



Platte County Community Center South | June 8th - June 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
PCCCS - AOA - Parkinson's Support Group Register		1:30PM-2:30PM (Healthy Living - AOA Special Events)					
Open Gym Gymnasium			5:00AM-7:00AM (General) 9:00AM-12:00PM (General) 3:00PM-8:50PM (General)	5:00AM-7:00AM (General) 9:00AM-12:00PM (General) 3:00PM-8:50PM (General)	5:00AM-7:00AM (General) 9:00AM-12:00PM (General) 3:00PM-8:50PM (General)	7:30AM-4:50PM (General)	9:00AM-3:50PM (General)
Lap Swim Lap Pool			5:00AM-1:00PM (Aquatics Open Swim) 3:30PM-8:30PM (Aquatics Open Swim)	5:00AM-8:30PM (Aquatics Open Swim)	5:00AM-8:30PM (Aquatics Open Swim)	7:00AM-4:30PM (Aquatics Open Swim)	8:00AM-4:30PM (Aquatics Open Swim)
Activity Pool Activity Pool			5:00AM-1:00PM (Aquatics Open Swim) 3:30PM-8:30PM (Aquatics Open Swim)	5:00AM-8:30PM (Aquatics Open Swim)	5:00AM-8:30PM (Aquatics Open Swim)	7:00AM-4:30PM (Aquatics Open Swim)	8:00AM-4:30PM (Aquatics Open Swim)
BODYBALANCE - Les Mills Studio B			5:30AM-6:30AM (Mind & Body) <i>Sherri C.</i> 10:15AM-11:15AM (Mind & Body) <i>Cristina B.</i>	9:00AM-10:00AM (Mind & Body) <i>Kristi S.</i> 5:15PM-6:15PM (Mind & Body) <i>Adriane L.</i>	10:15AM-11:15AM (Mind & Body) <i>Kristi S.</i>	8:15AM-9:15AM (Mind & Body) <i>Kerri M.</i>	
RPM - Les Mills (Cycle) cycle studio			5:30AM-6:15AM (Cardio) <i>Adriane L.</i>		9:15AM-10:00AM (Cardio) <i>Kristi S.</i>	8:30AM-9:15AM (Cardio) <i>Adriane L.</i>	9:30AM-10:15AM (Cardio) <i>Kim H.</i>
PCCCS - Thriving Through Perimenopause Register			6:30AM-8:00AM (Healthy Living)				
Volleyball - Beach Ball Gymnasium			7:00AM-9:00AM (Healthy Living Activity (Member Service))	7:00AM-9:00AM (Healthy Living Activity (Member Service))	7:00AM-9:00AM (Healthy Living Activity (Member Service))		
Enhance Fitness Studio C			8:00AM-9:00AM (Low Impact) <i>Kerri M.</i>		8:00AM-9:00AM (Low Impact) <i>Kerri M.</i>		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Free Play Kids Zone			8:00AM-12:00PM (Kid Zone Enrichment) 4:30PM-8:00PM (Kid Zone Enrichment)	8:00AM-12:00PM (Kid Zone Enrichment) 4:30PM-8:00PM (Kid Zone Enrichment)	8:00AM-12:00PM (Kid Zone Enrichment)	8:00AM-12:00PM (Kid Zone Enrichment)	
BODYATTACK - Les Mills Studio A			8:00AM-8:45AM (Cardio) <i>Joy G.</i>			7:15AM-8:00AM (Cardio) <i>Beth T.</i>	
Pilates Studio B			9:00AM-10:00AM (Mind & Body) <i>Cristina B.</i>		9:00AM-10:00AM (Mind & Body) <i>Cristina B.</i>		
Cycle and Strength cycle studio			9:15AM-10:15AM (Hybrid) <i>Tarah M.</i>				
Boot Camp Studio A			9:15AM-10:00AM (Hybrid) <i>Julie-Anne S.</i>				
BODYPUMP - Les Mills Studio C			9:15AM-10:05AM (Strength) <i>Kristi S.</i>	5:30AM-6:15AM (Strength) <i>Emily M.</i> 9:00AM-10:00AM (Strength) <i>Hannah S.</i> 5:30PM-6:20PM (Strength) <i>Susan Q.</i>	9:15AM-10:05AM (Strength) <i>Marla Z.</i>	8:15AM-9:05AM (Strength) <i>Kim H.</i>	10:00AM-10:50AM (Strength) <i>Adriane L.</i>
Core Studio C			10:15AM-10:45AM (Strength) <i>Kristi S.</i>		10:15AM-10:45AM (Strength) <i>Marla Z.</i>		
High Yo Studio A			10:15AM-11:15AM (Hybrid) <i>Brooke W.</i>				
Pedaling for Parkinson's (Fee Based) cycle studio			10:45AM-11:45AM (Cardio) <i>Kerri M.</i>		10:45AM-11:45AM (Cardio) <i>Kelly B.</i>		
Line Dancing Studio C			11:15AM-12:15PM (Cardio) <i>Joyce B.</i>				
Tai Chi - Intermediate Studio B			11:45AM-12:45PM (Mind & Body) <i>Terry K.</i>				
Pickleball - Drop In Play Gymnasium			12:00PM-3:00PM (Healthy Living Activity (Member Service))	12:00PM-3:00PM (Healthy Living Activity (Member Service))	12:00PM-3:00PM (Healthy Living Activity (Member Service))	8:00AM-10:00AM (Healthy Living Activity (Member Service))	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Silver Sneakers - Classic Studio A			12:30PM-1:30PM (Low Impact) <i>Kerri M.</i>		12:30PM-1:30PM (Low Impact) <i>Kerri M.</i>		
TONE - Les Mills Studio C			5:30PM-6:30PM (Hybrid) <i>Tosha C.</i>			10:00AM-11:00AM (Hybrid) <i>Tosha C.</i>	
Martial Arts *Fee Based Studio A			5:30PM-7:40PM (Hybrid) <i>Certified I.</i>			9:30AM-11:40AM (Hybrid) <i>Certified I.</i>	
SPRINT - Les Mills (Cycle) cycle studio			5:45PM-6:15PM (Cardio) <i>Nicole L.</i>	9:30AM-10:00AM (Cardio) <i>Ashley V.</i>	8:30AM-9:00AM (Cardio) <i>Adriane L.</i>		
Yoga Studio B			6:30PM-7:30PM (Mind & Body) <i>Kelly B.</i>	7:45AM-8:45AM (Mind & Body) <i>Kerri M.</i>			
Group Active Studio A				7:45AM-8:45AM (Hybrid) <i>Cristina B.</i>			
AOA Low Impact Activity Pool				8:30AM-9:15AM (Low Impact) <i>Suellen H.</i>			
Progressive Weight Lifting Studio A				9:00AM-10:00AM (Strength) <i>Joy G.</i>			
Aqua Fit Activity Pool				9:30AM-10:30AM (Water Fitness) <i>Jacqueline T.</i> 5:30PM-6:30PM (Water Fitness) <i>Jacqueline T.</i>	8:30AM-9:30AM (Water Fitness) <i>Jacqueline T.</i>	8:00AM-9:00AM (Water Fitness) <i>Emily S.</i>	
PCCCS - AOA Seminar - Technology Tune-Up Day Register				10:00AM-11:30AM (Healthy Living - AOA Special Events)			
Total Body Stretch Studio B				10:15AM-11:00AM (Mind & Body) <i>Melanie R.</i>			
Zumba Studio A				10:15AM-11:15AM (Cardio) <i>Beth T.</i>			
Belly Dancing Studio C				10:15AM-11:15AM (Cardio) <i>Kerri M.</i>			
AOA Core Training Studio A				11:30AM-12:15PM (Low Impact) <i>Kerri M.</i>			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
AOA Chair Yoga Studio A				12:30PM-1:15PM (Low Impact) <i>Kerri M.</i>			
Cycle cycle studio				6:00PM-7:00PM (Cardio) <i>Rodney L.</i>			
WERQ Studio A				6:15PM-7:00PM (Cardio) <i>Avery P.</i>			
CORE - Les Mills Studio C				6:25PM-6:55PM (Strength) <i>Susan Q.</i>		9:15AM-9:45AM (Strength) <i>Kim H.</i>	
Intro to Step Studio A					7:45AM-8:10AM (Cardio) <i>Beth T.</i>		
Step Studio A					8:15AM-9:15AM (Cardio) <i>Beth T.</i>	8:15AM-9:15AM (Cardio) <i>Beth T.</i>	
Barre Bootcamp Studio A					9:30AM-10:30AM (Strength) <i>Beth T.</i>		
PCCCS - AOA - Dinner and a Movie Register					1:00PM-6:00PM (Healthy Living - AOA Special Events)		
PCCCS - Red Cross Lifeguard Course Register						7:00AM-6:00PM (Aquatics - Trainings)	7:00AM-6:00PM (Aquatics - Trainings)
PCCCS - Ray - Water Stamina - Preschool Register						9:00AM-9:45AM (Water Stamina)	
PCCCS - Minnow - Water Stamina - Youth Register						9:00AM-9:45AM (Water Stamina)	
PCCCS - Adult Swim Lessons - Beginners Register						9:00AM-9:45AM (Adult Swim Lessons)	
PCCCS - Tadpole - Water Discovery - Parent/Child Register						9:00AM-9:45AM (Water Discovery)	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
High Yo Studio B						9:30AM-10:30AM (Hybrid) <i>Brooke W.</i>	
PCCCS - Guppy - Water Movement - Youth Register						10:00AM-10:45AM (Water Movement)	
PCCCS - Eel - Water Movement - Preschool Register						10:00AM-10:45AM (Water Movement)	
PCCCS - Fish - Stroke Introduction - Youth Register						10:00AM-10:45AM (Stroke Introduction)	
PCCCS - Polliwog - Water Acclimation - Youth Register						11:00AM-11:45AM (Water Acclimation)	
PCCCS - Pike - Water Acclimation - Preschool Register						11:00AM-11:45AM (Water Acclimation)	
PCCCS - Flying Fish - Stroke Development - Youth Register						11:00AM-11:45AM (Stroke Development)	
PCCCS - Kids Night Out Register						4:30PM-8:00PM (Kids Night Out)	
BODYBALANCE - Les Mills Studio C							11:00AM-12:00PM (Mind & Body) <i>Adriane L.</i>



