PM (Strength) <i>Mark V.</i>	5:30AM-6:15AM (Strength) <i>Kenna C.</i>	9:00AM-9:55AM (Strength) Hannah R.	1:00PM-1:55PM (Strength) Hannah R.
					12:00PM-12:30PM (Strength) Heather T.		
Pilates Studio A				5:30PM-6:00PM (Mind & Body) <i>Emily C.</i>		8:15AM-9:00AM (Mind & Body) <i>Emily C.</i>	
SPRINT - Les Mills (Cycle) Spin Studio				5:30PM-6:00PM (Cardio) <i>Mark V</i> .	6:30AM-7:00AM (Cardio) Kenna C.	8:20AM-8:50AM (Cardio) Sierra R.	10:30AM-11:00AM (Cardio) Rhiannon A.
Aqua Fit Pool				5:30PM-6:30PM (Water Fitness) Craig S.	10:00AM-11:00AM (Water Fitness) Lisa R.	10:00AM-11:00AM (Water Fitness) Craig S.	
Yoga Flow Studio A				6:15PM-7:00PM (Mind & Body) Emily C.	10:30AM-11:15AM (Mind & Body) Brittney B.		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
TRX Studio B				6:15PM-7:00PM (Strength) Brandon L.			
High Fitness Studio A					9:30AM-10:30AM (Cardio) Lesley T.		
Swim Lessons Pool						9:00AM-1:15PM (Aquatics Program (Activenet Registration Required))	
Kirk Family YMCA - Adult Swim Lessons - Beginner						9:00AM-9:45AM (Adult Swim Lessons)	
Register							
Yoga Studio A						9:15AM-10:00AM (Mind & Body) <i>Emily C.</i>	
BODYCOMBAT - Les Mills Studio B						10:00AM-10:55AM (Cardio) Hannah R.	
Kirk Family YMCA - Stroke Introduction - Youth						10:00AM-10:45AM (Stroke Introduction)	
Register						12:30PM-1:15PM (Stroke Introduction)	
Kirk Family YMCA - Stroke Development - Youth						10:00AM-10:45AM (Stroke Development)	
Register						12:30PM-1:15PM (Stroke Development)	
Kirk Family YMCA - Water Discovery/Exploration Parent/Child						10:00AM-10:30AM (Water Discovery)	
Register							
Kirk Family YMCA - Water Stamina - Preschool						10:55AM-11:25AM (Water Stamina)	
Register							
Kirk Family YMCA - Water Movement - Preschool						10:55AM-11:25AM (Water Movement)	
Register							
Kirk Family YMCA - Water Acclimation - Preschool						10:55AM-11:30AM (Water Acclimation)	
Register							

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Kirk Family YMCA - Water Movement - Youth						11:40AM-12:25PM (Water Movement)	
Register							
Kirk Family YMCA - Water Stamina - Youth						11:40AM-12:25PM (Water Stamina)	
Register							
Kirk Family YMCA - Water Acclimation - Youth						11:40AM-12:25PM (Water Acclimation)	
<u>Register</u>							
Kirk Family YMCA - Stroke Mechanics - Youth						12:30PM-1:15PM (Stroke Mechanics)	
Register							
Yoga Studio B							11:30AM-12:30PM (Mind & Body) Robert A.
MixxedFit Studio A							2:00PM-2:50PM (Cardio) Keonya C.



Platte County Community Center North | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Gym Gymnasium				5:00AM-9:00PM (General)	5:00AM-7:30PM (General)	7:30AM-5:00PM (General)	10:00AM-4:00PM (General)
Pickleball - Drop In Play Gymnasium (South Court)				12:00PM-3:00PM (Healthy Living Activity (Member Service))			
YMCA 360 - Choreographed Cardio Studio A (Virtual Y360)				3:00PM-3:50PM (YMCA 360 (Virtual Class Offerings)) Y 3.			1:00PM-1:50PM (YMCA 360 (Virtual Class Offerings)) Y 3.