Atchison Family YMCA | June 8th - June 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim Pool			4:30AM-1:00PM (Aquatics Open Swim) 4:00PM-7:30PM (Aquatics Open Swim)	4:30AM-1:00PM (Aquatics Open Swim) 4:00PM-7:30PM (Aquatics Open Swim)	4:30AM-1:00PM (Aquatics Open Swim) 4:00PM-6:30PM (Aquatics Open Swim)	7:00AM-1:00PM (Aquatics Open Swim)	1:00PM-3:00PM (Aquatics Open Swim)
Circuit Training Studio B			5:15AM-6:15AM (Hybrid) <i>Rebecca L.</i>		5:15AM-6:15AM (Hybrid) <i>Rebecca L.</i>		
Aqua Strength & Cardio Pool			8:00AM-9:00AM (Water Fitness) <i>Hillari H.</i>	8:00AM-9:00AM (Water Fitness) <i>Hillari H.</i>	8:00AM-9:00AM (Water Fitness) <i>Hillari H.</i>		
Kid Zone - Open Hours KidZone			8:00AM-11:00AM (General) 4:00PM-7:00PM (General)	8:00AM-11:00AM (General) 4:00PM-7:00PM (General)	8:00AM-11:00AM (General) 4:00PM-7:00PM (General)	8:00AM-11:00AM (General)	
Aqua Joints In Motion Pool			9:00AM-10:00AM (Water Fitness) <i>Hillari H.</i>	11:00AM-12:00PM (Water Fitness) <i>Hillari H.</i>	9:00AM-10:00AM (Water Fitness) <i>Hillari H.</i>		
Enhance Fitness Studio B			10:30AM-11:30AM (Low Impact) <i>Sharon B.</i>		10:30AM-11:30AM (Low Impact) <i>Sharon B.</i>		
Activity Pool Wellness Pool			5:00PM-7:00PM (Aquatics Open Swim)	5:00PM-7:00PM (Aquatics Open Swim)	5:00PM-7:00PM (Aquatics Open Swim)	8:00AM-12:00PM (Aquatics Open Swim)	1:00PM-2:00PM (Aquatics Open Swim)
Yoga Studio A			5:30PM-6:30PM (Mind & Body) <i>Valerie P.</i>	8:30AM-9:30AM (Mind & Body) <i>Jennifer T.</i>			
SHiNE Studio B			5:30PM-6:30PM (Cardio) <i>Nichole H.</i>			8:00AM-9:00AM (Cardio) <i>Nichole H.</i>	
BODYPUMP - Les Mills Studio B				5:00AM-6:00AM (Strength) <i>Nichole H.</i> 5:00PM-6:00PM (Strength) <i>Donna N.</i>		9:00AM-10:00AM (Strength) <i>Nichole H.</i>	
Low Impact Aerobics Studio B				9:00AM-10:00AM (Low Impact) <i>Sharon B.</i>			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pickleball - Drop In Play Gymnasium				1:00PM-2:30PM (Healthy Living Activity (Member Service))			
Atchison - Adult/Pediatric First Aid/CPR/AED - BL Register				5:30PM-8:00PM (Aquatics - Trainings)			
Strength and Conditioning Studio B					6:00PM-7:00PM (Hybrid) Caressa S.		



Providence Family YMCA | June 8th - June 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Steam Room Pool			5:00AM-8:30PM (Aquatics Open Swim)	5:00AM-8:30PM (Aquatics Open Swim)	5:00AM-8:30PM (Aquatics Open Swim)	7:00AM-4:30PM (Aquatics Open Swim)	8:00AM-4:30PM (Aquatics Open Swim)
Activity Pool Pool			5:00AM-8:30PM (Aquatics Open Swim)	5:00AM-8:30PM (Aquatics Open Swim)	5:00AM-8:30PM (Aquatics Open Swim)	7:00AM-4:30PM (Aquatics Open Swim)	8:00AM-4:30PM (Aquatics Open Swim)
Lap Swim Lap Lanes in Pool			5:00AM-8:00AM (Aquatics Open Swim) 10:00AM-8:30PM (Aquatics Open Swim)	5:00AM-6:30AM (Aquatics Open Swim) 10:00AM-8:30PM (Aquatics Open Swim)	5:00AM-8:00AM (Aquatics Open Swim) 11:00AM-8:30PM (Aquatics Open Swim)	9:00AM-4:30PM (Aquatics Open Swim)	8:00AM-4:30PM (Aquatics Open Swim)
Yoga Group Ex Studio			6:30AM-7:30AM (Mind & Body) <i>Sallie C.</i>	8:15AM-9:00AM (Mind & Body) <i>Sallie C.</i>			
Aqua Fit Pool			8:00AM-9:00AM (Water Fitness) <i>Robin C.</i>		8:00AM-9:00AM (Water Fitness) <i>Sallie C.</i> 9:00AM-10:00AM (Water Fitness) <i>Robin C.</i>		
Low Impact Group Ex Studio			8:30AM-9:30AM (Low Impact) <i>Sallie C.</i>				
Aqua Fit Pool-Instructor Reserved Space			9:00AM-10:00AM (Water Fitness) <i>Robin C.</i>	6:30AM-7:30AM (Water Fitness) <i>Peg B.</i>			
Boot Camp/HIIT Gymnasium			9:15AM-10:15AM (Hybrid) <i>Victor C.</i>	9:15AM-10:15AM (Hybrid) <i>Victor C.</i>			
Yoga Wellness Studio			9:30AM-10:15AM (Mind & Body) <i>Sallie C.</i>		10:00AM-10:50AM (Mind & Body) <i>Sallie C.</i>		
Enhance Fitness Gymnasium			10:30AM-11:30AM (Low Impact) <i>Wayland P.</i>		10:30AM-11:30AM (Low Impact) <i>Wayland P.</i>		
Silver Sneakers - Chair Yoga Group Ex Studio			11:45AM-12:30PM (Low Impact) <i>Wayland P.</i>				