Sauna/Steam Room Sauna/Steam Room				3:00PM-8:30PM (Aquatics Open Swim)	6:00AM-1:00PM (Aquatics Open Swim)	7:30AM-4:00PM (Aquatics Open Swim)	
					3:00PM-7:00PM (Aquatics Open Swim)		
Activity Pool Activity Pool				3:00PM-8:30PM (Aquatics Open Swim)	6:00AM-1:00PM (Aquatics Open Swim)	7:30AM-4:00PM (Aquatics Open Swim)	10:00AM-3:00PM (Aquatics Open Swim)
					3:00PM-7:00PM (Aquatics Open Swim)		
Lap Swim Competition Pool				3:00PM-8:30PM (Aquatics Open Swim)	6:00AM-8:00AM (Aquatics Open Swim)	7:30AM-3:00PM (Aquatics Open Swim)	10:00AM-3:00PM (Aquatics Open Swim)
					8:30AM-10:30AM (Aquatics Open Swim)		
					3:00PM-4:30PM (Aquatics Open Swim)		
YMCA 360 - Interval/Circuit Studio A (Virtual Y360)				4:00PM-4:50PM (YMCA 360 (Virtual Class Offerings)) Y 3.	4:00PM-4:50PM (YMCA 360 (Virtual Class Offerings)) YMCA 3.	2:00PM-2:50PM (YMCA 360 (Virtual Class Offerings)) Y 3.	2:00PM-2:50PM (YMCA 360 (Virtual Class Offerings)) Y 3.
Kid Zone - Open Hours Kid Zone				4:30PM-8:00PM (General)	8:00AM-12:00PM (General)	8:00AM-12:00PM (General)	
					8:00AM-12:00PM (General)		
TRX and Stretch Studio A (Face-to-Face)				5:30PM-6:20PM (Hybrid) Christy S.			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lazy River Lazy River				5:30PM-8:30PM (Aquatics Open Swim)	6:00AM-1:00PM (Aquatics Open Swim) 3:00PM-7:00PM	7:30AM-4:00PM (Aquatics Open Swim)	10:00AM-3:00PM (Aquatics Open Swim)
Music and Game Time Kid Zone				6:00PM-6:30PM (Kid Zone Enrichment)	(Aquatics Open Swim)		
Cycle Studio A (Face-to-Face)					5:15AM-6:05AM (Cardio) Kristian A.		
YMCA 360 - Strength Studio A (Virtual Y360)					7:00AM-7:50AM (YMCA 360 (Virtual Class Offerings)) Y 3.	1:00PM-1:50PM (YMCA 360 (Virtual Class Offerings)) Y 3.	
YMCA 360 - Cardio Studio A (Virtual Y360)					8:00AM-8:50AM (YMCA 360 (Virtual Class Offerings)) Y 3.		11:00AM-11:50AM (YMCA 360 (Virtual Class Offerings)) Y 3.
					3:00PM-3:50PM (YMCA 360 (Virtual Class Offerings)) Y 3.		
Group Exercise Gymnasium (South Court)					9:00AM-9:50AM (Healthy Living Activity (Member Service))		
Boot Camp Gymnasium					9:00AM-9:50AM (Hybrid) Devon M.		
Enhance Fitness Studio A (Face-to-Face)					9:00AM-10:00AM (Low Impact) <i>Christel F.</i>		
Barre Intensity Studio B					9:00AM-9:50AM (Strength) <i>Kylie M</i> .		
Story Time Kid Zone					9:30AM-10:00AM (Kid Zone Enrichment)	10:00AM-10:30AM (Kid Zone Enrichment)	
Free Play Kid Zone					10:00AM-10:30AM (Kid Zone Enrichment)		
Yoga Studio B					10:00AM-11:00AM (Mind & Body) Shelli B.		
Aqua Yoga Activity Pool					10:15AM-11:00AM (Water Fitness) Gayla K.		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Aqua Burn Activity Pool					11:15AM-12:00PM (Water Fitness) Devon M.		
AOA Chair Yoga Studio B					11:15AM-12:00PM (Low Impact) Shelli B.		
YMCA 360 - AOA Studio A (Virtual Y360)					12:15PM-1:05PM (YMCA 360 (Virtual Class Offerings)) Y 3.	11:00AM-11:50AM (YMCA 360 (Virtual Class Offerings)) Y 3.	
BODYPUMP - Les Mills Studio A (Face-to-Face)						8:30AM-9:30AM (Strength) Susan Q.	
Aqua Tabata Lazy River						9:00AM-9:45AM (Water Fitness) Kylie M.	
Cardio Dance Studio A (Face-to-Face)						10:00AM-10:50AM (Cardio) Starla B.	