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pickleball - Drop In Play Gymnasium			12:30PM-2:00PM (Healthy Living Activity (Member Service)) 5:30PM-6:30PM (Healthy Living Activity (Member Service))	7:00AM-9:00AM (Healthy Living Activity (Member Service))	12:30PM-2:30PM (Healthy Living Activity (Member Service)) 5:30PM-6:30PM (Healthy Living Activity (Member Service))		
Swim Lessons Pool-Instructor Reserved Space			5:30PM-7:30PM (Aquatics Program (Activenet Registration Required))	5:30PM-7:30PM (Aquatics Program (Activenet Registration Required))		9:00AM-12:30PM (Aquatics Program (Activenet Registration Required))	
Cardio Dance Group Ex Studio			5:30PM-6:20PM (Cardio) <i>Tina S.</i>				
Boot Camp Group Ex Studio			6:30PM-7:30PM (Hybrid) <i>Nicole R.</i>				
BODYPUMP - Les Mills Group Ex Studio				5:15AM-6:15AM (Strength) <i>April L.</i> 10:30AM-11:30AM (Strength) <i>Connie J.</i> 5:30PM-6:20PM (Strength) <i>Cheryl L.</i>		9:00AM-10:00AM (Strength) <i>Cassandra L.</i>	
Aqua Joints In Motion Pool-Instructor Reserved Space				8:00AM-9:00AM (Water Fitness) <i>Georgia P.</i> 9:00AM-10:00AM (Water Fitness) <i>Georgia P.</i>			
Line Dancing Group Ex Studio				9:15AM-10:00AM (Cardio) <i>Suzie T.</i>			
Silver Sneakers - Classic Gymnasium				10:30AM-11:20AM (Low Impact) <i>Wayland P.</i>			
Tai Chi Group Ex Studio				11:45AM-12:45PM (Mind & Body) <i>Tom W.</i>			
Tai Chi - Advanced Group Ex Studio				12:45PM-1:15PM (Mind & Body) <i>Tom W.</i>			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Meditation Group Ex Studio				1:15PM-1:45PM (Mind & Body) <i>Tom W.</i>			
Pound Group Ex Studio				6:30PM-7:30PM (Cardio) <i>Erin E.</i>			
Kickboxing with Bags Group Ex Studio					9:30AM-10:20PM (Cardio) <i>Nicole R.</i>		
Aqua Core and Flexibility Pool					10:00AM-11:00AM (Water Fitness) <i>Robin C.</i>		
Aqua Strength & Cardio Pool-Instructor Reserved Space						8:00AM-9:00AM (Water Fitness) <i>Julie L.</i>	
Adult Swim Lessons Pool-Instructor Reserved Space						9:00AM-9:30AM (Aquatics Program (Activenet Registration Required))	
Step Group Ex Studio						10:30AM-11:20AM (Cardio) <i>Katrena R.</i>	
Providence - Family Movie Night Register						5:00PM-9:30PM (Youth and Family)	
Boot Camp Gymnasium							10:30AM-11:20AM (Hybrid) <i>Tracy O.</i>
Family Swim Pool							1:00PM-4:30PM (Youth And Family Programs)



Bonner Springs Family YMCA | June 8th - June 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Activity Pool Activity Pool			5:00AM-8:30PM (Aquatics Open Swim)	5:00AM-8:30PM (Aquatics Open Swim)	5:00AM-8:30PM (Aquatics Open Swim)	7:00AM-4:30PM (Aquatics Open Swim)	8:00AM-4:30PM (Aquatics Open Swim)
Lap Swim Lap Pool			5:00AM-8:30PM (Aquatics Open Swim)	5:00AM-8:30PM (Aquatics Open Swim)	5:00AM-8:30PM (Aquatics Open Swim)	7:00AM-4:30PM (Aquatics Open Swim)	8:00AM-4:30PM (Aquatics Open Swim)
BODYPUMP - Les Mills Group Ex Studio			5:15AM-6:15AM (Strength) <i>Cheryl L.</i> 7:00AM-8:00AM (Strength) <i>Erin C.</i>			7:15AM-8:15AM (Strength) <i>April L.</i>	
Aqua Fit Activity Pool			6:30AM-7:30AM (Water Fitness) <i>Peg B.</i> 8:30AM-9:30AM (Water Fitness) <i>Peg B.</i> 6:30PM-7:30PM (Water Fitness) <i>Carolyn L.</i>	11:00AM-12:00PM (Water Fitness) <i>Marla F.</i>	6:30AM-7:30AM (Water Fitness) <i>Peg B.</i> 8:30AM-9:30AM (Water Fitness) <i>Marla F.</i>		
Enhance Fitness Classroom B			8:00AM-9:00AM (Low Impact) <i>LeAnn J.</i> 10:45AM-11:45AM (Low Impact) <i>LeAnn J.</i>		8:00AM-9:00AM (Low Impact) <i>LeAnn J.</i> 10:45AM-11:45AM (Low Impact) <i>LeAnn J.</i>		
Line Dancing Group Ex Studio			8:15AM-9:15AM (Cardio) <i>Rebecca H.</i>				
Y In Motion Kids Zone			9:00AM-11:00AM (Kid Zone Enrichment)	9:00AM-11:00AM (Kid Zone Enrichment)	9:00AM-11:00AM (Kid Zone Enrichment)		
Yoga Group Ex Studio			9:30AM-10:30AM (Mind & Body) <i>Melissa C.</i> 6:30PM-7:30PM (Mind & Body) <i>Emily N.</i>		5:45AM-6:15AM (Mind & Body) <i>Pam R.</i> 5:15PM-6:15PM (Mind & Body) <i>John H.</i>	9:30AM-10:20AM (Mind & Body) <i>John H.</i>	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Activity Pool Reduced Space in Lap/Activity Pool			12:30PM-1:45PM (Aquatics Open Swim)		12:30PM-1:45PM (Aquatics Open Swim) 2:15PM-3:30PM (Aquatics Open Swim)		
Aqua Joints In Motion Activity Pool			1:50PM-2:50PM (Water Fitness) <i>Sharon R.</i>				
Total Body Group Ex Studio			5:30PM-6:20PM (Hybrid) <i>Pam R.</i>	7:00AM-7:30AM (Hybrid) <i>Jackie D.</i> 9:30AM-10:30AM (Hybrid) <i>Chelsey J.</i>			
Martial Arts - Little Dragons Classroom B			5:30PM-6:15PM (Healthy Living Program (Activenet Registration Required)) <i>Mark P.</i>				
Swim Club Reserved Lanes in Lap Pool			5:30PM-7:00PM (Aquatics Program (Activenet Registration Required))	5:30PM-7:00PM (Aquatics Program (Activenet Registration Required))			
Cycle Group Ex Studio				5:15AM-6:05AM (Cardio) <i>Pam R.</i> 8:35AM-9:15AM (Cardio) <i>Jackie D.</i> 5:30PM-6:00PM (Cardio) <i>LeAnn J.</i>			
Core Group Ex Studio				7:30AM-8:00AM (Strength) <i>Jackie D.</i> 6:00PM-6:30PM (Strength) <i>LeAnn J.</i>			
Aqua Dance Activity Pool				8:30AM-9:30AM (Water Fitness) <i>Kirstin C.</i>			
Water Volleyball Reserved Instructor Space in Activity Pool				9:30AM-10:30AM (Aquatics Activity (Member Service)) <i>Rebecca H.</i>			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Silver Sneakers - Chair Yoga Classroom B				9:30AM-10:15AM (Low Impact) <i>John H.</i>			
Swim Lessons Reserved Instructor Space in Activity Pool				4:05PM-7:30PM (Aquatics Program (Activenet Registration Required))		8:15AM-12:15PM (Aquatics Program (Activenet Registration Required))	
Tai Chi Classroom B				5:15PM-6:00PM (Mind & Body) <i>Tom W.</i>			
Wyandotte County - Bitty Baseball - Bonner Springs Register				6:00PM-7:00PM (Sports - Bitty Sports)			
Boot Camp Group Ex Studio					5:15AM-5:45AM (Hybrid) <i>Pam R.</i>		
Running Club Welcome Center					8:00AM-8:45AM (Healthy Living Activity (Member Service)) <i>Jim M.</i>		
BODYCOMBAT - Les Mills Group Ex Studio					9:30AM-10:30AM (Cardio) <i>Becca N.</i>		
Wyandotte County - Bitty Basketball - Providence Register					6:00PM-7:00PM (Sports - Bitty Sports)		
Cycle and Run Group Ex Studio						8:30AM-9:20AM (Cardio) <i>LeAnn J.</i>	
Martial Arts - Taekwondo (Bonner) Classroom B						9:30AM-12:00PM (Healthy Living Program (Activenet Registration Required)) <i>Mark P.</i>	
Diving Board - OPEN Diving Board							8:00AM-4:30PM (Aquatics Activity (Member Service))