Martial Arts - Aikido Gymnasium (South Court)						10:00AM-11:30AM (Healthy Living Program (Activenet Registration Required))	
BODYBALANCE - Les Mills Studio B						10:00AM-11:00AM (Mind & Body) Susan Q.	



Olathe Family YMCA | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Aqua Water Confidence Lap Pool				6:15AM-7:00PM (Water Fitness) Jeremy G.			
Lap Swim Lap Pool				7:00AM-5:30PM (Aquatics Open Swim)	6:00AM-1:00PM (Aquatics Open Swim)	8:30AM-3:30PM (Aquatics Open Swim)	10:30AM-3:30PM (Aquatics Open Swim)
				7:00PM-7:30PM (Aquatics Open Swim)	4:00PM-6:30PM (Aquatics Open Swim)		
Activity Pool Activity Pool				9:00AM-7:30PM (Aquatics Open Swim)	6:00AM-8:30AM (Aquatics Open Swim)	8:30AM-9:45AM (Aquatics Open Swim)	10:30AM-3:30PM (Aquatics Open Swim)
					10:15AM-1:00PM (Aquatics Open Swim)	12:00PM-3:00PM (Aquatics Open Swim)	
					4:00PM-6:30PM (Aquatics Open Swim)		
Swim Lessons Activity Pool				4:00PM-7:30PM (Aquatics Program (Activenet Registration Required))		9:45AM-12:00PM (Aquatics Program (Activenet Registration Required))	
Enrichment Time Kidszone				4:30PM-7:30PM (Kid Zone Enrichment)	8:30AM-12:00PM (Kid Zone Enrichment)	9:00AM-12:00PM (Kid Zone Enrichment)	
Yoga Studio C				5:00PM-5:50PM (Mind & Body) <i>Mary G</i> .			
Tread Fitness floor				5:30PM-6:00PM (Cardio) <i>Kayla C.</i>			
Swim Club Lap Pool				5:30PM-7:00PM (Aquatics Program (Activenet Registration Required))			
Zumba Studio C				6:00PM-6:50PM (Cardio) Candice W.			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Cycle Spin Studio					5:15AM-6:00AM (Cardio) Amber H.	8:05AM-8:55AM (Cardio) Steve B.	
					10:00AM-10:50AM (Cardio) <i>Michelle L.</i>		
Aqua WAVES Activity Pool					8:30AM-9:15AM (Water Fitness) Juanita R.		
					9:30AM-10:15AM (Water Fitness) Juanita R.		
Flexibility Studio C					8:30AM-8:55AM (Mind & Body) Michelle L.		
Tabata Studio A					9:00AM-9:50AM (Cardio) Amber H.		
Tread and Shred Fitness floor					9:00AM-9:50AM (Hybrid) Shauna S.		
Pop Dance Studio C					9:00AM-9:50AM (Cardio) <i>Michelle L.</i>		
Yoga Sculpt Studio C					10:00AM-10:50AM (Mind & Body) <i>Kim S.</i>		
Silver Sneakers - Classic Studio C					11:00AM-11:50AM (Low Impact) Michelle L.		
Line Dancing Studio C					12:00PM-12:50PM (Cardio) Connie G.		
BODYCOMBAT - Les Mills Studio C						9:00AM-9:50AM (Cardio) Michelle L.	
Boot Camp Fitness floor						9:00AM-9:50AM (Hybrid) Amber H.	
BODYPUMP - Les Mills Studio C						10:00AM-10:50AM (Strength) Michelle L.	
Pop Pilates Studio A						10:00AM-10:50AM (Hybrid) <i>Elly O</i> .	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Enhance Fitness Studio C						11:00AM-11:50AM (Low Impact) Ashley G.	
Yoga Studio A						11:15AM-12:05PM (Mind & Body) <i>Mary G</i> .	