Kirk Family YMCA | June 8th - June 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim Pool			5:00AM-8:30PM (Aquatics Open Swim)	5:00AM-8:30PM (Aquatics Open Swim)	5:00AM-8:30PM (Aquatics Open Swim)	5:00AM-8:30PM (Aquatics Open Swim)	5:00AM-8:30PM (Aquatics Open Swim)
Hot Tub Pool			5:00AM-8:30PM (Aquatics Open Swim)	5:00AM-8:30PM (Aquatics Open Swim)	5:00AM-8:30PM (Aquatics Open Swim)	5:00AM-8:30PM (Aquatics Open Swim)	5:00AM-8:30PM (Aquatics Open Swim)
Sauna/Steam Room Pool			5:00AM-8:30PM (Aquatics Open Swim)	5:00AM-8:30PM (Aquatics Open Swim)	5:00AM-8:30PM (Aquatics Open Swim)	5:00AM-8:30PM (Aquatics Open Swim)	5:00AM-8:30PM (Aquatics Open Swim)
BODYPUMP - Les Mills Studio B			5:30AM-6:25AM (Strength) <i>Tiffany S.</i> 9:30AM-10:30AM (Strength) <i>Kenna C.</i> 12:00PM-12:30PM (Strength) <i>Heather T.</i> 6:00PM-6:30PM (Strength) <i>Jocelyn P.</i>		5:30AM-6:15AM (Strength) <i>Kenna C.</i> 12:00PM-12:30PM (Strength) <i>Heather T.</i>	9:00AM-9:55AM (Strength) <i>Rhiannon A.</i>	1:00PM-2:00PM (Strength) <i>Celina C.</i>
Kid Zone - Open Hours Kids Zone			9:00AM-1:00PM (General) 4:00PM-8:30PM (General)	9:00AM-1:00PM (General) 4:00PM-7:30PM (General)	9:00AM-1:00PM (General)	8:00AM-12:00PM (General)	
Aqua Fit Pool			10:00AM-11:00AM (Water Fitness) <i>Lisa R.</i>	5:30PM-6:30PM (Water Fitness) <i>Craig S.</i>		10:00AM-11:00AM (Water Fitness) <i>Craig S.</i>	
SPRINT - Les Mills (Cycle) Spin Studio			12:00PM-12:30PM (Cardio) <i>Kenna C.</i>	5:30PM-6:00PM (Cardio) <i>Mark V.</i>	6:30AM-7:00AM (Cardio) <i>Kenna C.</i>		
Pop Cycle Spin Studio			4:45PM-5:15PM (Cardio) <i>Mark V.</i>				
MixedFit Studio B			5:15PM-5:45PM (Cardio) <i>Keonya C.</i>				

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pilates Studio A			5:30PM-6:00PM (Mind & Body) <i>Mark V.</i>	10:30AM-11:20AM (Mind & Body) <i>Brittney B.</i> 5:30PM-6:00PM (Mind & Body) <i>Jared R.</i>		8:15AM-9:00AM (Mind & Body) <i>Emily C.</i>	
Yoga Flow Studio A			6:00PM-6:30PM (Mind & Body) <i>Mark V.</i>	6:00AM-6:50AM (Mind & Body) <i>Casey Q.</i> 6:15PM-7:00PM (Mind & Body) <i>Jared R.</i>	10:30AM-11:15AM (Mind & Body) <i>Brittney B.</i>		
CORE - Les Mills Studio B			6:30PM-7:00PM (Strength) <i>Jocelyn P.</i>				
BODYPUMP HEAVY - Les Mills Studio B				4:30PM-5:15PM (Strength) <i>Mark V.</i>			
High Fitness Studio A					9:30AM-10:30AM (Cardio) <i>Lesley T.</i>		
Kirk Family YMCA - Father's Day Donuts with Dad Register						8:00AM-11:00AM (Youth and Family)	
Cycle Spin Studio						8:20AM-8:50AM (Cardio) <i>Heather Z.</i>	
Yoga Studio A						9:15AM-10:00AM (Mind & Body) <i>Jared R.</i>	10:15AM-11:00AM (Mind & Body) <i>Jared R.</i>
BODYCOMBAT - Les Mills Studio B						10:00AM-10:55AM (Cardio) <i>Rhiannon A.</i>	
Kirk Family YMCA - Kids Night Out Register						6:00PM-9:00PM (Kids Night Out)	
MixedFit Studio A							2:00PM-2:50PM (Cardio) <i>Keonya C.</i>



Platte County Community Center North | June 8th - June 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Gym Gymnasium			5:00AM-9:00PM (General)	5:00AM-9:00PM (General)	5:00AM-9:00PM (General)	7:00AM-5:00PM (General)	8:00AM-5:00PM (General)
Cycle Studio C			5:15AM-5:45AM (Cardio) <i>Kristian A.</i>	9:00AM-9:40AM (Cardio) <i>Kassie F.</i>	5:15AM-6:05AM (Cardio) <i>Kristian A.</i>		
Stretch Studio A (Face-to-Face)			5:45AM-6:05AM (Mind & Body) <i>Kristian A.</i>				
Sauna/Steam Room Sauna/Steam Room			6:00AM-8:30PM (Aquatics Open Swim)	6:00AM-1:00PM (Aquatics Open Swim) 3:00PM-8:30PM (Aquatics Open Swim)	6:00AM-8:30PM (Aquatics Open Swim)	7:00AM-4:00PM (Aquatics Open Swim)	9:00AM-4:00PM (Aquatics Open Swim)
Activity Pool Activity Pool			6:00AM-8:30PM (Aquatics Open Swim)	6:00AM-1:00PM (Aquatics Open Swim) 3:00PM-8:30PM (Aquatics Open Swim)	6:00AM-8:30PM (Aquatics Open Swim)	7:00AM-4:00PM (Aquatics Open Swim)	9:00AM-4:00PM (Aquatics Open Swim)
Lazy River Lazy River			6:00AM-8:30PM (Aquatics Open Swim)	6:00AM-1:00PM (Aquatics Open Swim) 3:00PM-8:30PM (Aquatics Open Swim)	6:00AM-8:30PM (Aquatics Open Swim)	7:00AM-4:00PM (Aquatics Open Swim)	9:00AM-4:00PM (Aquatics Open Swim)
Lap Swim Competition Pool			6:00AM-1:00PM (Aquatics Open Swim) 3:00PM-7:30PM (Aquatics Open Swim)	6:00AM-1:00PM (Aquatics Open Swim) 3:00PM-7:30PM (Aquatics Open Swim)	6:00AM-1:00PM (Aquatics Open Swim) 3:00PM-7:30PM (Aquatics Open Swim)	7:00AM-4:00PM (Aquatics Open Swim)	9:00AM-4:00PM (Aquatics Open Swim)
YMCA 360 - Core Studio A (Virtual Y360)			7:00AM-7:50AM (YMCA 360 (Virtual Class Offerings)) Y 3.				
YMCA 360 - AOA Studio A (Virtual Y360)			8:00AM-8:50AM (YMCA 360 (Virtual Class Offerings)) Y 3.		12:15PM-1:05PM (YMCA 360 (Virtual Class Offerings)) Y 3.	11:00AM-11:50AM (YMCA 360 (Virtual Class Offerings)) Y 3.	
Kid Zone - Open Hours Kid Zone			8:00AM-12:00PM (General) 4:30PM-8:00PM (General)	8:00AM-12:00PM (General) 4:30PM-8:00PM (General)	8:00AM-12:00PM (General) 8:00AM-12:00PM (General)	8:00AM-12:00PM (General)	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Water Volleyball Activity Pool			8:00AM-9:30AM (Aquatics Activity (Member Service))				
Pilates Studio B			9:00AM-9:50AM (Mind & Body) <i>Kristi H.</i>	10:00AM-10:40AM (Mind & Body) <i>Disa R.</i>			
Enhance Fitness Studio A (Face-to-Face)			9:00AM-10:00AM (Low Impact) <i>Sue W.</i>		9:00AM-10:00AM (Low Impact) <i>Sue W.</i>		
BODYBALANCE - Les Mills Studio B			10:00AM-11:00AM (Mind & Body) <i>Susan Q.</i> 6:45PM-7:45PM (Mind & Body) <i>Christy S.</i>	6:00AM-7:00AM (Mind & Body) <i>Shellie B.</i>		9:45AM-10:45AM (Mind & Body) <i>Susan Q.</i>	
BODYPUMP - Les Mills Studio A (Face-to-Face)			10:15AM-11:10AM (Strength) <i>Marla Z.</i> 5:30PM-6:30PM (Strength) <i>Susan Q.</i>	5:15AM-6:15AM (Strength) <i>Marla Z.</i>		8:30AM-9:30AM (Strength) <i>Susan Q.</i>	
Aqua Yoga Activity Pool			10:15AM-11:00AM (Water Fitness) <i>Sue W.</i>		10:15AM-11:00AM (Water Fitness) <i>Gayla K.</i>		
Workout Time Kid Zone			10:30AM-11:00AM (Kid Zone Enrichment) 6:00PM-6:30PM (Kid Zone Enrichment)				
Core Studio A (Face-to-Face)			11:15AM-11:45AM (Strength) <i>Marla Z.</i>				
AOA Chair Yoga Studio B			11:15AM-12:00PM (Low Impact) <i>Sue W.</i>		11:15AM-12:00PM (Low Impact) <i>Shellie B.</i>		
Aqua Strength & Cardio Activity Pool			11:15AM-12:00PM (Water Fitness) <i>Ilyssa C.</i>	9:00AM-9:45AM (Water Fitness) <i>Sue W.</i>			
Pickleball - Drop In Play Gymnasium (South Court)			12:00PM-3:00PM (Healthy Living Activity (Member Service))	12:00PM-3:00PM (Healthy Living Activity (Member Service))			
AOA Low Impact Studio A (Face-to-Face)			12:15PM-1:05PM (Low Impact) <i>Disa R.</i>				