Platte County Community Center South | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pickleball - Drop In Play Gymnasium				12:00PM-3:00PM (Healthy Living Activity (Member Service))	12:00PM-3:00PM (Healthy Living Activity (Member Service))	8:00AM-10:00AM (Healthy Living Activity (Member Service))	
Open Gym Gymnasium				3:00PM-8:50PM (General)	5:00AM-7:00AM (General) 9:00AM-12:00PM (General)	7:30AM-4:50PM (General)	9:00AM-3:50PM (General)
					3:00PM-7:20PM (General)		
Lap Swim Lap Pool				4:00PM-8:30PM (Aquatics Open Swim)	6:00AM-1:00PM (Aquatics Open Swim) 4:00PM-7:00PM (Aquatics Open Swim)	7:30AM-2:00PM (Aquatics Open Swim)	9:00AM-3:30PM (Aquatics Open Swim)
Activity Pool Activity Pool				4:00PM-8:30PM (Aquatics Open Swim)	6:00AM-1:00PM (Aquatics Open Swim) 4:00PM-7:00PM (Aquatics Open Swim)	7:30AM-4:30PM (Aquatics Open Swim)	9:00AM-3:30PM (Aquatics Open Swim)
Free Play Kids Zone				4:30PM-8:00PM (Kid Zone Enrichment)	8:00AM-12:00PM (Kid Zone Enrichment)	8:00AM-12:00PM (Kid Zone Enrichment)	
Aqua Fit Activity Pool				5:30PM-6:30PM (Water Fitness) Jacqueline T.	8:30AM-9:30AM (Water Fitness) Jacqueline T.	8:00AM-9:00AM (Water Fitness) Emily S.	
BODYPUMP - Les Mills Studio C				5:30PM-6:20PM (Strength) <i>Melissa H.</i>	9:30AM-10:20AM (Strength) <i>Marla Z.</i>	8:15AM-9:05AM (Strength) <i>Kim H.</i>	10:00AM-10:50AM (Strength) Adriane L.
Pilates Studio B				5:30PM-6:30PM (Mind & Body) Kerri M.	9:30AM-10:30AM (Mind & Body) Cristina B.		
CORE - Les Mills Studio C				6:25PM-6:55PM (Strength) <i>Melissa H.</i>		9:15AM-9:45AM (Strength) Kim H.	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
BODYBALANCE - Les Mills Studio B					5:30AM-6:30AM (Mind & Body) Adriane L.	8:15AM-9:15AM (Mind & Body) <i>Kerri M.</i>	
					10:45AM-11:45AM (Mind & Body) Kerri M.		
Volleyball - Beach Ball Gymnasium					7:00AM-9:00AM (Healthy Living Activity (Member Service))		
Step Studio A					8:15AM-9:15AM (Cardio) <i>Kelly H.</i>	8:25AM-9:15AM (Cardio) Beth T.	
Enhance Fitness Studio C					8:15AM-9:15AM (Low Impact) <i>Cristina B.</i>		
SPRINT - Les Mills (Cycle) cycle studio					8:30AM-9:00AM (Cardio) <i>Adriane L</i> .		
Aqua Zumba Activity Pool					9:30AM-10:30AM (Water Fitness) Kelly H.		
Barre Bootcamp Studio A					9:30AM-10:30AM (Strength) Brooke W.		
RPM - Les Mills (Cycle) cycle studio					9:30AM-10:15AM (Cardio) Ashley V.	8:30AM-9:15AM (Cardio) <i>Adriane L.</i>	9:30AM-10:15AM (Cardio) <i>Kim H.</i>
Core Studio C					10:25AM-11:00AM (Strength) <i>Marla Z.</i>		
Strength Studio A					10:45AM-11:15AM (Strength) Kelly H.		
Brainsavers Studio C					11:15AM-12:15PM (Low Impact) Cristina B.		
Cardio Dance Studio A					11:15AM-11:45AM (Cardio) <i>Kelly H.</i>		
Silver Sneakers - Classic Studio A					12:30PM-1:30PM (Low Impact) <i>Kerri M</i> .		
Tai Chi - Intermediate Studio B					1:00PM-1:45PM (Mind & Body) Suellen H.		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Restorative Chair Exercises Studio B					2:00PM-2:45PM (Low Impact) Suellen H.		
PCCCS - AOA Field Trip - The Rabbit Hole/Chappell's Register					5:00PM-9:00PM (Healthy Living - AOA Special Events)		
BODYATTACK - Les Mills Studio A						7:35AM-8:20AM (Cardio) Feruza C.	
Martial Arts -Takeodo Studio A						9:30AM-10:20AM (Healthy Living Program (Activenet Registration Required)) Charlie P.	
						10:30AM-11:20AM (Healthy Living Program (Activenet Registration Required)) Charlie P.	
High Yo Studio B						9:30AM-10:30AM (Hybrid) Brooke W.	
PCCCS - AOA - Annual Block Party Register						10:00AM-1:00PM (Healthy Living - AOA Special Events)	
Diving Board - OPEN Lap Pool						2:15PM-4:30PM (Aquatics Activity (Member Service))	
BODYBALANCE - Les Mills Studio C							11:00AM-12:00PM (Mind & Body) Adriane L.



Cleaver Family YMCA | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pickleball - Drop In Play Gym				12:00PM-3:00PM (Healthy Living Activity (Member Service)) Staff C.			10:00AM-1:00PM (Healthy Living Activity (Member Service)) Staff C.
Activity Pool Pool				4:00PM-5:30PM (Aquatics Open Swim) Staff C.	6:00AM-7:45AM (Aquatics Open Swim) Staff C. 8:00AM-6:30PM	8:00AM-9:00AM (Aquatics Open Swim) Staff C. 1:00PM-3:30PM	10:00AM-2:30PM (Aquatics Open Swim) Staff C.
					(Aquatics Open Swim) Staff C.	(Aquatics Open Swim) Staff C.	
Swim Lessons Pool				5:30PM-7:30PM (Aquatics Program (Activenet Registration Required)) Staff C.		9:00AM-1:00PM (Aquatics Program (Activenet Registration Required)) Staff C.	
MixxedFit Gym				5:30PM-6:30PM (Cardio) <i>Taylor G.</i>			
Cycle Studio B				5:30PM-6:30PM (Cardio) <i>Gary C.</i>	5:30AM-6:30AM (Cardio) Sierra R.		
Strength Studio B				6:30PM-7:30PM (Strength) <i>Celina C.</i>			
Pilates Studio A					6:00AM-7:00AM (Mind & Body) <i>Mo M.</i>		
					10:00AM-10:50AM (Mind & Body) Tracey C.		
Lifeguard Break Pool					7:45AM-8:00AM (General) Staff C.		
Yoga Studio B					8:00AM-8:50AM (Mind & Body) <i>Tracey C</i> .	11:00AM-12:00PM (Mind & Body) <i>Jean M.</i>	12:30PM-1:30PM (Mind & Body) Jean M.
						12:00PM-1:00PM (Mind & Body) Jean M.	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Aqua Fit Pool					8:15AM-9:00AM (Water Fitness) Staff C.	8:15AM-9:00AM (Water Fitness) Roy C.	
					9:30AM-10:20AM (Water Fitness) Staff C.		
					11:00AM-11:45AM (Water Fitness) Staff C.		
Barre Studio A					8:45AM-9:45AM (Strength) <i>Kelly L</i> .		
AOA Chair Yoga Gym					9:00AM-9:50AM (Low Impact) <i>Tracey C.</i>		
Interval Training Studio B					9:45AM-10:45AM (Hybrid) Ebony D.		
Silver Sneakers - Circuit Gym					10:15AM-11:15AM (Low Impact) Carolyn A.		
AOA Low Impact Studio B					12:30PM-1:30PM (Low Impact) Ebony D.		
Boot Camp Gym						9:00AM-10:00AM (Hybrid) <i>Gary C.</i>	
Cleaver - Swim Conditioning II - Youth						9:15AM-10:00AM (Aquatics - Swim Lessons)	
Register							
Cleaver - Water Acclimation - Preschool Register						9:40AM-10:15AM (Water Acclimation)	
Cleaver - Water						9:40AM-10:15AM	
Movement - Preschool Register						(Water Movement)	
Cleaver - Water Stamina -						9:40AM-10:15AM	
Preschool						(Water Stamina)	
Register							
BODYPUMP - Les Mills Studio B						10:00AM-11:00AM (Strength) Lauren C.	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Cleaver - Stroke Introduction - Preschool						10:25AM-11:00AM (Stroke Introduction)	
<u>Register</u>							
Cleaver - Water Movement - Youth						10:25AM-11:00AM (Water Movement)	
<u>Register</u>							
Cleaver - Water Stamina - Youth						10:25AM-11:00AM (Water Stamina)	
<u>Register</u>							
Cleaver - Swim Conditioning I - Youth						11:10AM-11:45AM (Aquatics - Swim Lessons)	
<u>Register</u>							
Cleaver - Stroke Introduction - Youth						11:10AM-11:55AM (Stroke Introduction)	
<u>Register</u>							
Cleaver - Stroke Development - Youth						11:10AM-11:55AM (Stroke Development)	
Register							
Silver Sneakers - Circuit Studio B						2:30PM-3:30PM (Low Impact) Staff C.	