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
YMCA 360 - Strength Studio A (Virtual Y360)			3:00PM-3:50PM (YMCA 360 (Virtual Class Offerings)) Y 3.		7:00AM-7:50AM (YMCA 360 (Virtual Class Offerings)) Y 3.	1:00PM-1:50PM (YMCA 360 (Virtual Class Offerings)) Y 3.	
YMCA 360 - Cardio Studio A (Virtual Y360)			4:00PM-4:50PM (YMCA 360 (Virtual Class Offerings)) Y 3.	11:00AM-11:50AM (YMCA 360 (Virtual Class Offerings)) Y 3.	8:00AM-8:50AM (YMCA 360 (Virtual Class Offerings)) Y 3. 3:00PM-3:50PM (YMCA 360 (Virtual Class Offerings)) Y 3.		11:00AM-11:50AM (YMCA 360 (Virtual Class Offerings)) Y 3.
Cardio Dance Studio B			5:45PM-6:35PM (Cardio) <i>Starla B.</i>	9:00AM-9:50AM (Cardio) <i>Disa R.</i>			
PCCCN - Adult Beginner - Teen/Adult Register			6:15PM-7:00PM (Aquatics - Swim Lessons)				
YMCA 360 - Interval/Circuit Studio A (Virtual Y360)				7:00AM-7:50AM (YMCA 360 (Virtual Class Offerings)) Y 3. 4:00PM-4:50PM (YMCA 360 (Virtual Class Offerings)) Y 3.	4:00PM-4:50PM (YMCA 360 (Virtual Class Offerings)) YMCA 3.	2:00PM-2:50PM (YMCA 360 (Virtual Class Offerings)) Y 3.	2:00PM-2:50PM (YMCA 360 (Virtual Class Offerings)) Y 3.
YMCA 360 - Mind & Body Studio A (Virtual Y360)				8:00AM-8:50AM (YMCA 360 (Virtual Class Offerings)) YMCA 3.			
Silver Sneakers - Classic Studio A (Face-to-Face)				9:00AM-9:50AM (Low Impact) <i>Shelli B.</i> 12:15PM-1:05PM (Low Impact) <i>Sue W.</i>			
Group Exercise Gymnasium (South Court)				9:00AM-10:15AM (Healthy Living Activity (Member Service))	9:00AM-9:50AM (Healthy Living Activity (Member Service))		
Core Studio C				9:45AM-10:15AM (Strength) <i>Kassie F.</i>			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Music and Game Time Kid Zone				10:00AM-10:30AM (Kid Zone Enrichment) 6:00PM-6:30PM (Kid Zone Enrichment)			
Aqua Joints In Motion Lazy River				10:15AM-11:00AM (Water Fitness) <i>Sue W.</i>			
Stretch Studio B				10:45AM-11:05AM (Mind & Body) <i>Disa R.</i>			
YMCA 360 - Choreographed Cardio Studio A (Virtual Y360)				3:00PM-3:50PM (YMCA 360 (Virtual Class Offerings)) Y 3.			1:00PM-1:50PM (YMCA 360 (Virtual Class Offerings)) Y 3.
TRX and Stretch Studio A (Face-to-Face)				5:30PM-6:20PM (Hybrid) <i>Devon M.</i>			
Aqua Burn Lazy River				6:00PM-6:45PM (Water Fitness) <i>Sue W.</i>			
Boot Camp Gymnasium					9:00AM-9:50AM (Hybrid) <i>Devon M.</i>		
Barre Intensity Studio B					9:00AM-9:50AM (Strength) <i>Emily M.</i>		
Aqua Dance Activity Pool					9:15AM-10:00AM (Water Fitness) <i>Ilyssa C.</i>		
Story Time Kid Zone					9:30AM-10:00AM (Kid Zone Enrichment)	10:00AM-10:30AM (Kid Zone Enrichment)	
Free Play Kid Zone					10:00AM-10:30AM (Kid Zone Enrichment)		
Yoga Studio B					10:00AM-11:00AM (Mind & Body) <i>Shelli B.</i>		
Aqua Tabata Lazy River						9:00AM-9:45AM (Water Fitness) <i>Ilyssa C.</i>	
Cardio Dance Studio A (Face-to-Face)						10:00AM-10:50AM (Cardio) <i>Starla B.</i>	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Martial Arts - Aikido Gymnasium (South Court)						10:00AM-11:30AM (Healthy Living Program (Activenet Registration Required)) <i>Todd D.</i>	



North Kansas City YMCA | June 8th - June 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Hot Tub Pool			5:00AM-8:30PM (Aquatics Open Swim)				
Lap Swim Pool			5:00AM-8:30PM (Aquatics Open Swim)				
Lazy River Pool			5:00AM-8:30PM (Aquatics Open Swim)				
Activity Pool Pool			5:00AM-8:30PM (Aquatics Open Swim)	5:00AM-1:00PM (Aquatics Open Swim) 4:00PM-7:30PM (Aquatics Open Swim)	5:00AM-1:00PM (Aquatics Open Swim) 4:00PM-6:30PM (Aquatics Open Swim)	8:00AM-10:00AM (Aquatics Open Swim) 11:30AM-3:30PM (Aquatics Open Swim)	10:00AM-3:30PM (Aquatics Open Swim)
Sauna Pool			5:00AM-8:30PM (Aquatics Open Swim)				
Boot Camp Determined Studio			5:30AM-6:25AM (Hybrid) <i>Sarah C.</i>				
Cycle Inspire Studio			6:30AM-7:25AM (Cardio) <i>Sarah C.</i> 5:30PM-6:25PM (Cardio) <i>Sherri C.</i>				10:45AM-11:25AM (Cardio) <i>Brandon L.</i>
Tai Chi - Beginner Inspire Studio			9:00AM-9:55AM (Mind & Body) <i>Terry K.</i>				
Enhance Fitness Determined Studio			9:00AM-9:55AM (Low Impact) <i>Chihiro S.</i>		9:30AM-10:25AM (Low Impact) <i>Chihiro S.</i>		
Aqua River Challenge pool activity space			9:00AM-10:00AM (Water Fitness) <i>Jody S.</i>		9:00AM-10:00AM (Water Fitness) <i>Jody S.</i>		
Tai Chi - Advanced Inspire Studio			9:55AM-10:45AM (Mind & Body) <i>Terry K.</i>				
Zumba Determined Studio			10:00AM-10:55AM (Cardio) <i>Beth T.</i>	12:00PM-12:50PM (Cardio) <i>Dina B.</i>			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Aqua Fit pool activity space			10:30AM-11:15AM (Water Fitness) <i>Jane A.</i>		10:30AM-11:15AM (Water Fitness) <i>Jane A.</i>		
Pickleball - Drop In Play Gymnasium Court 1			10:30AM-1:00PM (Healthy Living Activity (Member Service))	10:30AM-1:00PM (Healthy Living Activity (Member Service))	10:30AM-1:00PM (Healthy Living Activity (Member Service))		
Barre Bootcamp Determined Studio			11:00AM-11:55AM (Strength) <i>Beth T.</i>				
BODYPUMP - Les Mills Determined Studio			12:00PM-12:55PM (Strength) <i>Beth T.</i> 6:30PM-7:30PM (Strength) <i>Susan T.</i>	10:00AM-10:45AM (Strength) <i>Abigail P.</i>		10:00AM-10:55AM (Strength) <i>Sherri C.</i>	
Aqua Fit Pool			5:15PM-6:00PM (Water Fitness) <i>Jeanette M.</i>				
BODYBALANCE - Les Mills Determined Studio			5:30PM-6:25PM (Mind & Body) <i>Lauren C.</i>			11:00AM-11:55AM (Mind & Body) <i>Sherri C.</i>	
Swim Club Pool			6:00PM-7:30PM (Aquatics Program (Activenet Registration Required))				
Strength Determined Studio				6:30AM-7:30AM (Strength) <i>Angela K.</i>			
High Fitness Determined Studio				9:00AM-9:55AM (Cardio) <i>Lesley T.</i>			
Aqua Joints In Motion Pool				9:15AM-10:15AM (Water Fitness) <i>Bill K.</i>			
Silver Sneakers - Classic Inspire Studio				10:00AM-10:55AM (Low Impact) <i>Chihiro S.</i>			
CORE - Les Mills Determined Studio				10:50AM-11:20AM (Strength) <i>Abigail P.</i>			
Silver Sneakers - BOOM Move Inspire Studio				11:00AM-11:30AM (Low Impact) <i>Chihiro S.</i>			
Aqua Yoga Pool				11:15AM-12:15PM (Water Fitness) <i>Terri H.</i>			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Aquatics Center Closed Pool				1:00PM-4:00PM (General)	1:00PM-4:00PM (General)		
Warrior Strength Determined Studio				5:30PM-6:25PM (Strength) <i>Sarah W.</i>			
WERQ Inspire Studio				5:30PM-6:20PM (Cardio) <i>Lauren C.</i>			
Turn and Burn Inspire Studio					5:30AM-6:30AM (Hybrid) <i>Sarah C.</i>		
Strength and Conditioning Determined Studio					11:00AM-11:50AM (Hybrid) <i>Sarah C.</i>		
TRX Determined Studio					12:00PM-12:45PM (Strength) <i>Sarah C.</i>		11:30AM-12:15PM (Strength) <i>Brandon L.</i>
BODYBALANCE - Les Mills Inspire Studio					5:45PM-6:45PM (Mind & Body) <i>Kerri M.</i>		
WERQ Determined Studio						9:00AM-9:55AM (Cardio) <i>Chihiro S.</i>	
Pilates Inspire Studio						10:00AM-10:50AM (Mind & Body) <i>Kathy M.</i>	
Zumba Gold Determined Studio							1:00PM-1:55PM (Low Impact) <i>Kerri M.</i>



Olathe Family YMCA | June 8th - June 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
BODYPUMP - Les Mills Studio C			5:15AM-6:00AM (Strength) <i>Rhonda S.</i> 5:30PM-6:20PM (Strength) <i>Michelle L.</i>			10:00AM-10:50AM (Strength) <i>Michelle L.</i>	
Lap Swim Lap Pool			6:00AM-1:00PM (Aquatics Open Swim) 4:00PM-7:30PM (Aquatics Open Swim)	7:00AM-5:30PM (Aquatics Open Swim) 7:00PM-7:30PM (Aquatics Open Swim)	6:00AM-1:00PM (Aquatics Open Swim) 4:00PM-6:30PM (Aquatics Open Swim)	8:30AM-3:30PM (Aquatics Open Swim)	10:30AM-3:30PM (Aquatics Open Swim)
Activity Pool Activity Pool			6:00AM-8:30AM (Aquatics Open Swim) 10:15AM-1:00PM (Aquatics Open Swim) 4:00PM-7:30PM (Aquatics Open Swim)	6:00AM-8:00AM (Aquatics Open Swim) 9:00AM-7:30PM (Aquatics Open Swim)	6:00AM-8:30AM (Aquatics Open Swim) 10:15AM-1:00PM (Aquatics Open Swim) 4:00PM-6:30PM (Aquatics Open Swim)	8:30AM-9:45AM (Aquatics Open Swim) 12:00PM-3:00PM (Aquatics Open Swim)	10:30AM-3:30PM (Aquatics Open Swim)
Flexibility Studio C			8:30AM-8:55AM (Mind & Body) <i>Michelle L.</i>		8:30AM-8:55AM (Mind & Body) <i>Michelle L.</i>		
Enrichment Time Kidszone			8:30AM-12:00PM (Kid Zone Enrichment) 4:30PM-7:30PM (Kid Zone Enrichment)	8:30AM-12:00PM (Kid Zone Enrichment) 4:30PM-7:30PM (Kid Zone Enrichment)	8:30AM-12:00PM (Kid Zone Enrichment)	9:00AM-12:00PM (Kid Zone Enrichment)	
Aqua Burn Activity Pool			8:30AM-9:15AM (Water Fitness) <i>Laurel S.</i> 9:30AM-10:15AM (Water Fitness) <i>Laurel S.</i>				
Core Studio C			9:00AM-9:50AM (Strength) <i>Jessi D.</i>	8:30AM-8:55AM (Strength) <i>Michelle L.</i>			
Sprint 8 Fitness floor			9:00AM-9:20AM (Cardio) <i>Michelle L.</i>				