Providence Family YMCA | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Meditation Group Ex Studio				2:00PM-3:00PM (Mind & Body) <i>Tom W.</i>			
Lap Swim Lap Lanes in Pool				4:00PM-7:30PM (Aquatics Open Swim)	5:00AM-8:00AM (Aquatics Open Swim) 11:00AM-1:00PM (Aquatics Open Swim) 4:00PM-6:30PM (Aquatics Open Swim)	9:00AM-3:30PM (Aquatics Open Swim)	10:00AM-3:30PM (Aquatics Open Swim)
Activity Pool Pool				4:00PM-7:30PM (Aquatics Open Swim)	5:00AM-8:00AM (Aquatics Open Swim) 11:00AM-1:00PM (Aquatics Open Swim) 4:00PM-6:30PM (Aquatics Open Swim)	9:00AM-3:30PM (Aquatics Open Swim)	10:00AM-3:30PM (Aquatics Open Swim)
Swim Lessons Pool-Instructor Reserved Space				5:30PM-7:30PM (Aquatics Program (Activenet Registration Required))		9:30AM-12:30PM (Aquatics Program (Activenet Registration Required))	
BODYPUMP - Les Mills Group Ex Studio				5:30PM-6:30PM (Strength) <i>Erin C.</i>		9:00AM-10:00AM (Strength) Cassandra L.	
Step Group Ex Studio				6:30PM-7:30PM (Cardio) Katrena R.		10:30AM-11:20AM (Cardio) <i>Katrena R.</i>	
Aqua Fit Pool					8:00AM-9:00AM (Water Fitness) Sallie C. 9:00AM-10:00AM (Water Fitness) Robin C.		
Kickboxing with Bags Group Ex Studio					9:30AM-10:20PM (Cardio) <i>Nicole R</i> .		
Yoga Wellness Studio					10:00AM-10:50AM (Mind & Body) Sallie C.		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Aqua Core and Flexibility Pool					10:00AM-11:00AM (Water Fitness) Robin C.		
Enhance Fitness Gymnasium					10:30AM-11:30AM (Low Impact) Wayland P.		
Pickleball - Drop In Play Gymnasium					12:30PM-2:30PM (Healthy Living Activity (Member Service))		
Aqua Fit Pool-Instructor Reserved Space						8:00AM-9:00AM (Water Fitness) Sallie C.	
Adult Swim Lessons Pool-Instructor Reserved Space						9:00AM-9:30AM (Aquatics Program (Activenet Registration Required))	
Kempo for Kids Wellness Studio						10:30AM-11:15AM (Hybrid) <i>Tom W</i> .	
Tai Chi - Intermediate Group Ex Studio						12:00PM-1:00PM (Mind & Body) <i>Tom W.</i>	
Boot Camp Gymnasium							10:30AM-11:20AM (Hybrid) <i>Tracy O.</i>



Linwood Family YMCA | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Aspire Community Room				3:00PM-6:00PM (Youth And Family Programs) Linwood Y.			
Swim Lessons Pool				4:00PM-6:00PM (Aquatics Program (Activenet Registration Required)) Linwood Y.			
Zumba Studio A				5:30PM-6:30PM (Cardio) Susan T.			
Step Studio B				6:45PM-7:45PM (Cardio) <i>LeAnn M.</i>			
Muscle Pump Studio B					7:15AM-7:15AM (Strength) Susan T.		
Activity Pool Lap Lane (Pool)					9:00AM-1:00PM (Aquatics Open Swim) <i>Linwood Y.</i>	9:00AM-2:00PM (Aquatics Open Swim) Linwood Y.	
Activity Pool Pool					4:00PM-6:00PM (Aquatics Open Swim) <i>Linwood Y.</i>		
Linwood - Tween Night - Ages 11-13					5:00PM-8:00PM (Youth - Special Events)		
Zumba Studio B						9:15AM-10:15AM (Cardio) Susan T.	
Line Dancing Studio B						10:30AM-11:30AM (Cardio) <i>LeAnn M.</i>	
Adult Swim Lessons Pool						11:00AM-12:00PM (Aquatics Program (Activenet Registration Required)) Linwood Y.	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Gym Basketball Court (Front Half)						1:00PM-3:00PM (General) <i>Linwood Y</i> .	