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Workout Time Kidszone			9:30AM-10:00AM (Kid Zone Enrichment) 6:30PM-7:00PM (Kid Zone Enrichment)				
Cycle Spin Studio			9:30AM-10:00AM (Cardio) <i>Michelle L.</i>		5:15AM-6:00AM (Cardio) <i>Julie M.</i> 10:00AM-10:50AM (Cardio) <i>Michelle L.</i>	8:05AM-8:55AM (Cardio) <i>Michelle L.</i>	
Yoga Studio C			10:00AM-10:50AM (Mind & Body) <i>Kim S.</i>	5:00PM-5:50PM (Mind & Body) <i>Mary G.</i>			
Barre Studio A			10:00AM-10:50AM (Strength) <i>Jessi D.</i>				
Silver Sneakers - Circuit Studio C			11:00AM-11:50AM (Low Impact) <i>Kim S.</i>				
Olathe - New Theatre - "Cactus Flower" Register			11:15AM-3:15PM (Healthy Living - AOA Special Events)				
Zumba Studio C			4:30PM-5:20PM (Cardio) <i>Jessica H.</i>	6:00PM-6:50PM (Cardio) <i>Jessi D.</i>			
Swim Lessons Activity Pool			5:00PM-7:00PM (Aquatics Program (Activenet Registration Required))			9:00AM-11:00AM (Aquatics Program (Activenet Registration Required))	
Step Studio A			5:30PM-6:20PM (Cardio) <i>Amber H.</i>				
YMCA 360 - Pilates (Mat) Studio A			6:30PM-7:20PM (YMCA 360 (Virtual Class Offerings)) Y 3.				
Tabata Studio A				5:15AM-6:00AM (Cardio) <i>Amber H.</i>	9:00AM-9:50AM (Cardio) <i>Amber H.</i>		
Aqua Boot Camp Lap Pool				6:15AM-7:00AM (Water Fitness) <i>Jeremy G.</i>			
Aqua Joints In Motion Activity Pool				8:00AM-9:00AM (Water Fitness) <i>Marilyn R.</i>			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
BODYCOMBAT - Les Mills Studio C				9:00AM-9:50AM (Cardio) <i>Michelle L.</i>		9:00AM-9:50AM (Cardio) <i>Michelle L.</i>	
Circuit Training Studio A				10:00AM-10:50AM (Hybrid) <i>Danelle H.</i>			
Enhance Fitness Studio C				11:00AM-11:50AM (Low Impact) <i>Ashley G.</i>		11:00AM-11:50AM (Low Impact) <i>Michelle L.</i>	
Silver Sneakers - Chair Yoga Studio C				12:00PM-12:50PM (Low Impact) <i>Lucinda G.</i>			
Tread Fitness floor				5:30PM-6:00PM (Cardio) <i>Kayla C.</i>			
Swim Club Lap Pool				5:30PM-7:00PM (Aquatics Program (Activenet Registration Required))			
Aqua WAVES Activity Pool					8:30AM-9:15AM (Water Fitness) <i>Juanita R.</i> 9:30AM-10:15AM (Water Fitness) <i>Juanita R.</i>		
Tread and Shred Fitness floor					9:00AM-9:50AM (Hybrid) <i>Michelle L.</i>		
Pop Dance Studio C					9:00AM-9:50AM (Cardio) <i>Jessi D.</i>		
Yoga Sculpt Studio C					10:00AM-10:50AM (Mind & Body) <i>Kim S.</i>		
Silver Sneakers - Classic Studio C					11:00AM-11:50AM (Low Impact) <i>Michelle L.</i>		
Line Dancing Studio C					12:00PM-12:50PM (Cardio) <i>Connie G.</i>		
Boot Camp Fitness floor						9:00AM-9:50AM (Hybrid) <i>Julie M.</i>	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Olathe - Pike - Water Acclimation - Preschool Register						9:00AM-9:45AM (Water Acclimation)	
Olathe - Shrimp - Parent/Child Register						9:00AM-9:45AM (Aquatics - Swim Lessons)	
Olathe - Fish - Stroke Introduction - Youth Register						9:45AM-10:30AM (Stroke Introduction) 12:45PM-1:30PM (Stroke Introduction)	
Olathe - Eel - Water Movement - Preschool Register						9:45AM-10:30AM (Water Movement)	
Pop Pilates Studio A						10:00AM-10:50AM (Hybrid) <i>Jessi D.</i>	
Olathe - Flying Fish - Stroke Development - Youth Register						10:30AM-11:15AM (Stroke Development)	
Olathe - Ray - Water Stamina - Preschool Register						10:30AM-11:15AM (Water Stamina)	
Yoga Studio A						11:15AM-12:05PM (Mind & Body) <i>Mary G.</i>	
Olathe - Guppy - Water Movement - Youth Register						12:00PM-12:45PM (Water Movement)	
Olathe - Tadpole - Parent/Child Register						12:00PM-12:45PM (Aquatics - Swim Lessons)	



Clever Family YMCA | June 8th - June 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Activity Pool Pool			5:30AM-7:45AM (Aquatics Open Swim) 8:00AM-1:00PM (Aquatics Open Swim) 3:30PM-8:30PM (Aquatics Open Swim)	5:30AM-7:45AM (Aquatics Open Swim) 8:00AM-5:30PM (Aquatics Open Swim) 7:30PM-8:30PM (Aquatics Open Swim)	5:30AM-7:45AM (Aquatics Open Swim) 8:00AM-1:00PM (Aquatics Open Swim) 3:30PM-8:30PM (Aquatics Open Swim)	7:00AM-9:00AM (Aquatics Open Swim) 1:00PM-4:30PM (Aquatics Open Swim)	8:00AM-4:30PM (Aquatics Open Swim)
Lifeguard Break Pool			7:45AM-8:00AM (General)	7:45AM-8:00AM (General)	7:40AM-8:00AM (General)		
Yoga Studio B			8:00AM-8:50AM (Mind & Body) <i>Tracey C.</i>	11:00AM-12:00PM (Mind & Body) <i>Jean M.</i>	8:00AM-8:50AM (Mind & Body) <i>Tracey C.</i>	11:00AM-12:00PM (Mind & Body) <i>Jean M.</i> 12:00PM-1:00PM (Mind & Body) <i>Jean M.</i>	11:30AM-12:20PM (Mind & Body) <i>Jean M.</i> 12:30PM-1:30PM (Mind & Body) <i>Jean M.</i>
Interval Training Studio A			8:45AM-9:45AM (Hybrid) <i>Kelly L.</i>				
Zumba Gold Gym			8:45AM-9:45AM (Low Impact) <i>Taylor C.</i>				
Aqua Fit Pool			9:30AM-10:20AM (Water Fitness) <i>Roy C.</i> 11:00AM-12:00PM (Water Fitness) <i>Staff C.</i> 5:00PM-5:45PM (Water Fitness) <i>Roy C.</i>	8:45AM-9:30AM (Water Fitness) <i>Staff C.</i> 9:40AM-10:30AM (Water Fitness) <i>Staff C.</i>	8:15AM-9:00AM (Water Fitness) <i>Staff C.</i> 9:30AM-10:20AM (Water Fitness) <i>Roy C.</i> 11:00AM-11:45AM (Water Fitness) <i>Staff C.</i>	8:15AM-9:00AM (Water Fitness) <i>Roy C.</i>	
Step Studio B			9:45AM-10:45AM (Cardio) <i>Ebony D.</i>				
Pilates Studio A			10:00AM-10:50AM (Mind & Body) <i>Tracey C.</i>		10:00AM-10:50AM (Mind & Body) <i>Tracey C.</i>		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Silver Sneakers - Circuit Gym			10:15AM-11:15AM (Low Impact) <i>Carolyn A.</i>		10:15AM-11:15AM (Low Impact) <i>Carolyn A.</i>		
Strength Studio B			11:00AM-12:00PM (Strength) <i>Rebecca E.</i>				
Tai Chi Studio A			11:00AM-11:45AM (Mind & Body) <i>Tracey C.</i>				
Yoga Studio A			12:15PM-12:45PM (Mind & Body) <i>Billy T.</i> 5:30PM-6:30PM (Mind & Body) <i>Staff C.</i>				
AOA Low Impact Studio B			12:30PM-1:30PM (Low Impact) <i>Ebony D.</i>		12:30PM-1:30PM (Low Impact) <i>Ebony D.</i>		
Silver Sneakers - Circuit Studio B			2:30PM-3:30PM (Low Impact) <i>Mynnye J.</i>			2:30PM-3:30PM (Low Impact) <i>Staff C.</i>	
BODYPUMP - Les Mills Studio B			5:00PM-6:00PM (Strength) <i>Emily Q.</i>	6:30PM-7:30PM (Strength) <i>Celina C.</i>		10:00AM-10:50AM (Strength) <i>Lauren C.</i>	
Meditation Studio A			6:30PM-7:00PM (Mind & Body) <i>Staff C.</i>				
TRX Studio A				8:45AM-9:45AM (Strength) <i>Monica D.</i>			
AOA Low Impact Gym				9:00AM-10:00AM (Low Impact) <i>Tracey C.</i>			
AOA Cycle and Circuit Studio B				10:00AM-11:00AM (Low Impact) <i>Jean M.</i>			
Balance Gym				10:15AM-11:15AM (Mind & Body) <i>Rah'man F.</i>			
Tai Chi - Beginner Studio B				12:00PM-12:45PM (Mind & Body) <i>Monica D.</i>			
Pickleball - Drop In Play Gym				12:00PM-3:00PM (Healthy Living Activity (Member Service)) <i>Staff C.</i>			10:00AM-1:00PM (Healthy Living Activity (Member Service)) <i>Staff C.</i>