Riverside Community Center | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pickleball - Drop In Play Gymnasium				3:30PM-5:15PM (Healthy Living Activity (Member Service))	11:30AM-3:30PM (Healthy Living Activity (Member Service))		1:00PM-3:30PM (Healthy Living Activity (Member Service))
Total Body Gymnasium					8:00AM-9:00AM (Hybrid) <i>Lori B.</i>		
Yoga Studio Zen					9:00AM-9:45AM (Mind & Body) <i>Lori B</i> .		
Line Dance Gymnasium					10:00AM-11:00AM (Healthy Living Activity (Member Service))		



Atchison Family YMCA | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Activity Pool Wellness Pool				4:00PM-7:30PM (Aquatics Open Swim)	4:00PM-6:30PM (Aquatics Open Swim)	8:00AM-1:00PM (Aquatics Open Swim)	1:00PM-3:00PM (Aquatics Open Swim)
Kid Zone - Open Hours KidZone				4:00PM-7:00PM (General)	8:00AM-11:00AM (General) 4:00PM-7:00PM	8:00AM-11:00AM (General)	
Lap Swim Pool				4:00PM-7:30PM (Aquatics Open Swim)	(General) 4:30AM-1:00PM (Aquatics Open Swim) 4:00PM-6:30PM (Aquatics Open Swim)	8:00AM-1:00PM (Aquatics Open Swim)	1:00PM-3:00PM (Aquatics Open Swim)
BODYPUMP - Les Mills Studio B				5:00PM-6:00PM (Strength) Donna N.		9:00AM-10:00AM (Strength) Nichole H.	
Atchison - Gymnastics - Parent-Tot				5:00PM-5:30PM (Healthy Living - Tumbling & Gymnastics)			
Facility Rental - Space Closed to Members Studio A				6:15PM-8:30PM (General)			
SHINE Studio A					5:00AM-6:00AM (Cardio) <i>Nichole H.</i>		
Circuit Training Studio B					5:15AM-6:15AM (Hybrid) <i>Rebecca L.</i>		
Aqua Strength & Cardio Pool					8:00AM-9:00AM (Water Fitness) Hillari H.		
Aqua Joints In Motion Pool					9:00AM-10:00AM (Water Fitness) Hillari H.		
Enhance Fitness Studio B					10:30AM-11:30AM (Low Impact) Sharon B.		
Strength and Conditioning Studio B					5:30PM-6:30PM (Hybrid) Caressa S.		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
SHINE Studio B						8:00AM-9:00AM (Cardio) <i>Nichole H.</i>	
Kid Zone - Closed KidZone							12:00PM-4:00PM (General)



Paul Henson Family YMCA | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Activity Pool Pool				4:00PM-7:30PM (Aquatics Open Swim)	6:00AM-11:00AM (Aquatics Open Swim)	8:00AM-12:00PM (Aquatics Open Swim)	
Lap Swim Pool				4:00PM-7:30PM (Aquatics Open Swim)	6:00AM-11:00AM (Aquatics Open Swim)	8:00AM-12:00PM (Aquatics Open Swim)	
Free Play Kids Zone				4:00PM-7:30PM (Kid Zone Enrichment)	8:30AM-11:30AM (Kid Zone Enrichment)	9:00AM-12:00PM (Kid Zone Enrichment)	



Bonner Springs Family YMCA | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim Lap Pool				4:00PM-7:30PM (Aquatics Open Swim)	5:00AM-1:00PM (Aquatics Open Swim)	7:00AM-4:30PM (Aquatics Open Swim)	10:00AM-4:30PM (Aquatics Open Swim)
					4:00PM-6:30PM (Aquatics Open Swim)		
Activity Pool Activity Pool				4:00PM-7:30PM (Aquatics Open Swim)	5:00AM-1:00PM (Aquatics Open Swim)	7:00AM-4:30PM (Aquatics Open Swim)	10:00AM-4:30PM (Aquatics Open Swim)
					4:00PM-6:30PM (Aquatics Open Swim)		
Swim Lessons Reserved Instructor Space in Activity Pool				4:05PM-7:30PM (Aquatics Program (Activenet Registration Required))		8:15AM-12:00PM (Aquatics Program (Activenet Registration Required))	
Tabata Group Ex Studio				4:30PM-5:00PM (Cardio) Katie B.			
Lap Swim Reduced lanes available.				5:30PM-7:00PM (Aquatics Open Swim)			
Swim Club Reserved Lanes in Lap Pool				5:30PM-7:00PM (Aquatics Program (Activenet Registration Required))			
Cycle Group Ex Studio				5:30PM-6:00PM (Cardio) LeAnn J.			
Core Group Ex Studio				6:00PM-6:30PM (Strength) LeAnn J.			
Boot Camp Group Ex Studio					5:15AM-5:45AM (Hybrid) Pam R.		
Yoga Group Ex Studio					5:45AM-6:15AM (Mind & Body) <i>Pam R</i> .	9:30AM-10:30AM (Mind & Body) Emily N.	
					5:15PM-6:15PM (Mind & Body) <i>Emily N</i> .		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Aqua Fit Activity Pool					6:30AM-7:30AM (Water Fitness) Peg B.		
					8:30AM-9:30AM (Water Fitness) Peg B.		
Enhance Fitness Classroom B					8:00AM-9:00AM (Low Impact) <i>LeAnn J</i> .		
Running Club Welcome Center					8:45AM-9:30AM (Healthy Living Activity (Member Service)) <i>Jim M.</i>		
BODYCOMBAT - Les Mills Group Ex Studio					9:30AM-10:30AM (Cardio) Becca N.		
BODYPUMP - Les Mills Group Ex Studio						7:15AM-8:15AM (Strength) April L.	
Cycle and Run Group Ex Studio						8:30AM-9:30AM (Cardio) LeAnn J.	
Martial Arts - Taekwondo (Bonner) Classroom B						9:30AM-12:00PM (Healthy Living Program (Activenet Registration Required)) Mark P.	
Diving Board - OPEN Diving Board							10:00AM-4:30PM (Aquatics Activity (Membe Service))



North Kansas City YMCA | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Activity Pool Pool				4:00PM-7:30PM (Aquatics Open Swim)	5:00AM-1:00PM (Aquatics Open Swim)	8:00AM-10:00AM (Aquatics Open Swim)	10:00AM-3:30PM (Aquatics Open Swim)
					4:00PM-6:30PM (Aquatics Open Swim)	11:30AM-3:30PM (Aquatics Open Swim)	
Warrior Strength Determined Studio				5:30PM-6:25PM (Strength) Sarah W.			
WERQ nspire Studio				5:30PM-6:20PM (Cardio) Lauren C.		9:00AM-9:55AM (Cardio) <i>Chihiro S.</i>	
Turn and Burn Inspire Studio					5:30AM-6:30AM (Hybrid) Heather Z.		
Aqua River Challenge pool activity space					9:00AM-10:00AM (Water Fitness) Jody S.		
Enhance Fitness Inspire Studio					9:30AM-10:30AM (Low Impact) <i>Dina B.</i>		
Pickleball - Drop In Play Gymnasium Court 1					10:30AM-1:00PM (Healthy Living Activity (Member Service))		
Aqua Fit pool activity space					10:30AM-11:15AM (Water Fitness) Jane A.		
Strength and Conditioning Determined Studio					11:00AM-11:50AM (Hybrid) Sarah C.		
TRX Determined Studio					12:00PM-12:45PM (Strength) Sarah C.	11:00AM-11:55AM (Strength) Sarah C.	
BODYPUMP - Les Mills Determined Studio					5:30PM-6:25PM (Strength) <i>Abigail P.</i>	12:00PM-12:55PM (Strength) <i>Abigail P.</i>	
BODYBALANCE - Les Mills nspire Studio					5:45PM-6:25PM (Mind & Body) <i>Kerri M.</i>		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Strength Determined Studio						9:00AM-9:55AM (Strength) <i>Kelly H.</i>	
PiYo Determined Studio						10:00AM-10:50AM (Hybrid) Kelly H.	
Pilates Inspire Studio						10:00AM-10:50AM (Mind & Body) Kathy M.	
Zumba Gold Determined Studio							1:00PM-1:55PM (Low Impact) Kerri M.



School - Westwood View | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Westwood View - No School Days - 09.12.2025					7:00AM-6:00PM (Youth - Child Care and		
Register					Education)		