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
AOA Low Impact Studio A				12:15PM-1:00PM (Low Impact) <i>Nina P.</i>			
Tai Chi - Intermediate Studio B				12:45PM-1:15PM (Mind & Body) <i>Monica D.</i>			
Tai Chi - Advanced Studio B				1:15PM-2:20PM (Mind & Body) <i>Monica D.</i>			
Cycle Studio B				5:30PM-6:30PM (Cardio) <i>Gary C.</i>	6:00AM-7:00AM (Cardio) <i>Sierra R.</i>		
Swim Lessons Pool				5:30PM-7:30PM (Aquatics Program (Activenet Registration Required)) <i>Staff C.</i>		9:00AM-1:00PM (Aquatics Program (Activenet Registration Required))	
MixedFit Gym				5:30PM-6:30PM (Cardio) <i>Taylor C.</i>			
Barre Studio A					8:45AM-9:45AM (Strength) <i>Kelly L.</i>		
AOA Chair Yoga Gym					9:00AM-9:50AM (Low Impact) <i>Tracey C.</i>		
Interval Training Studio B					9:45AM-10:45AM (Hybrid) <i>Ebony D.</i>		
Boot Camp Gym						9:00AM-10:00AM (Hybrid) <i>Gary C.</i>	



Linwood Family YMCA | June 8th - June 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Activity Pool Lap Lane (Pool)			7:00AM-12:30PM (Aquatics Open Swim) <i>Linwood Y.</i>	9:00AM-1:00PM (Aquatics Open Swim) <i>Linwood Y.</i>	9:00AM-1:00PM (Aquatics Open Swim) <i>Linwood Y.</i>	9:00AM-2:00PM (Aquatics Open Swim) <i>Linwood Y.</i>	
Muscle Pump Studio B			7:15AM-8:15AM (Strength) <i>Susan T.</i>		7:15AM-7:15AM (Strength) <i>Susan T.</i>		
Aqua Fit Pool			10:00AM-11:00AM (Water Fitness) <i>Linwood Y.</i>	10:00AM-11:00AM (Water Fitness) <i>Linwood Y.</i>	10:00AM-11:00AM (Water Fitness) <i>Linwood Y.</i>		
Aspire Community Room			3:00PM-6:00PM (Youth And Family Programs) <i>Linwood Y.</i>	3:00PM-6:00PM (Youth And Family Programs) <i>Linwood Y.</i>			
Activity Pool Pool			4:00PM-7:00PM (Aquatics Open Swim)	4:00PM-7:00PM (Aquatics Open Swim)	4:00PM-6:00PM (Aquatics Open Swim)	9:00AM-1:00PM (Aquatics Open Swim) 9:00AM-3:00AM (Aquatics Open Swim) 9:00PM-2:00PM (Aquatics Open Swim)	
Martial Arts Studio B			5:30PM-6:30PM (Healthy Living Program (Activenet Registration Required)) <i>Linwood Y.</i>				
Silver Sneakers - Classic Studio B				9:00AM-10:00AM (Low Impact) <i>Nina P.</i> 10:00AM-11:00AM (Low Impact) <i>Nina P.</i>			
Step Studio B				6:00PM-7:00PM (Cardio) <i>LeAnn M.</i>			
Linwood - Tween Night - Ages 11-14 Register					5:30PM-8:00PM (Youth - Special Events)		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Gym Basketball Court (Front Half)						1:00PM-3:00PM (General) <i>Linwood Y.</i>	



Riverside Community Center | June 8th - June 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Total Body Gymnasium			8:00AM-9:00AM (Hybrid) <i>Lori B.</i>		8:00AM-9:00AM (Hybrid) <i>Lori B.</i>		
Tai Chi - Beginner Studio Zen			9:00AM-9:45AM (Mind & Body) <i>Suellen H.</i>	9:00AM-10:00AM (Mind & Body) <i>Terry K.</i>	10:00AM-10:45AM (Mind & Body) <i>Suellen H.</i>		
Yoga Gymnasium			9:00AM-9:45AM (Mind & Body) <i>Lori B.</i>				
Riverside - Turns/Brake Out Workshop - 13 and Up Register			9:00AM-9:45AM (Aquatics - Swim Lessons)				
Line Dance Gymnasium			10:00AM-11:00AM (Healthy Living Activity (Member Service))	10:00AM-11:00AM (Healthy Living Activity (Member Service))	10:00AM-11:00AM (Healthy Living Activity (Member Service))		
Tai Chi - Intermediate Studio Zen			10:00AM-10:45AM (Mind & Body) <i>Suellen H.</i>	10:00AM-10:50AM (Mind & Body) <i>Terry K.</i>			
Riverside - Turns/Brake Out Workshop - 5-10yr olds Register			10:00AM-10:45AM (Aquatics - Swim Lessons)				
Tai Chi - Advanced Studio Zen			11:00AM-11:45AM (Mind & Body) <i>Suellen H.</i>				
AOA Core Training Gymnasium			11:30AM-12:15PM (Low Impact) <i>Amy L.</i>				
Pickleball - Drop In Play Gymnasium			12:30PM-3:30PM (Healthy Living Activity (Member Service))	12:00PM-5:15PM (Healthy Living Activity (Member Service))	11:30AM-3:30PM (Healthy Living Activity (Member Service))		1:00PM-3:30PM (Healthy Living Activity (Member Service))
AOA Chair Yoga Studio Zen			12:30PM-1:00PM (Low Impact) <i>Amy L.</i>				
Open Gym Gymnasium			3:30PM-6:00PM (General)				

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Zumba Gymnasium			6:00PM-7:00PM (Cardio) <i>Dina B.</i>	8:00AM-9:00AM (Cardio) <i>Lori B.</i>			
Yoga Studio Zen				11:00AM-11:30AM (Mind & Body) <i>Lori B.</i>	9:00AM-9:45AM (Mind & Body) <i>Lori B.</i>		
Meditation Studio Zen				11:30AM-12:15PM (Mind & Body) <i>Selina S.</i>			
Line Dancing Gymnasium					10:00AM-11:00AM (Cardio) <i>Joyce B.</i>		



YMCA of Greater Kansas City - Corporate Office | June 8th - June 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
ARC - Adult/Pediatric First Aid/CPR/AED - BL Register					10:00AM-12:30PM (Aquatics - Trainings)		



North KC YMCA | June 8th - June 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
NKC YMCA - Family Swim Night: Summer Kick Off Register					6:15PM-8:15PM (Aquatics - Programs)		
NKC YMCA - Adult Swim Lessons - Beginner Register						9:00AM-9:45AM (Adult Swim Lessons)	
NKC YMCA - Tadpole - Parent/Child Register						10:00AM-10:30AM (Aquatics - Swim Lessons)	
NKC YMCA - Shrimp/Tadpole - Parent/Child Register						10:00AM-10:30AM (Aquatics - Swim Lessons)	
NKC YMCA - Fish - Stroke Introduction - Youth Register						10:00AM-10:45AM (Stroke Introduction)	
NKC YMCA - Flying Fish - Stroke Development - Youth Register						10:00AM-10:45AM (Stroke Development)	
NKC YMCA - Pike - Water Acclimation - Preschool Register						10:45AM-11:20AM (Water Acclimation)	
NKC YMCA - Eel - Water Movement - Preschool Register						10:45AM-11:30AM (Water Movement)	
NKC YMCA - Ray - Water Stamina - Preschool Register						10:45AM-11:20AM (Water Stamina)	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
NKC YMCA - Guppy - Water Movement - Youth Register						11:30AM-12:15PM (Water Movement)	
NKC YMCA - Polliwog - Water Acclimation - Youth Register						11:30AM-12:15PM (Water Acclimation)	
NKC YMCA - Minnow - Water Stamina - Youth Register						11:30AM-12:15PM (Water Stamina)	